



2023 HPMI ANNUAL REPORT

HPMI, University of Newcastle
Callaghan NSW 2308
ABN: 15 736 576 735

Phone: (02) 4913 8163
Fax: (02) 4921 6467
Email: Shelley.mills@newcastle.edu.au
Web: www.hpmi.org

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MISSION STATEMENT

The Hunter Postgraduate Medical Institute is committed to the Quality Improvement and Continuing Professional Development (QI&CPD) of Health Professionals, primarily in the Hunter and New England Region of New South Wales. It will honour this commitment by the planning, provision and continuing evaluation of educational programs which are based on the needs of Health Professionals.

HPMI will work in close collaboration with other educational bodies to promote the principle of lifetime learning for all health professionals to progressively improve the standards of medical practice in the region.

BUSINESS STATEMENT

HPMI organises educational activities on behalf of the health profession. Our customers include members of Specialist Colleges, General Practice Trainees, Hunter New England and Central Coast Primary Health Network, Hunter New England Local Health District, College of Medicine, Health and Wellbeing of The University of Newcastle, special medical groups, Allied Health Professionals, and the health service industry.

SUSTAINABLE COMPETITIVE ADVANTAGE

HPMI is strategically placed to provide quality, independent, value-added Quality Improvement and Continuing Professional Development in a professional manner. We provide a continuum bridging between undergraduate and postgraduate education.

- **HPMI will succeed by providing quality, independent, value-added medical education in a professional manner.**
- **We will achieve this by focusing on building relationships within the Health Service Industry and by differentiating HPMI through self-assessment status.**
- **HPMI will adhere strictly to Guidelines regarding sponsorship and maintain an ethical relationship in relation to the delivery of education.**

THE SECRETARIAT

| | | | |
|--------------------------------|--------------------------|-----------|--|
| HPMI Team Leader | Mrs Shelley Mills | 4913 8173 | Shelley.Mills@newcastle.edu.au |
| HPMI Support Officer | Ms Tracy Hicks | 4913 8163 | Tracy.Hicks@newcastle.edu.au |
| Administrative Assistants | Mrs Anne Feletti | 4913 8177 | Anne.Feletti@newcastle.edu.au |
| | Mrs Angela Place | 4913 8177 | Angela.Place@newcastle.edu.au |
| IT Consultant | Mr Steve James | | |
| Medical Education Co-ordinator | Dr Ehsan Mozafari | | |

CONTACT US

| | |
|--------------------|--|
| Office | Hunter Postgraduate Medical Institute Edwards Hall A University of Newcastle CALLAGHAN 2308 |
| Postal Address: | HPMI, University of Newcastle CALLAGHAN 2308 |
| General Enquiries: | (02) 4913 8163 |
| Fax: | (02) 4921 6467 |
| Email: | Shelley.Mills@newcastle.edu.au |
| Website : | www.hpmi.org |

THE BOARD

The Board is the governing body of HPMI which shall establish, implement and monitor the operating policies and strategic planning of HPMI in accordance with the objects of HPMI and the objects of the University, as set out in the University of Newcastle Act 1989 (NSW); determine annually in conjunction with the Faculty of Health the budget for HPMI and report annually to the meeting of the Members on the budget and activities of HPMI and to receive from members suggestions for future activities. The Board meets four times during its one-year term of office on a weekday evening for approximately 1.5 hours. The Board, at its first meeting after 1st April each year, elects a Chair, Honorary Secretary and Honorary Treasurer of HPMI for the ensuing twelve months.

2023 - 2024 BOARD

| | |
|--------------------------------|-----------------------------|
| Chair | Dr Steven Bollipo |
| Honorary Secretary | HPMI Team Leader |
| Honorary Treasurer | Dr Milton Sales, OAM |
| Medical Education Co-ordinator | Dr Ehsan Mozafari |
| Co-opted Members | Dr Alvand Amiri |
| | Dr Rohan Bhagwande |
| | Dr Peter Choi |
| | Dr Peter Chong |
| | Dr Doug Howarth |
| | Dr Thida Myint |
| | Dr Fiona Van Leeuwen |

Representing Members practising inside the cities of Newcastle & Lake Macquarie:

Dr Dhan Thiruchelvam, Conjoint Professor Jeannette Lechner-Scott, Dr Chandrasekhara Padmakumar

Representing Members practising outside the cities of Newcastle & Lake Macquarie:

Dr Dimity Pond

Representing Members practising on Central Coast: No Nominations

Representing Registrars, Career Medical Officers, Residents, and Interns: No Nominations

Up to Three Members of the Community:

Mr Graham Thomas

Representing Specialist Colleges

Australasian College of Dermatologists **Dr Rashi Malesu**

Australasian College for Emergency Medicine No one nominated.

Australian College of Remote and Rural Medicine **Dr David Leaf**

Australian and New Zealand College of Anaesthetists **Dr Pragya Ajitsaria**

Royal Australian College of General Practitioners **Dr Milton Sales, OAM, and Dr Dimity Pond**

Royal Australasian College of Medical Administrators **Dr Steevie Chan**

Royal Australian & New Zealand College of Psychiatrists **Dr Harsimrat Sandhu**

Royal Australian & New Zealand College of Ophthalmologists **Dr Catherine Dunlop**

Royal Australasian College of Physicians **Dr Steven Bollipo**

Division of Paediatrics, Royal Asian College of Physicians **Dr Kate Thomson Bowe**

Royal Australasian College of Radiologists **Dr Jatin Thakur**

Royal Australasian College of Surgeons **Dr Adeeb Majid**

Royal Australian & New Zealand College of O&Gs **Dr Penelope Thomas**

Royal College of Pathologists of Australasia **Associate Professor Huy Tran**

Representing the College of Health, Medicine and Wellbeing, The University of Newcastle

Dr Nerida Paterson/Dr Graeme Horton

A Member of the Council of the University of Newcastle No nomination received.

The Vice Chancellor of the University of Newcastle Professor Alex Zelinsky AO

VC's nominees **No nomination received.**

The Chief Executive of the Hunter New England Health or nominee: Ms Tracey McCosker

CE's Nominee: **Dr Paul Craven**

THE EXECUTIVE COMMITTEE

The Executive Committee is vested with the management of HPMI. This Committee is appointed for one year by the Board at its first meeting after the Annual General Meeting and shall normally meet not less than once every three months. The Executive Committee shall consist of the Chairman of the Board, the Honorary Secretary, and the Honorary Treasurer of the Board, the Vice Chancellor of The University of nominee and four (4) other Members of the Board. Not fewer than four (4) members of the Executive Committee shall be appointed from the members of the Board referred to in Article 5(c). At least one (1) member of the Executive Committee shall be a General Practitioner. The Chairman of the Board shall be the Chairman of the Executive Committee. The Executive meets on a weekday at 7.00 pm for approximately 1.5 hours.

| | | |
|-----------------------|--|---|
| Office Bearers | Chair Honorary Secretary Honorary Treasurer Medical Education Co-ordinator Nominees Vice Chancellor The University of Newcastle | Dr Steven Bollipo HPMI Team Leader Dr Milton Sales, OAM Dr Ehsan Mozafari Dr Nerida Paterson/Graeme Horton |
| Ex Officio | | |

| | |
|--|--|
| Members Co-opted from the Board | Dr Rohan Bhagwandeem Dr Peter Chong Dr Ehsan Mozafari Professor Dimity Pond |
|--|--|

THE PROGRAM COMMITTEE

The Program Committee, made up of specialists and general practitioners, is responsible for planning HPMI's annual program of events. If you are interested in joining this group and playing a part in providing CPD for your colleagues in our area, please contact HPMI's Secretariat. The Program Committee normally meets not less than every three months for one hour, prior to the Executive or Board Meetings.

Chair Program Committee

Dr Milton Sales, OAM GP, Bruncker Road General Practice, Adamstown

MEMBERS

Dr Dilek Akguen, General Practitioner, Cooks Hill Family Practice, Cooks Hill

Dr Peter Berton, Orthopaedic Surgeon, Newcastle Knee Clinic, Kotara

Mr Cameron Bulluss, Musculoskeletal Physiotherapist, Advanced Physiotherapy & Exercise Physiology, Warners Bay

Dr Charles Douglas, Breast and Melanoma Surgeon and Senior Lecturer in Clinical Ethics and Health Law, UoN

Ms Sandra Fitzgerald, [HealthPathways](#) Clinical Editor

Dr Erica Gomes, General Practitioner, Smith Street Medical Centre

Dr Katherine Haggard, General Practitioner, Charlestown & GP VMO Maternity & Gynae Services John Hunter Hospital

Ms Louise Harrigan, [HealthPathways](#) Program Manager, HNECCPHN, Newcastle

Dr Doug Howarth, Consultant Physician in Nuclear Medicine

Ms Phoebe James, Professional Development Officer, HNECCPHN, Broadmeadow

Dr Hannah Kelly, General Practitioner, Cooks Hill Family Practice, Cooks Hill

Assoc Professor Ross Kerridge, Anaesthetist, Newcastle Anaesthesia & Perioperative Service, JHH

Ms Marika MacKenzie, [HealthPathways](#) Program Manager, HNECCPHN, Newcastle

Dr Ehsan Mozafari, General Practitioner, Family Circle Medical Practice, Hamilton

Dr Chandrasekhara Padmakumar, Staff Specialist Geriatrician, JHH & The Older Person's Medical Clinic.

Dr Karla Raja, GP, Providence Medical Centre, Warners Bay

Ms Alison Tattersall, Practice Support & Development Officer, HNECCPHN, Broadmeadow

Dr Penelope Thomas, Obstetrics & Gynaecologist, Hunter Women's Health Centre, Charlestown

Dr Kate Thomson-Bowe, Deputy Director General Paediatrics and Adolescent Medicine, JHCH

CHAIRPERSON'S REPORT

HPMI had a very successful year in 2023. HPMI's delivery of **CPD** continued to be of a high standard, attracting high numbers of attendees, approximately **3500** at 207 events. This has been in no small part due to the outstanding program designed by our Program Committee. I wish to thank this hard-working Committee, along with our greatest resource, our local Speakers, who freely donate their time. HPMI is also extremely grateful to Dr Milton Sales, Program Committee Chair, and the HPMI Medical Education Co-ordinator, Dr Ehsan Mozafari for their help in running HPMI events. Thanks also goes to HPMI's IT Support person, Mr Steve James, for his development of readily accessible online education, including courses and resources.

HPMI has been able to continue with this quality, affordable Continuing Professional Development (**CPD**), thanks to our Major Stakeholders, HPMI Sponsors and the local health professionals taking out Membership.

Hunter New England Local Health District – HPMI continues to promote [HealthPathways](#) to the health professionals in our region on their behalf, in partnership with Hunter New England and Central Coast PHN. HPMI also provide JMOs with free membership.

Hunter New England and Central Coast Primary Health Network – This organisation's generous support enabled HPMI to provide affordable **CPD** to General Practitioners, Practice Nurses, Aged Care Nurses, GP administration staff and Community nurses in the Hunter, New England, and Central Coast regions. It also enabled rural and remote practices to participate in our education, both face to face and via live streaming, or access to videos after the event on HPMI's website. In 2023, the PHN provided scholarships to 11 practices from rural areas to cover their HPMI Memberships. HPMI also continued to co-advertise events with the PHN.

Valley to Coast Charitable Trust continued to support Memberships for GP Trainees in 2023 as well as providing Sponsorship for the HPMI Update Series and continued support of Live Streaming Events and the HPMI Cluster Meetings. Valley to Coast Charitable Trust has also provided funding for the HPMI Medical Education Co-ordinator to take pressure off the Program Committee Chair.

In 2023 HPMI held \$52,504 more in funds than in 2022. The Honorary Treasurer's Report outlines more information regarding HPMI's financial situation.

The 2023 HPMI Newcastle Weekend was held on Saturday 5 and 6 August at NEX, King Street Newcastle West. This meeting was held as a mainly face to face event with longer panel sessions for more of an interactive event. There were 117 registrants in attendance and 15 online for Saturday morning lectures. The 2023 HPMI Weekend attracted more General Practitioners than in previous years.

HPMI was also the conference organiser for the third Immunology Crossroads Conference in 2023 in Newcastle. Professor Lechner-Scott was the convenor and organised a very successful event with over 130 participants

HPMI has plans to hold another International Geriatric Medicine Conference in 2024 which will be a larger 5-day International Conference to be held in October.

Dr Steven Bollipo
Chair, HPMI

HONORARY TREASURER'S REPORT

In 2023, HPMI made a profit of **\$52,504** with Income of **\$590,890** and Expenditure **\$538,386**. The Balance at end 2023 was **\$1,154,245**.

| | 2023 | 2022 | Difference |
|-------------------|--------------------|--------------------|-----------------|
| Total Income | \$590,890 | \$601,100 | -\$10,210 |
| Total Expenditure | \$538,386 | \$515,556 | \$22,830 |
| PROFIT | \$52,504 | \$85,544 | -\$33,040 |
| Brought forward | \$1,101,741 | \$1,016,198 | \$85,543 |
| Total Balance | \$1,154,245 | \$1,101,741 | \$52,504 |

MORE INCOME

In 2023 we received additional income compared to 2022 for

- \$7,000 Sponsorship received
- \$15,000 Valley to Coast Trust received for 2024
- \$29,000 Membership received
- \$45,000 Immunology Conference

LESS INCOME

In 2023 we received less income compared to 2022

- **-\$4000** Interest received
- **-\$40,000** Registrations fees received (Geriatrics in 2022)

MORE EXPENDITURE

In 2023 HPMI had more expenditure due to

- \$50,000 Salaries – Medical Educator employment and casual staff member became full time employee
- \$35,000 Speaker travel

The University of Newcastle

Cumulative Financial Statement for the Hunter Postgraduate Medical Institute
For the Period 1 January to 31 December 2023



| | 2023 | | | 2022 | | |
|-----------------------------------|----------------|----------------|------------------|----------------|----------------|------------------|
| | Operations | Investment | Combined | Operations | Investment | Combined |
| | 10.30100 | 10.50045 | | 10.30100 | 10.50045 | |
| | \$ | \$ | \$ | \$ | \$ | \$ |
| Brought Forward | 675,476 | 426,265 | 1,101,741 | 604,785 | 411,413 | 1,016,198 |
| INCOME | | | | | | |
| Community Contributions | - | - | - | - | - | - |
| Course Fees/Conference Enrolments | 232,333 | - | 232,333 | 272,334 | - | 272,334 |
| External Sales | - | - | - | - | - | - |
| Memberships | 160,345 | - | 160,345 | 131,436 | - | 131,436 |
| Sponsorships | 187,427 | - | 187,427 | 182,477 | - | 182,477 |
| Investment Income | - | 10,785 | 10,785 | - | 14,852 | 14,852 |
| Total Income | 680,105 | 10,785 | 690,890 | 688,248 | 14,852 | 801,100 |
| EXPENDITURE | | | | | | |
| <i>Salary Related</i> | | | | | | |
| Academic Salaries & Oncosts | - | - | - | - | - | - |
| Professional Salaries & Oncosts | 338,461 | - | 338,461 | 289,202 | - | 289,202 |
| Total Salary Related | 338,461 | - | 338,461 | 289,202 | - | 289,202 |
| <i>Non Salary Related</i> | | | | | | |
| Employee Related Expenses | - | - | - | - | - | - |
| Consumables | 2,145 | - | 2,145 | 16,784 | - | 16,784 |
| Services | 115,823 | - | 115,823 | 154,080 | - | 154,080 |
| Travel & Motor Vehicle | 50,073 | - | 50,073 | 15,063 | - | 15,063 |
| Student Support | 289 | - | 289 | 1,149 | - | 1,149 |
| Property & Maintenance | 18,090 | - | 18,090 | 28,446 | - | 28,446 |
| Equipment | 11,393 | - | 11,393 | 8,162 | - | 8,162 |
| Other Expenditure | 2,112 | - | 2,112 | 2,670 | - | 2,670 |
| Total Non Salary Related | 189,828 | - | 189,828 | 228,354 | - | 228,354 |
| Total Expenditure | 638,389 | - | 638,389 | 615,656 | - | 615,656 |
| Net Surplus/(Deficit) | 717,195 | 437,060 | 1,164,246 | 876,478 | 428,286 | 1,101,741 |

Paul Whaley Digitally signed by Paul Whaley
Date: 2024.02.21 10:30:43
+11'00'

Paul Whaley
Associate Director, Finance Business Support and Advisory

Date

2023 MEMBERSHIP

| GENERAL PRACTITIONERS | | |
|-----------------------------|--|---|
| \$660 | PLATINUM INDIVIDUAL | Membership plus Free attendance HPMI Updates, HPMI Newcastle Weekend Online Module, Nursing and Practice Administration Meetings Reduced Fees at Certificate Courses, Practical Courses and Online Courses. |
| Varies | PLATINUM GROUPS | GP Platinum Membership Benefits |
| SPECIALISTS | | |
| \$550 | GOLD INDIVIDUAL | Membership and Free at most HPMI events |
| \$1100 | GOLD GROUP | Membership and Free at most HPMI events |
| \$3300 | PLATINUM GROUP | Specialist Gold Membership Benefits + Sponsorship of HPMI |
| ALLIED HEALTH PROFESSIONALS | | |
| \$330 | AHP INDIVIDUAL | GP Platinum Membership Benefits |
| \$660 | AHP GROUP | GP Platinum Membership Benefits |
| \$1100 | AHP PLATINUM GROUP | AHP Gold Membership Benefits + Sponsorship of HPMI |
| COMPLIMENTARY | | |
| FREE | HEALTH STUDENTS JMOS GP TRAINEES | GP Platinum Membership Benefits 2 HPMI Sustainable Health Care Award Prizes |

In 2023, there were **1305 Members**

- ♦ 65 Individual Paying Members
- ♦ 183 GP Trainees
- ♦ 1025 Group Members (*50 Practices took up a Group Practice Membership in 2022*)
- ♦ 1273 Total Paying Members
- ♦ 32 Complimentary Members
- 1305 TOTAL 2023 MEMBERSHIP**

LIFE MEMBERSHIP: has been awarded by HPMI, in recognition of services to HPMI, to the following:

Dr Di Bridger

Professor Max Brinsmead

Dr Barry Chapman (who sadly passed away in 2023)

Dr Mike Ferguson

Dr Peter Hendry, AO (who sadly passed away in 2017)

Professor Alan Hewson, AM (and Patron, who sadly passed away in 2017)

Dr Roy Mills, AM (who sadly passed away in 2000)

Dr John Hollingsworth

Professor Sandy Reid, AM (who sadly passed away in 2019)

Dr Herc Rose (who sadly passed away in 2013)

Emeritus Professor Tony Smith, AM (who sadly passed away in 2023)

Professor Saxon White, AM

BENEFACTORS: In addition to paying membership fees, Members are invited to aid the cause of postgraduate education in our region, by paying an additional donation. HPMI wishes to sincerely thank the following **4 Health Professionals** for their additional support towards Excellence in CPD during 2023

Professor Geoffrey Kellerman, Associate Professor Ross Kerridge, Dr Chandrasekhara Padmakumar and Dr Milton Sales OAM

COMPLIMENTARY MEMBERSHIP

VALLEY TO COAST CHARITABLE TRUST continued to cover GP Trainees' HPMI Membership fees during 2023. This entitled Trainees Free Registration at HPMI meetings and Online courses, as well as Reduced Registration at Certificate Courses.

183 Trainees took up Complimentary Membership and had 300 attendances at HPMI events.



HUNTER NEW ENGLAND LOCAL HEALTH DISTRICT (HNELHD). HPMI continued to grant Complimentary Membership to Junior Medical Officers to encourage lifelong learning. Free Registration at HPMI meetings and Online courses, as well as Reduced Registration at Certificate Courses.



THE UNIVERSITY OF NEWCASTLE HPMI continues to provide Health Students with Complimentary membership, entitling them to free education via HPMI.



HPMI SUSTAINABLE HEALTH AWARD

HPMI continued to award two prizes to students enrolled in Year 3 of the Joint Medical Program. Dr Ross Kerridge, Conjoint Professor Jeannette Lechner-Scott, Dr Greg McGrath and Dr Dimity Pond judged reports on behalf of HPMI. The 2023 Prize Winners were:

Ms Elizabeth Gregory for her report on *Sustainable Healthcare - The Role of Primary Disease Prevention in Addressing Climate Change*

Mr Henry Kocatekin or his report on *Cool French Paradoxes - Climate Change*

YEAR 2023 MEMBERS

HPMI is grateful to all who have become Members of HPMI for 2023. Your support is greatly appreciated.
BENEFACTORS are highlighted and thanked for their additional support.

| | | | | | |
|---------------|---------------|-----------------|---------------|---------------|--------------|
| Abbs J | Ansari A | Bari | Boney S | Brown R | Chalapathy B |
| Abdellateef T | Anusaitiene A | Barklay S | Bonomo A | Brown N | Chan M |
| Abeyrathne P | Arachchi I | Barnes K | Bookallil LP | Bruce A | Chan V |
| Abolfazli M | Arafath M | Barrett T | Bookallil L | Bruce B | Chan M |
| Accardi J | Archard H | Bartley K | Booth* D | Brunt C | Chan H |
| Acksteiner C | Argomand D | Baruah P | Boshell A | Buchan L | Chan K |
| Adams J | Arms S | Bashford K | Botes S | Buchan K | Channi K |
| Afrin S | Arora S | Batkhurel H | Boutillier C | Bullock D | Chant G |
| Agnew A | Ash J | Bayley S | Bowd M | Bultitude T | Chapman K |
| Ahmad S | Ashcroft J | Bayley T | Bowden K | Burges S | Chapman E |
| Aho A | Asper M | Bayley M | Boyd F | Burgess T | Chappell F |
| Ahoy M | Aston W | Bazley W | Boyd E | Burgmann H | Chapple A |
| Ahsan S | Atkins G | Bear J | Boyle C | Burgoyne S | Chaston C |
| Akguen D | Atkins M | Beath C | Boyling M | Burke E | Chatterji R |
| Al-Azraq S | Attwood E | Beckhouse* M | Brady H | Burrough G | Chen D |
| Al-Khalil H | Aung L | Beeten H | Bramley I | Burstal B | Chen S |
| Alam F | Austen K | Beetson N | Bramston L | Butt H | Chessor K |
| Alam R | Avery A | Beggs S | Brand K | Byrne L | Chin N |
| Alassaf Z | Aylett M | Behne-Smith N | Brar A | Byrnes C | Chivers* S |
| Albury G | Azoury N | Bekens A | Bratfield S | Cahill D | Choi D |
| Ali S | Azzi S | Berton P | Breakspear M | Cahill N | Chong P |
| Ali M | Azzi A | Berton J | Breckon K | Cairns R | Chong SE |
| Allan S | Azzi* A | Bhaskar P | Brennan K | Cameron M | Chong I |
| Allan E | Baghbanian P | Bhattacharjee S | Brew D | Campbell E | Choudry Y |
| Allan M | Bagnall S | Bilton P | Brew J | Campbell G | Churchyard C |
| Allen C | Bahtam B | Bingham A | Brewer H | Campton A | Clarey J |
| Allport K | Baidya S | Binks E | Bridge J | Capoluongo M | Clark S |
| Alsaaty Z | Bailey Y | Binns K | Bridger DC | Capp A | Cleary F |
| Amaefula A | Bailey J | Biplab M | Bridges W | Cappiello C | Cliff E |
| Amarasena S | Baillie L | Blackwell V | Brinsmead M | Capratsis I | Cole A |
| Ambazidis E | Baker J | Blake M | Brito I | Carey R | Coleman A |
| Amidy K | Baker J | Blanch E | Britton D | Carpenter K | Colling J |
| Amiri A | Baker* E | Blyth D | Brokenshire C | Carpenter G | Collins L |
| Amos J | Baker* R | Bolla M | Brooker E | Carroll S | Collins M |
| Anaya Tello L | Balasuriya J | Bolt K | Brougham M | Cartwright K | Collins T |
| Anderson J | Ball C | Bolton L | Brougham K | Casey L | Collogan M |
| Andrews K | Ballal D | Bond S | Brown S | Chadalavada S | Comerford E |

YEAR 2023 MEMBERS

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| | | | | | |
|---------------|--------------|--------------|--------------------|--------------------------|-----------------|
| Conn H | Dart R | Dooker T | Fair C | Forbes T | Ghimire S |
| Connor C | David T | Dooner M | Falk S | Forbes G | Gibbons* M |
| Connors SM | Davidson D | Doran J | Fam R | Formosa H | Gibbs F |
| Cooke P | Davie C | Doran E-K | Farid I | Forrest E | Gibbs M |
| Cooper S | Davies N | Dover M | Farrell N | Forsberg L | Gibson M. |
| Cooper U | Davis S | du Plessis C | Farrugia Parsons B | Foster M. | Giles PC |
| Cooper S | Davis M | Duke G. | Fathi M | Foster G | Gilligan S |
| Copland M | Davison R | Duke Z | Fawaz L | Frame M | Gilshenan L |
| Copp B | Dawson K | Dulfiqar A | Fay M | Francis A | Ginn J |
| Corbett P | Dawson A | Duncan S | Feketey SM | Frankiewicz K | Giorgi S |
| CorbinA | De Silva S | Dunlop C | Fellows L | Freeman M | Glascock A |
| Cornford N | De Souza M. | Dunn S | Feltrin F | Fressard C | Glascock M |
| Cornish SE | De souza C | Dunstan C | Feng C | Frew R | Glover B |
| Cousins K | De Vitis* N | Durbin D | Fenton G | Frost J | Godfrey M |
| Crabtree D | de Zwaan S | Dutta P | Fenton L | Frostis V | Godfrey V |
| Craig T | Deane J | Dyche G | Fenwick K | Fuljahn R | Golding E |
| Crawford K | Dechnicz V | Dyett M | Ferguson MI | Furneyvall L | Golding* S |
| Crawford B | DelaCruz A | Eade J | Ferris T | Futter M | Gomes E |
| Crawley J | Dempsey J | Eades J | Field N | Gabarari-Mabesere Moyo C | Goode H |
| Crebert D | Deshpande A | Ebrill N | Fieuw-Makaroff S. | Gagai S | Goodman C |
| Crispin C | Devara A | Edwards J | Finch M | Gaines K | Goodsall E |
| Croker B | Devine K | Eggins J | Finch J | Galal M. | Goodsall T |
| Croker M | Dhaliwal A | El Gayar S | Finlay J | Galal S | Goodwin L |
| Cruickshank T | Di Donna S | Ell P | Finney G. | Galil A | Gordon D |
| Cullen WA | Dias A | Ellem D | Fleisch N | Gambrill L | Gordon H |
| Cumming N | Diebold D | Ellercamp L | Fleming L | Gammon E | Gordon E |
| Cundy T | Dinkovski B | Elliott N | Foale R | Gan* J. | Gordon L |
| Curphey E | Ditchfield E | Ellison J | Focic S | Gangemi A | Goswami J. |
| Curtis P | Doan H | Emami S | Fogg A | Ganner J | Gottery J |
| Daley K | Dobos B | Emu I | Fogg A | Gao Y | Goyal L |
| Dall M | Dobrolot J | Ernst L | Foley P | Garfield K | Grace D |
| Daly J. | Dodds J | Erskine K | Follington J | Geary J. | Graham J |
| Daly L | Dol J | Etheridge C | Fong L. | Genet S | Graham H |
| Dan C.E. | Donaldson N | Eve C. | Fong C | Gentizon N | Grainger R |
| Dan L | Donnelly L | Everingham C | Foong J | George S | Grant M |
| Daniel B. | Donohoe D | Ewald B. | Foran A | George A | Grant-Britton J |
| Daniher D. | Donovan D | Eyers C | Forbes M. | Germyn C | Graves J |

YEAR 2023 MEMBERS

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BENEFACTORS are highlighted and thanked for their additional support.

| | | | | | |
|------------------|-----------------------|-----------------|-------------|--------------------|-----------------------|
| Gray K | Harvey M | Hollingsworth J | Ipsen B | Joseph B | Khan* M |
| Gray S | Harvey G | Hooi H. | Irfan N | Junger J | King D |
| Gray S | Hatherly R | Hooley B | Islam S | Kadavil H | King B |
| Greenberg D | Hawke K | Hooper D | Jackman B | Kaiko E. | Kinniard D |
| Gregory E | Hawkes K | Hopcroft P | Jackson J | Kamail M | Kirilov C |
| Griffin J | Hayden R | Hope S | Jacobson A | Kamerman* I | Klein S |
| Griffiths J | Haydon M. | Hopkins HJ | Jaeger I | Kanwal S | Klimpsch K |
| Gruer M | Haydon V | Horadam K | Janke P. | Karanam S | Knight S |
| Guest B | Hayes C | Horn A | Jarallah I | Karanam (Guddur) V | Knight S |
| Guest M | Hayes L | Horton G | Jawanda M | Karmali A | Knirsch A. |
| Gupta S | Hayes M | Hossain Z | Jefferson N | Kearney L | Kocatekin H |
| Gurung M | Haywood L | Hossain Z | Jefferson K | Kearns C | Kovac M |
| Ha J | Heal L | Hoswell L | Jeffery C | Keegan E | Kozary J |
| Hackworthy OAM R | Heard L | Hovanesian N | Jeffrey S | Keeys S | Kroeze-Kloosterziel P |
| Hadden D | Hector N | Howarth D. | Jemmett E | Kellerman G | Kropp T |
| Hadlow C | Hector P | Howarth L | Jenkins T | Kelly A. | Kueh S |
| Haggar K. | Hedges A. | Howell E | Jennings J | Kelly R | Kulasekara C |
| Hall P | Hedley J | Howell* T | John A | Kelly J | Kulczynski M |
| Hall T | Henderson-Matuschka A | Htay N | Johnson L | Kelly L | Kumar ESA |
| Hall T | Hendrie M | Huang D | Johnson E | Kelso M. | Kumar P |
| Halpin M | Henry T | Hudson A | Johnson J | Kennare A | Kumar S |
| Ham J | Hettiarachchi M | Hughes W | Johnston M | Kennedy R | Kursys K |
| Ham W | Hewitt N | Hull J | Johnston M | Kennedy R | Kwa M |
| Hamilton P | Hibbit B | Hume S | Johnston H | Kennelly P | Kwa* R |
| Hamze H | Hickey A | Hunt T | Johnstone S | Kennerson K | Kwok I |
| Hancock T | HicksC | Hunter N. | Jokovic D | Kennerson M | Lai LT |
| Harbury R | Higginbottom C | Hunter H | Jolley A | Kent T | Lal K |
| Harding C | Hill S | Hurley R | Jolly A | Keough C | Lam J |
| Hardwick E | Hindley P | Husain S | Jones J | Kerr C | Landsborough N |
| Haridas S | Hinton S | Hussein S | Jones D | Kerridge R | Lane M |
| Hariharan S | Hipwell T | Hutchens N | Jones W | Kershaw J | Lange-Smith T |
| Harkin R | Hobbs K | Hynd G. | Jones S | Kesavan R | Larkin R |
| Harris S | Hockings M.A. | Ibrahim L | Jones B | Kesby T. | Latimore I |
| Harris-Goode E | Hodges L | Igbenije T | Joseph MR | Kesby D | Lau K |
| Harrison S | Hogbin D | Ing R | Joseph S. | Keysell P | Laut L |
| Hart WJ | Holford D | Innaimo S | Joseph B | Khan MK | Laver M |
| Hartwig J | Holford M | Innes L | Joseph D | Khan F | Lavers C |

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| | | | | | |
|--------------|--------------|-------------------|----------------|---------------|----------------|
| Lawless J | Luttrel J | Marshall B | McGeoch PN | Mital R | Murray D |
| Lawrence G | Lyford T | Marshall G | McGinley D | Mohammad H | Murray M |
| Lawrence P | Lynch M | Martin P.C. | McGregor L | Mohan A | Naing T |
| Layer T | Lynch S | Martin B.K. | McGuirk J | Mohy-ud-din U | Nash T |
| Lazzaro L | Lynn M | Martin R | McIntosh K | Molloy R. | Nash A |
| Ledbrook A | Lyons D | Martin J | McIntyre C | Molsaeter R. | Navalli J. |
| Ledger J | Lyons G | Martin K | McIntyre M | Moore D.A. | Naylor D |
| Lee V. | Macatangay M | Martin J | McKeith K | Moore R | Naz F |
| Lee R | MacDonald B | Martin O | McKensey E | Moore H | Nean-Bullpit A |
| Lee T | Machado R | Martin R | McKenzie K | Moore C | Nelson N |
| Lenffer J | Mackee A | Mason L | McKeon M | Morcombe M | Neoh L |
| Leonard B | MacKenzie S | Mason M | McKinnon L. | Morgan J | Nesbitt D |
| Leslie A | MacKenzie J | Masson G | McLain S | Morgan T | Nevell |
| Levinson A | Mackersey S | Mastroianni D | McLennan E | Morgan J | Neville K |
| Lewis J | MacPherson L | Mathers D. | McMahon* B | Morkos F | Newman N |
| Liddle G | Maddock R | Mathers K | McMillian D | Morphett M | Neylan L |
| Lightbody A | Maddocks H | Mathew A | McNaught R | Morris S | Ng H |
| Lilleyman* A | Magann C | Mathew P | McQueen L | Morris G | Nguyen M |
| Lindsay S | Magill L | Mathur K | McTackett Z | Morris R | Nguyen J |
| Lindus M | Maher G | Matthews P | McWhae-Brown S | Mortlock N | Nichols G |
| Lions T | Mair R | Mattock N | McWhirter G | Morton C | Nightingale S |
| Little M | Majeed A | Mayers PC | Md Noor SN | Moseray K | Noble J. |
| Liu S | Maley H | Maynard D | Mead L | Moseshvili D | Norsworthy K |
| Lobanov A | Malhotra A | Mazhavancheryil T | Mebrate AZ | Mounser B | Norsworthy A |
| Lobsey L | Malouf P | McBeath C | Meier R | Mountford P. | North J |
| Lockart D | Mandapati S | Mcbride R | Mifsud J | Mozafari E | Nunn G |
| Locker B. | Manning D | McBride S | Mifsud J | Mudaliar J. | Nye S |
| Logan D | Manning M | McCabe C | Miles P | Mujahid F | Nymeyer L |
| Long S. | Mansfield BJ | McCallum E | Miles L | Mujahid S | O'Brien P |
| Long G | Mansfield P | McCallum Pardey T | Milla L | Mujahid N | O'Connor K |
| Looker S | Marcon S | McCarthy S | Miller B | Mullane M | O'Donnell* S |
| Lovegrove E | Maree L | McCreanor L | Miller J | Mullen N | O'Grady K |
| Lowen T | Markey A | McCubbin B | Miller S | Mullin* S | O'Leary R |
| Lucas M | Markey J | McCulloch K | Mills A | Mumford J | O'Mara P |
| Lugsdin | Marley J | McCully S | Mills M | Murphy S | O'Neill M |
| Lukins L | Marrable S | McDonald L | Mills D | Murphy R | Onaiyekan P |
| Lum A | Marriott M | McFarlane E | Mills L | Murphy C | Ophir J |

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| | | | | | |
|---------------------|--------------|-------------------|----------------------|------------------|---------------|
| Orcher C | Pidgeon E | Rasmussen C | Robson L | Sandhu | Shun R |
| Osmond B | Ping S | Raw C | Robson L | Sandhu | Sideris E |
| Ousby P | Pipe B | Ray T | Robson H | Sarathy C | Simmonds V |
| Padmakumar C | Pither E | Raymond S | Roll K | Sarich J | Simmons M |
| Padmos L | Pitt J | Redford M | Rose K | Sarki S | Simon L |
| Page R | Plaskitt* A | Reece L | Rose R | Sathiamurthy N | Simon C |
| Pain N. | Polya D | Rees L | Rothwell J | Sattaridibazar N | Simpkins M |
| Palmqvist C | Pond D | Rees P | Rowe R | Saunders P | Simpson J |
| Paquet M | Porter L-A | Rees-Gallimore K. | Rowsell M | Saunders P | Singh J |
| Parker S | Porter R | Reeves M | Roy M | Saunders C | Siriwardena A |
| Parker J | Post C | Reichler H. | Roy S | Saunders A | Siska S |
| Parkin T | Power A | Reid K | Ruba SJ | Saxena A | Slater S |
| Parkinson J | Pratt A | Reid D | Rudder S | Schelz K | Smart A |
| Parkinson K | Price R | Reid N | Rudder K | Scheman G | Smith L |
| Parsons M | Price K | Reid N | Russell R | Schien M | Smith S |
| Parsons D | Price* M | Reid S | Russell K | Schmierer A | Smith S |
| Partridge G | Prickett J | Relf J | Russo M | Schneider T | Smith B |
| Parvathy MS | Prickett M | Relic J. | Russo P | Scholes T | Smith B |
| Patel PA | Priest D | Rendell E | Russo S | Schuck K | Smith O |
| Patel B | Priestley L | Renucci J | Rutherford D | Schulz M | Smith C |
| Pathirana N | Pringle C | Reyes Castillo A | Ryan G | Schwinghamer E | Smith A |
| Patoka I | Przybylski R | Reynolds R | Ryan K | Scott N | Smith T |
| Pattison S | Qaysi M | Richards S | Ryan B | Scott R | Smith R |
| Payne N | Quadrelli S | Riedel C | Saanum A | Seccombe J | Smith T |
| Pearce* C | Radwi T | Riley K | Sagi L | Seckold B | Smith-Way SJ |
| Pearson A | Rae L | Riley J | Sagi J | Seneviratne J | Snell W |
| Pearson H | Rafty A | Robards R | Sailah K | Seymour C | Soesanto G |
| Pedersen P | Ragg L | Roberts L | Saini K | Shah NC | Soryal S |
| Peining C | Rainnie N | Roberts M | Salam KN | Shah T | Spencer S |
| Penberthy A | Raja K. | Roberts-Thomson C | Sales M | Shahid M | Spier R |
| Perkins C | Rajendra I | Robertson I. | Sales A | Shajarat S | Spring R |
| Perry M | Rallings L | Robertson K | Sales, OAM MA | Shane L | Sridharan S |
| Perry L | Rallings* P | Robinson D | Saltis A | Shaw M | Srsa R |
| Pettit N | Ramasamy N | Robinson D | Samokhin* D | Shen H | Stafford E |
| Pham D | Rankmore T | Robinson J | Sams-Smith S | Sheppard E | Stafford A |
| Pham T | Rankmore D | Robinson A | Samuel A | Shields T | Stafford S |
| Piddington H | Raschke C. | Robles S | San TH | Shultz L | Stamford C |

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| Stannus J | Tame S | Thwaite P | Vaughan M | Watkins I | Williams Z |
| Stansfield A | Tame S | Tibbels D | Veale S | Watson T | Williamson S |
| Stanwell L | Tan T | Ticehurst A | Vellurupalli V | Watson J | Wills L |
| Staples LA | Tapim B | Tillmann A | Vickery A | Watson E | Willson J |
| Stehr L | Taufa'ao T | Tillmann L | Victoire A | Watt Q | Wilsmore S |
| Steinbach A | Taufaao U | Tischner A | Vilain A-M | Watts A | Wilson B |
| Stephen J | Tavallaie F | Tiu A | Villadsen I | Watts J | Wilson B |
| Stephens A | Taylor M | To AVK | Villamanca M | Watts B | Winspear S |
| Stephens K | Teague N | Toby J | Visser R | Wee L | Wisely A |
| Stephenson C | Teale G | Tomes-Wade T | Vollmer M | Wegener E | Wnukowski-Mtonga P |
| Stephenson H | Teruel Rodrigues da Silva F | Tomes-Wade E | Volschenk W | Weimer H | Wong S |
| Stewart I | Tessier J | Tong S | Von Sanden L | Welbourne D | Woo A |
| Stokes L | Tewari S | Too H | Voutnis D. | Welch R | Wood S |
| Storrie C | Thakur J | Toomesy R | Waerea C | West B | Wood J |
| Straub M | Thanabalasingham A | Townsend L | Wagner S | Westcott M | Woodward A |
| Stromfeldt I | Thera V | Tran K | Wahab M | Westmore C | Worrad N |
| Stuart L | Thera D | Traynor E | Walker C | Wheatley A | Wratten K |
| Style D | Thew D | Truong L | Wallace J | Whipp R | Wright AJ |
| Subbaraju P | Thiha A | Tull M | Walmsley C | White A | Wright L |
| Sugito V | Thiruchelvam D | Turner R | Walmsley S | White, AM SW | Wrigley J |
| Suiter C | Thiruchelvam T | Turner M | Walsh P | Whiteley J | Wu S |
| Summers E | Thomas E | Tutty M | Walsh A | Whitfeld S | Wyatt S |
| Surendra G | Thomas A | Twyford E | Walters S | Whiting V | Wynne Y |
| Sutton E | Thomas M | Tzaros T | Walters M | Whittaker D | Yadollahi Farsani A |
| Sutton S | Thompson B | Vale J | Walton N | Wijaya M | Yarahmadi N |
| Swain L | Thompson P | Valentine B | Walton V | Wilcox C | Yeh M |
| Swan C | Thong K | Vallabhaneni R | Wang L | Wild K | Young (White) K |
| Swan N | Thorley K | Van Buuren A | Wanigaratne N | Wilkinson L | Zhao J |
| Swanson M | Thorne T | van der Kallen J | Wardell K | Wilkinson S | Zhong J |
| Sweatman J | Thornton A | Van Laar C | Warren K | Williams S | Zhou P |
| Sweeney P | Thorpe O | Van Leeuwen F | Waters D | Williams R | Zhu J |
| Taghaddos A | Thorpe K | Varley T | Watkins K | Williams M | Zulumovski N |

HPMI SPONSORSHIP 2023






HPMI is grateful to the 26 Organisations who agreed to provide support during 2023.

HPMI WISHES TO THANK 2022 SPONSORS that continued their support

| Public Health Sector = 5 | Specialist Groups = 8 |
|---|-------------------------------------|
| Hunter Medical Research Institute | Dr Ross Kerridge |
| Hunter New England Local Health District | Dr Stuart Mackenzie |
| Hunter New England & Central Coast Primary Health Network | GenesisCare |
| The University of Newcastle | Hunter Imaging Group |
| Valley to Coast Charitable Trust | Hunter IVF |
| | Newcastle Skin Check |
| Pharmaceutical Companies = 9 | Private Health Sector = 4 |
| Amgen | Northern Integrated Pain Management |
| Bayer Australia | Older Person's Medical Clinics |
| Besins Healthcare | |
| Chiesi | |
| GSK Australia | Hunter Valley Private Hospital |
| iNova Pharmaceuticals | Lake Macquarie Private Hospital |
| Pfizer Australia | Newcastle Private Hospital |
| Seqirus | Warners Bay Private Hospital |
| Servier Australia | |

PRINCIPAL SPONSORS

Many Stakeholders in Continuing Professional Development in our region supplied support towards HPMI during 2023. HPMI is particularly grateful to the following Principal Sponsors whose support enabled HPMI to continue to provide affordable CPD in our region.

| | |
|--|---|
| THE UNIVERSITY OF NEWCASTLE HPMI is grateful to The University of Newcastle for provision of office space and services during 2023. HPMI works with the School of Medicine and Public Health to promote the principal of lifelong learning by providing complimentary membership for health students, as well as two Community Placement Awards. |  |
| HUNTER NEW ENGLAND LOCAL HEALTH DISTRICT HPMI was an active partner in promoting HealthPathways , in association with Hunter New England Health and Hunter New England and Central Coast PHN, during 2023. 780 HealthPathways links are highlighted via HPMI's online Seminar Archives. 53 Patient info links have been included on HPMI's website for Health Professionals to access for their patients continues to provide Junior Medical Officers with complimentary membership, to encourage lifelong learning. |  |
| HUNTER NEW ENGLAND AND CENTRAL COAST PRIMARY HEALTH NETWORK Hunter New England and Central Coast Primary Health Network continues to provide support each year for HPMI events. In 2023 scholarships were also provided for rural practices to become HPMI Members to take advantage for HPMI Education. |  |
| HUNTER MEDICAL RESEARCH INSTITUTE HPMI is extremely grateful to the Hunter Medical Research Institute for the use of their wonderful facility for HPMI Meetings held on Saturdays during 2023 at a discounted rate. |  |
| VALLEY TO COAST CHARITABLE TRUST Valley to Coast Charitable Trust supported Membership for GP Trainees in 2023. They also provided Sponsorship for HPMI Newcastle Weekend HPMI Updates, Clusters and Online Streaming of HPMI Events. HPMI was able to employ a Medical Education Co-Ordinator with their support |  |
| RESEARCH, EDUCATION, ACADEMIC CULTURE AND HERITAGE (REACH) HPMI continues to hold funds for REACH. These funds are to be utilised by HPMI to organise appropriate events. | |

PROGRAM COMMITTEE REPORT

HPMI EDUCATION 2023

- Cardiology Update
- Child Protection in General Practice (1 Online Session)
- Paediatric Update
- Travel Medicine Update (1 Online Session)
- ENT Update
- Gastroenterology Update (1 Online Session)
- Adolescent Women's Health
- Respiratory Meeting
- HPMI Newcastle Weekend
- 5 Nursing CPD Meetings
- 5 Practice Administration CPD Meetings
- 8 Certificate Courses
- 3 Practical Courses
- 4 Mirena Insertion Courses
- 14 Clusters (in practice education)
- 1 Interest Group
- 4 Hunter Parkinson's Society Meetings
- 8 Other Organised Meetings

QUALITY IMPROVEMENT & CONTINUING PROFESSIONAL DEVELOPMENT

During 2023, the Hunter Postgraduate Medical Institute (HPMI) continued its successful provision of independent Quality Improvement and Continuing Professional Development (QI&CPD) to the Health Profession in our region.

HPMI is an Accredited Provider of QI&CPD for both the Royal Australian College of General Practitioners (RACGP) and the Australian College of Remote and Rural Medicine (ACRRM).

The Medical Board of Australia (MBA) changed the requirements for General Practitioners from 2023. It is now a requirement for General Practitioners to participate in different types of CPD activities, including a mix of educational activities (knowledge and skills), measuring outcomes and reviewing performance. Most of HPMI activities are accredited as educational activities (EA). When possible HPMI will incorporate the different types of CPD.

HPMI adheres strictly to RACGP and ACRRM Guidelines regarding sponsorship and maintains an ethical relationship with sponsors in relation to the delivery of education, which is completely independent of sponsoring organizations.

ONLINE STREAMING

HPMI offered live streaming of most events during 2023 thanks to support from Valley to Coast Charitable Trust. Video recordings of most HPMI meetings are also available via HPMI's website for those HPMI Members who are unable to attend.

HEALTHPATHWAYS

Access to Hunter and New England [HealthPathways](#), a web-based information portal supporting primary care clinicians to plan patient care through primary, community and secondary health care systems, is available via HPMI's website. It is like a 'care map' so that all members of a health care team – whether they work in a hospital or the community - can be on the same page when it comes to looking after a particular person. [HealthPathways](#) are designed to be used at the point of care, primarily for General Practitioners, but are also available to Hospital Specialists, Nurses, Allied Health, and other Health Professionals within Hunter & New England. In 2023 there were **780 HealthPathways** links via HPMI events housed in HPMI Seminar archives via HPMI Online.

PATIENTINFO

Patient info is a health information portal and aims to help people understand and manage their health conditions. **53 Patient info** links have been included on HPMI's website for health Professionals to access for their patients.



ONLINE EDUCATION

HPMI EDUCATION WEBSITE

Handouts, PowerPoint presentations and videos of lectures from HPMI meetings since 2007.

During 2023, 23 events were posted online with 482 Certificates issued to participating registrants. 93 videos were uploaded to the HPMI website. 74 of the presentations were linked to [HEALTHPATHWAYS](#)

COURSES **62 Health Professionals participated in Courses as follows: Mirena (24), Ear Irrigation (38)**

EAR IRRIGATION ONLINE COURSE

This Course complements HPMI's Ear Pathology and Wax Management Course. Syringing a patient's ears is usually performed to remove the cerumen (wax). Although a common procedure, it is invasive with the potential to cause discomfort or even injury to the patient. Certificates of Completion provided.

MIRENA INSERTION COURSE

This Course, incorporated with practical teaching sessions on Mirena Insertion, offers extra information and assessment necessary to attain Certificate of Completion.

HAND CLEANSING

How to wash your hands and quiz. Certificates of Completion provided. Available to HPMI Members

ONLINE PUBLICATIONS

HPMI HISTORY

Pictures of the History of Medicine in Newcastle. HPMI's Commemorative Dinner 2010 Booklet and History of HPMI housed here.

HPMI SUSTAINABLE HEALTH AWARDS

HPMI annually awards two prizes to students enrolled in Year 3 of the Joint Medical Programs who are members of HPMI. Winners' reports, and presentations at HPMI AGMs, since 2013, are housed on HPMI's website.

HUNTER HEALTH MEMOIRS – 1920 ONWARDS

Free access to audio recordings of interviews, originally made by Dr Steve De Lyall, with several prominent Newcastle Medicos. Professor Alan Hewson continued to update memoir contributions with video recordings until 2017. This compilation of first-hand accounts and unbelievable tales will go down in the history books as 85 years of doctors who built the world of medicine in the Newcastle region. Access to memoirs is freely available via our website, however, donations are happily received. It is also possible to purchase an MP3 of original audio recordings for \$22 from HPMI.

The memoirs are first-hand accounts from doctors who made a unique contribution to medical history covering the period when medical knowledge – and practice – was expanded explosively after WW2 in Newcastle. These interviews are a fascinating resource for anyone interested in the background of the medical practice of today's doctors. HPMI has now begun video recording other practitioners for posterity.

At the [200 Years of a Hospital in Newcastle conference](#) held in 2017, Professor Alan Hewson, Dr Peter Hendry and Dr Owen James were honoured. Recordings of this are included with their Memoir contributions. The other History Meetings are available online as well via the Hunter History tab.

OPIOID PODCASTS FOR GPs

Dr David Outridge, a General Practitioner from Valley Medical Practice, Waratah, has designed podcasts series on Opioid Dependence in association with HPMI. There are a total of 20 Podcasts.

ONLINE SPECIALISTS' DIRECTORY

This directory is a searchable database by name, specialist, area and hospitals visited by Medical Officers in the Hunter, New England, Mid North Coast, Northern Tablelands and Central Coast areas of New South Wales, and thus a great resource. All College Specialists, who agree to be listed, are included. This Directory is sponsored by the [Older Person's Medical Clinic](#)



WEBSITE HOSTING

Antibiotic Module – GP Synergy

HPMI has been approached to host modules on our website. Previously we had worked with General Practice Training Valley to Coast to host the Trainee education modules on our site. After GPTVTC became defunct these modules remained but weren't accessed. This year we were approached by GP Synergy to host an Antibiotic Education Online Module for Registrars and GP Supervisors. HPMI was paid for Steve James to upload this module and for HPMI to host these modules.

ISISTAQUIT

HPMI was approached by the University last triennium to apply for points for the SISTAQUIT project as well as to host their Online module of the SISTAQUIT project. In 2023, Southern Cross University took over this project and approached HPMI to continue to host their module with a few changes.

2023 ANNUAL PROGRAM OF EVENTS BREAKDOWN

| BREAKDOWN OF 2022 REGISTRANTS | | | | |
|---------------------------------|-----------|--|---|---|
| 1866 | | General Practitioners | | 53% |
| 324 | | Specialists | | 9% |
| 584 | | Nurses | | 17% |
| 337 | | GP Trainees and Overseas Trained Doctors | | 10% |
| 138 | | Allied Health Professionals | | 4% |
| 170 | | Practice Admin (including Managers) | | 5% |
| 45 | | Junior Medical Officers & Health Students | | 1% |
| 23 | | Researchers | | <1% |
| 9 | | PhD Students | | <1% |
| 3496 | | TOTAL REGISTRANTS (including 1457 Streamed online) | | |
| HPMI UPDATES = 7 | | | | |
| | | Attended | Online | |
| 1 | 18.02.23 | 45 | 69 | CARDIOLOGY UPDATE |
| 2 | 07.03.23 | | 48 | CHILD PROTECTION IN GENERAL PRACTICE UPDATE |
| 3 | 25.03.23 | 34 | 91 | PAEDIATRIC UPDATE |
| 4 | 02.05.23 | | 82 | TRAVEL MEDICINE UPDATE |
| 5 | 24.06.23 | 28 | 68 | ENT UPDATE |
| 6 | 20.09.23 | | 65 | GASTROENTEROLOGY UPDATE |
| 7 | 21.10.23 | 39 | 76 | ADOLESCENT WOMEN'S HEALTH UPDATE |
| Total Registrants | | 146 | 499 | 355 Individual Health Professionals educated |
| NURSING CPD = 5 | | | | |
| | | Attended | Online | |
| 1 | 23.02.23 | | 38 | Overview of Disease States and Management |
| 2 | 25.05.23 | | 35 | Chronic Kidney Disease – Monitoring and Management |
| 3 | 29.06.23 | | 16 | Weight Management & How to Approach Subject |
| 4 | 26.10.23 | | 75 | Wound Care |
| 5 | 16.11.23 | | 18 | Identifying and Responding to Child Abuse and Neglect |
| Total Registrants | | 0 | 182 | 154 Individual Health Professionals attended |
| PRACTICE ADMINISTRATION CPD = 5 | | | | |
| | | Attended | Streamed | |
| 1 | 16.03.23 | | 125 | Medicare Benefits Schedule Overview |
| 2 | 18.05.23 | | 18 | Caring for the Carer |
| 3 | 15.06.23 | | 51 | Accreditation Changes in Infection Control |
| 4 | 14.09.23 | | 23 | Emerging Risks for Australian Healthcare Practices |
| 5 | 02.11.23 | | 59 | Cultural Competency Education |
| Total Registrants | | | 276 | 237 Individual Health Professionals attended |
| HPMI RESPIRATORY MEETING = 1 | | | | |
| | | Attended | Streamed | |
| 1 | 27.05.23 | 22 | 77 | |
| HPMI NEWCASTLE WEEKEND = 1 | | | | |
| | | Attended | Streamed | |
| 1 | 5&6.08.23 | 102 | 15 | |
| PRACTICAL COURSE MEETINGS = 3 | | | | |
| 30.03.23 | | 15 | Ear Pathology and Wax Management | |
| 15.08.23 | | 20 | Ear Pathology and Wax Management | |
| 20.11.23 | | 21 | Ear Pathology and Wax Management | |
| Total Registrants | | 56 | 53 Individual Health Professionals attended | |

2023 ANNUAL PROGRAM OF EVENTS BREAKDOWN

Continued

| CERTIFICATE COURSE MEETINGS = 8 | | | |
|---------------------------------|-----------|-----------|---|
| 07.02.23 | 21 | | CPR – Resuscitation Skills in General Practice |
| 07.05.23 | 12 | | Triage – In General Practice |
| 14.03.23 | 10 | | CPR – Resuscitation Skills in General Practice |
| 09.05.23 | 14 | | CPR – Resuscitation Skills in General Practice |
| 23.05.23 | | 31 | Triage – In General Practice – Webinar - Session 1 |
| 30.05.23 | | | Triage – In General Practice – Webinar - Session 2 |
| 05.09.23 | 15 | | CPR – Resuscitation Skills in General Practice |
| 12.10.23 | 16 | | CPR – Resuscitation Skills in General Practice |
| Total Registrants | 88 | 31 | 119 Individual Health Professionals attended |

| MIRENA INSERTION COURSES = 4 | | |
|------------------------------|-----------|--|
| 06.03.23 | 10 | |
| 05.06.23 | 10 | |
| 11.09.23 | 9 | |
| 30.12.23 | 11 | |
| Total Registrants | 40 | 40 Individual Health Professionals attended |

| CLUSTERS = 15 (160 Meetings) | | | | | |
|------------------------------|--------------------|--------------------------|------------|-----------|--|
| | Number of meetings | Area | Attendees | Online | Individual Attendees |
| 1 | 19 | Belmont | 130 | | 13 |
| 2 | 16 | Charlestown | 124 | | 64 |
| 3 | 10 | Forster | 63 | 26 | 42 |
| 4 | 8 | Hamilton | 85 | | 22 |
| 6 | 7 | Maitland | 110 | | 42 |
| 7 | 6 | Newcastle | 35 | | 19 |
| 8 | 9 | New Lambton | 39 | | 9 |
| 9 | 9 | Port Stephens | 3 | | 3 |
| 10 | 8 | Raymond Terrace | 62 | | 22 |
| 11 | 9 | Swansea | 30 | | 10 |
| 12 | 4 | Taree | 39 | | 19 |
| 13 | 9 | Warners Bay | 56 | | 18 |
| 14 | 9 | Westlakes | | 30 | 9 |
| 123 | | Total Registrants | 776 | 56 | 234 Individual Health Professionals |
| 37 | | BRGP Meetings | 448 | | 30 Individual Health professionals |

2023 ANNUAL PROGRAM OF EVENTS BREAKDOWN

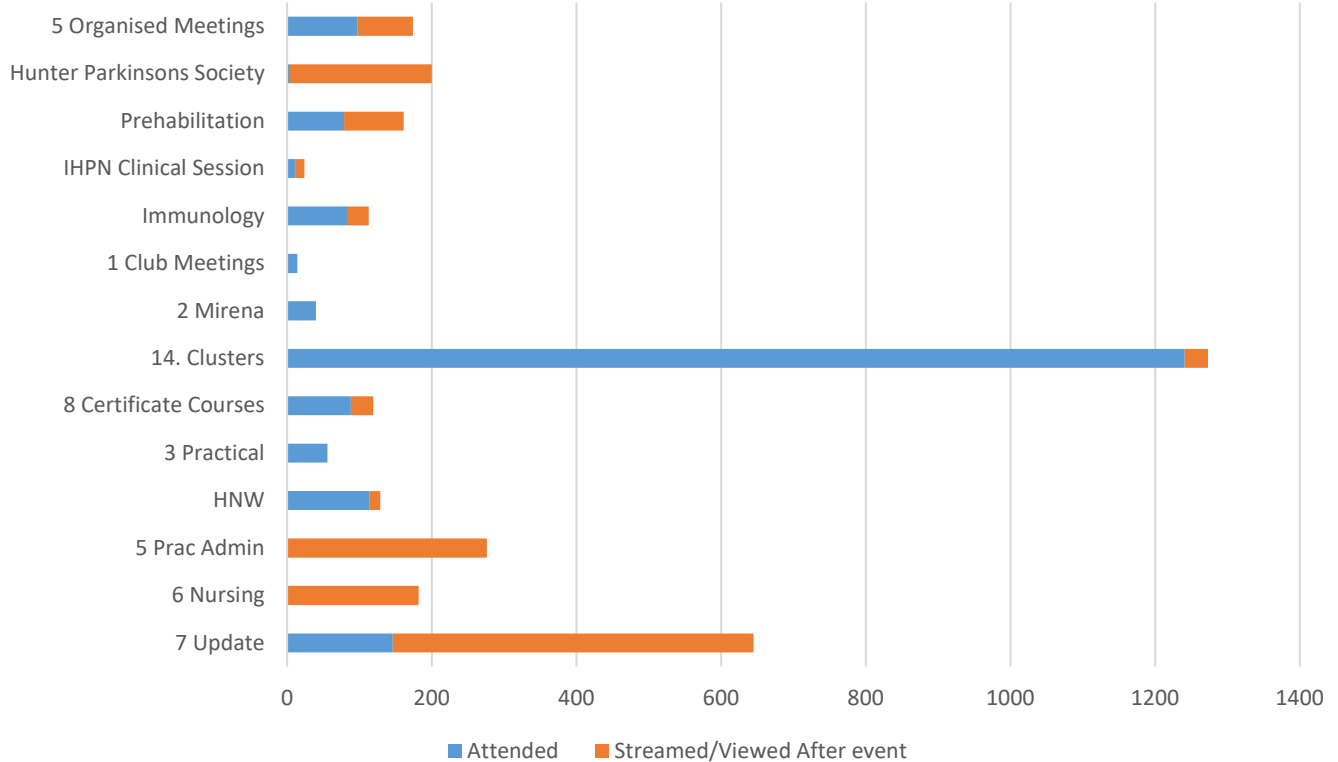
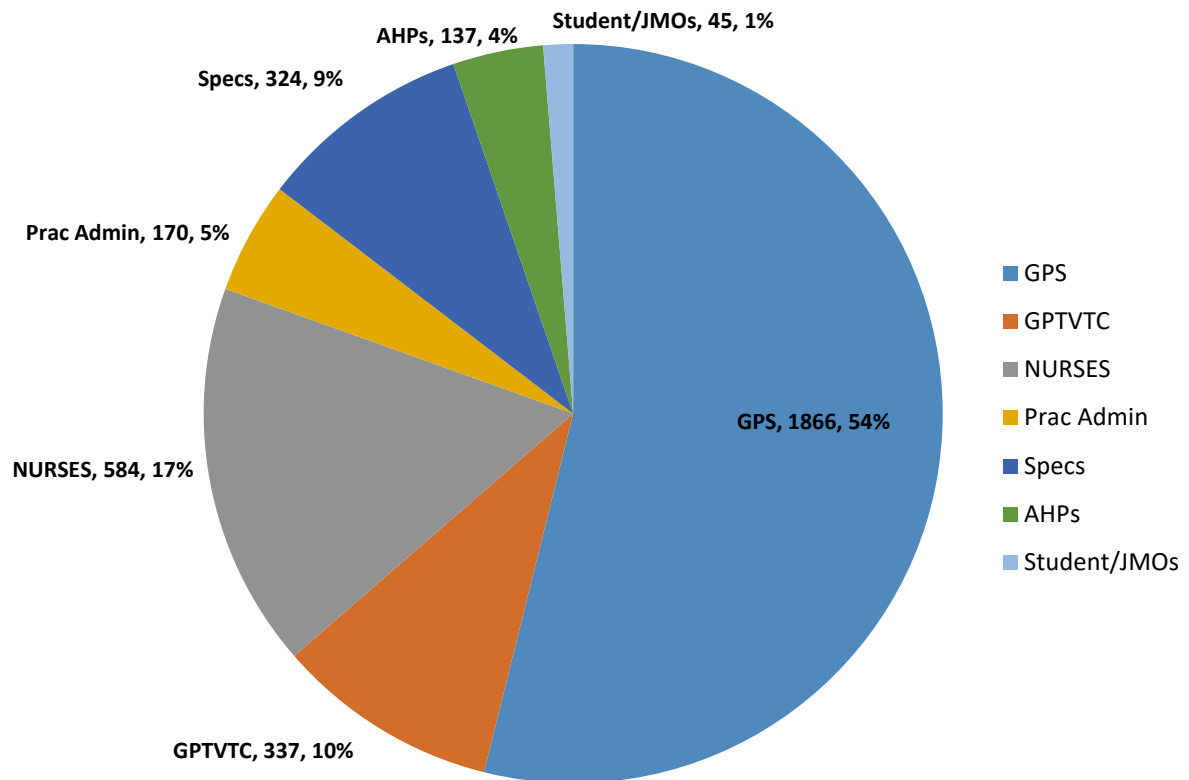
Continued

| Women's Health Interest Group | | |
|-------------------------------|-----------|--|
| 1 meeting | attended | |
| Total Registrants | 14 | 14 Individual Health Professionals attended |

| HPMI CONFERENCE ORGANISED MEETINGS | | | | |
|--|--------------------|-----------------|--------------------|--|
| Immunology Crossroads Conference | | | | |
| | Attended in Person | Streamed Online | Viewed After Event | |
| 25 & 26.08.23 | 83 | 8 | 22 | 113 Health Professionals Participated |
| Immunology Crossroads Annual Meeting IHPN Clinical Session | | | | |
| | Attended in Person | Streamed Online | Viewed After Event | |
| 25.08.23 | 12 | 2 | 10 | 24 Health Professionals Participated |
| Prehabilitation, Cancer Surgery, And Perioperative Care | | | | |
| | Attended in Person | Streamed Online | Viewed After Event | |
| 21.10.23 | 79 | 15 | 67 | 171 Health Professionals Participated |
| Pregnancy Options: Integrating Counselling & Medical Abortion in Your Practice | | | | |
| | Attended in Person | Streamed Online | Viewed After Event | |
| 17.08.23 | 93 | | | 93 Health Professionals Participated |
| In the Know(ledge) – Castlereagh Imaging Tamworth | | | | |
| | Attended in Person | Streamed Online | Viewed After Event | |
| 28.03.23 | 9 | | | 9 Health Professionals Participated |
| Pain Forum – Hunter Pain Specialists | | | | |
| | Attended in Person | Streamed Online | Viewed After Event | |
| 14.09.23 | 54 | | | 54 Health Professionals Participated |
| Obesity and Pain: A DYAD that needs Uncoupling – Hunter Pain Specialists | | | | |
| | Attended in Person | Streamed Online | Viewed After Event | |
| 14.11.23 | 14 | | | 14 Health Professionals Participated |
| Mixed Bag Surgical Talk - Healthscope | | | | |
| | Attended in Person | Streamed Online | Viewed After Event | |
| 21.11.23 | 23 | | | 23 Health Professionals Participated |

| HUNTER PARKINSON'S SOCIETY MEETINGS = 4 | | | | |
|---|--------------------|----------------------------------|--------------------|------------------|
| | Attended in Person | Streamed Online | Viewed After Event | |
| 03.03.23 | 6 | 41 | 0 | Meeting 1 |
| 05.05.23 | 4 | 45 | 0 | Meeting 2 |
| 28.07.23 | 7 | 55 | 3 | Meeting 3 |
| 07.11.23 | 7 | 35 | 5 | Meeting 4 |
| Total Registrants | 24 | 176 | 8 | 208 Total |
| ONLINE COURSES | | | | |
| 2 Courses | 88 | Mirena (41), Ear Irrigation (47) | | |

2023 Attendance Breakdown =



HPMI UPDATES 2023

- HPMI is grateful to Hunter Medical Research Institute for allowing us to use of their venue for this Series at a discounted rate.
- These Updates were Sponsored and Streamed Live thanks to support from the *Valley to Coast Charitable Trust*.

CARDIOLOGY UPDATE

18 FEBRUARY 2023

Saturday 8.50 am - 3.00 pm

HMRI Building, John Hunter Hospital Campus, New Lambton Heights



Convenor / Chair

DR EHSAN MOZAFARI

General Practitioner, Family Circle Medical Practice, Hamilton

Registrants

114 (includes 69 online)

137 Participants (includes Speakers and Trades)

Trade Displays

10

HPMI is grateful to the following organisations

Streaming & Principal Sponsor – Valley to Coast Charitable Trust

6 Meeting Sponsors – AstraZeneca, Bayer, Boehringer-Ingelheim, CSL Vifor, HIG, Novartis

4 Trade Displays – Amgen, HealthPathways, Lake Macquarie Private Hospital, NSW Health Pathology

| | | |
|---|--|---|
| <p>HealthPathways below available to view via HPMI Online</p> | | <p>✓ Handouts, presentations and/or video recordings are available on HPMI's website</p> <p>HPMI wishes to thank the following speakers</p> |
| ECHO INTERPRETATION | DR HEATHER COOKE Non-invasive Cardiologist, Newcastle Heart, Hamilton | ✓ |
| TRANSCATHETER AORTIC VALVE IMPLANTATION | DR ROHAN BHAGWANDEEN Interventional Cardiologist, Newcastle Heart, Hamilton | ✓ |
| INTERACTION BETWEEN RENAL FAILURE AND CARDIAC FAILURE <ul style="list-style-type: none"> • Medications used • The balancing act required to fine tune the patients response | DR BOBBY CHACKO Director, Renal Services, John Hunter Hospital, New Lambton Heights | |
| HEART FAILURE | DR RAJINDER SINGH HARJIT SINGH Staff Specialist, Procedural Heart Failure Cardiologist, Maitland and John Hunter Hospitals and Hunter Cardiac Investigations, Adamstown | ✓ |
| INTERESTING CASE STUDIES | DR NICK COLLINS Cardiologist, Newcastle Adult & Paediatric Heart Centre, Lambton & Staff Specialist Cardiology, John Hunter Hospital, New Lambton Heights | ✓ |
| CT CALCIUM SCORE AND CTCA SCANS | DR STUART MURCH Cardiologist, Hunter Cardiac Investigations, Adamstown | |
| ELECTROPHYSIOLOGY (GADGETS) <ul style="list-style-type: none"> • Pacemakers, ICDs, apple watches and holter monitors | DR NICK JACKSON Cardiologist, Hunter Heart, New Lambton Heights | ✓ |

THANKS, ARE EXTENDED TO MEETING SPONSORS:



HPMI UPDATES 2023 CONTINUED

PAEDIATRIC UPDATE

25 MARCH 2023

Saturday 9.00 am - 4.00 pm.

HMRI Building, John Hunter Hospital Campus, New Lambton Heights



DrConvenor DR KATE THOMSON BOWE Deputy Director General Paediatrics & Adolescent Medicine, JHCH and Paediatrician, Specialised Intellectual Disability Health Team, Wallsend
Chair DR EHSAN MOZAFARI General Practitioner, Family Circle Medical Practice, Hamilton
Registrants 125 (includes 91 Streaming) 137 Participants (includes Speakers and Trades)


Trade Displays 6

HPMI is grateful to the following organisations

Streaming & Principal Sponsor – Valley to Coast Charitable Trust

3 Meeting Sponsors – Abbvie, GSK, Mundi Pharma

3 Trade Displays – Agency for Clinical Innovation & HNEkidshealth, Ego, HealthPathways

| | |
|---|--|
|  <p>HealthPathways below available to view via HPMI Online</p> | <p>✓ Handouts, presentations and/or video recordings are available on HPMI's website</p> <p>HPMI wishes to thank the following speakers</p> |
| <p>INFANT FEEDING – A SPEECH PATHOLOGY APPROACH</p> | <p>BRODIE HUGHES Speech Pathologist, John Hunter Children's Hospital, New Lambton BRITTANY LONG Community Speech Pathologist</p> |
| <p>CHILDHOOD GROWTH DISORDERS</p> | <p>DR KOMAL VORA Paediatric Endocrinologist, John Hunter Children's Hospital & Newcastle Paediatric Clinic, New Lambton</p> |
| <p>PUBERTY</p> | <p>DR PRUE LOPEZ Paediatric Endocrinologist, John Hunter Children's Hospital, New Lambton</p> |
| <p>CHILDHOOD HEARING</p> | <p>MEL DOWLING Paediatric Audiologist John Hunter Hospital, New Lambton EURA LIM Audiologist, John Hunter Hospital, New Lambton</p> |
| <p>ADHD SHARING CARE</p> | <p>DR SARAHN LOVETT General Paediatrician John Hunter Children's Hospital, New Lambton Heights & HNEKids ADHD Clinical Lead, HNEH</p> |
| <p>CONGENITAL RENAL TRACT OBSTRUCTION</p> | <p>DR ANEETHA PASUPATI Paediatric Surgeon, John Hunter Children's Hospital, New Lambton</p> |
| <p>COMMON PAEDIATRIC SURGICAL CONDITIONS</p> | <p>DR BRENDON BOWKETT Paediatric Surgeon, John Hunter Children's Hospital, New Lambton</p> |
| <p>INFLAMMATORY BOWEL DISEASE</p> | <p>DR LIZSA TAN Paediatric Gastroenterologist, John Hunter Children's Hospital, New Lambton DEIRDRE BURGESS Paediatric Dietitian, John Hunter Children's Hospital, New Lambton</p> |
| <p>COELIAC DISEASE</p> | <p>DR LIZSA TAN Paediatric Gastroenterologist, John Hunter Children's Hospital, New Lambton DEIRDRE BURGESS Paediatric Dietitian, John Hunter Children's Hospital, New Lambton</p> |

THANKS, ARE EXTENDED TO MEETING SPONSORS:



HPMI UPDATES 2023 CONTINUED

ENT UPDATE

24 JUNE 2023

Saturday 8.55 am - 3.30 pm

HMRI Building, John Hunter Hospital Campus, New Lambton Heights



Convenor DR DARON COPE Ear Nose and Throat Surgeon, Hunter ENT, Broadmeadow
Chair DR MOSES CHAN General Practitioner, Brunker Road General Practice
Registrants 96 (includes 68 Streaming) 117 Participants (includes Speakers and Trades)


Trade Displays 8

HPMI is grateful to the following organisations.

Streaming & Principal Sponsor – Valley to Coast Charitable Trust

5 Meeting Sponsors – GSK, Hunter Valley Private Hospital, Lingard Private, Maitland Private Hospital, Viatris

3 Trade Displays – Chiesi, Hunter Imaging Group, Ramsay Health

| | | |
|--|--|---|
|  <p>HealthPathways below available to view via HPMI Online</p> | <p>✓ Handouts, presentations <u>and/or</u> video recordings are available on HPMI's website</p> <p>HPMI wishes to thank the following speakers</p> | |
| ADULT HEARING LOSS | DR RITHVIK REDDY Ear Nose and Throat Surgeon, Hunter ENT, Broadmeadow | ✓ |
| PAEDIATRIC SINONASAL, PAEDIATRIC PATHOLOGY, PAEDIATRIC SLEEP DISORDERED BREATHING | DR NIAL JEFFERSON Ear Nose and Throat Surgeon, Ears Nose Throat Newcastle, Jesmond | ✓ |
| MALIGNANCY – HEAD AND NECK | DR ANDREW PASTUSZEK ENT Fellow | ✓ |
| DYSPHAGIA MANAGEMENT FOR THE GENERAL PRACTITIONER | DR RYAN WINTERS Ear Nose and Throat Surgeon, John Hunter Hospital, New Lambton Heights | ✓ |
| SINUSITIS AND NASAL OBSTRUCTION | DR TOBY CORLETTE Ear Nose and Throat Surgeon, Hunter ENT, Broadmeadow | ✓ |
| INDICATIONS FOR A TONSILLECTOMY, MANAGEMENT OF ACUTE OTITIS EXTERNA, NASAL CAUTERY AND OTHER COMMON ENT PROBLEMS | DR MONIQUE PARKIN Ear Nose and Throat Surgeon, The Junction | ✓ |
| EAR DISEASE IN CHILDREN | PROFESSOR KELVIN KONG Ear Nose and Throat Surgeon, Hunter ENT, Broadmeadow | ✓ |
| UPDATE ON HEALTH PATHWAYS <ul style="list-style-type: none"> Explore indications for referral and what can be managed in a primary care setting. Clarify red flag symptoms in health pathways | DR DARON COPE Ear Nose and Throat Surgeon, Hunter ENT, Broadmeadow | |

THANKS, ARE EXTENDED TO MEETING SPONSORS:



HPMI UPDATES 2023 CONTINUED

ADOLESCENT WOMEN'S HEALTH UPDATE

21 OCTOBER 2023

Saturday 8.15 am – 4.00 pm

HMRI Building, John Hunter Hospital Campus, New Lambton Heights



Convenor DR PENELOPE THOMAS O&G, Hunter Women's Health Centre, Charlestown
Chair DR KARLA RAJA General Practitioner, Providence Warners Bay
Registrants 115 (includes 76 Streaming) 125 Participants (includes Speakers and Trades)


Trade Displays 2

HPMI is grateful to the following organisations.

Streaming & Principal Sponsor – Valley to Coast Charitable Trust

1 Meeting Sponsors – NSW Health Pathology

2 Trade Display – Health Pathways and Myrtle Oak

| | | |
|---|--|---|
|  <p>HealthPathways below available to view via HPMI Online</p> | <p>✓ Handouts, presentations <u>and/or</u> video recordings are available on HPMI's website</p> <p>HPMI wishes to thank the following speakers</p> | |
| PREMENSTRUAL DYSPHORIC DISORDER (PMDD) | DR VERONICA KNIGHT O&G Fellow, John Hunter Hospital | ✓ |
| ENDOMETRIOSIS | DR ANGE BOULTON Gynaecologist, Lambton | |
| PAIN ASSESSMENT AND RED FLAGS: IMPROV CHRONIC PELVIC PAIN HEALTH OUTCOMES IN FUTURE GENERATIONS | DR KSENIA KATYK O&G, Specialist Pain Medicine Physician, Maternity and Gynaecology and HIPS, John Hunter Hospital | ✓ |
| CONTRACEPTION CHOICES FOR TEENS | DR SALLY SWEENEY General Practitioner, New Lambton Family Practice & Medical Lead, Family Planning Australia | ✓ |
| SEXUAL HEALTH IN YOUNG PEOPLE | DR SALLY WOODWARD General Practitioner & Sexual Health Physician, Newcastle Sexual Health | ✓ |
| TOO MUCH, TOO LITTLE, TOO LATE | DR ANGELA DUNFORD O&G, The Junction | ✓ |
| GENDER DIVERSITY | ASSOCIATE PROFESSOR KATIE WYNNE Endocrinologist, John Hunter Hospital | ✓ |
| ADOLESCENT EATING DISORDERS | DR ANITHA DANI Psychiatrist, Ramsay Lakeside Clinic & Port Stephens Specialist Centre, Nelson Bay | |
| ADOLESCENT NUTRITION | JODIE SHERATON Dietitian, Director Myrtle Oak Clinic Wallsend and Tuggerah | ✓ |
| YOUTH AOD USE & THE LATEST ON VAPING | DR KRISTA MONKHOUSE Paediatrician, Lake Macquarie Paediatrics, Warners Bay and Young Drug and alcohol Clinical Services Newcastle | ✓ |

THANKS, ARE EXTENDED TO THE MEETING SPONSOR:



HPMI UPDATES 2023 - WEBINARS

CHILD PROTECTION UPDATE

7 MARCH

2023

Wednesday 6.30 pm – 8.30 pm

Zoom Webinar



Chair DR EHSAN MOZAFARI

GP, Family Circle Medical Practice, Hamilton

Registrants 48

50 Participants (includes Speakers)

✓ Handouts, presentations and/or video recordings are available on HPMP's website

HPMP wishes to thank the following speakers

WHEN SHOULD I BE WORRIED?

- Signs of abuse and neglect in children
- Who's at higher risk?
- Other 'red flags' to be aware of

DR CHRIS VEDELER

Medical Lead of Community and Child Protection, HNEkidsHealth



WHAT DO I DO NOW?

- Using the Mandatory Reporter Guide
- CASACAL, Child Wellbeing Unit, Child Protection Team
- Talking with carers about making a report

HELEN BELL

Child Protection Clinical Nurse Consultant, John Hunter Children's Hospital



TRAVEL MEDICINE UPDATE

2 MAY 2023

Wednesday 6.30 pm – 7.35 pm

Zoom Webinar



Chair DR EHSAN MOZAFARI

GP, Family Circle Medical Practice, Hamilton

Registrants 82

82 Participants (includes Speaker)

✓ Handouts, presentations and/or video recordings are available on HPMP's website

HPMP wishes to thank the following speakers

TRAVEL MEDICINE

- How to organise a travel consultation
- Vaccination advice
- Malaria protection
- COVID travel
- Travel Kit to take.
- Online resources for travel information

DR PETER HOPKINS

MBBS (Hons) MMedSci (Epi) FRACGP, General Practitioner, Marketown Health, Newcastle West, Member of the International Society for Travel Medicine since 1991



GASTROENTEROLOGY UPDATE

20 SEPTEMBER

2023

Wednesday 6.30 pm – 8.30 pm

Zoom Webinar



Chair DR ERICA GOMES

GP, Cooks Hill Family Practice, Cooks Hill

Registrants 65

67 Participants (includes Speakers)

✓ Handouts, presentations and/or video recordings are available on HPMP's website

HPMP wishes to thank the following speakers

METABOLIC FATTY LIVER DISEASE

DR LAY THENG GAN

Staff Specialist Gastroenterology, John Hunter Hospital and Hunter Gastroenterology, Broadmeadow



DIAGNOSING AND MONITORING INFLAMMATORY BOWEL DISEASE IN 2023

DR TOM GOODSALL

Staff Specialist Gastroenterology, John Hunter Hospital, and Hunter Gastroenterology, Broadmeadow



OTHER MEETING UPDATE

RESPIRATORY MEETING

27 MAY 2023

Saturday 12.45 pm - 4.40 pm

HMRI Building, John Hunter Hospital Campus, New Lambton Heights



Convenor / Chair

DR EHSAN MOZAFARI

General Practitioner, Family Circle Medical Practice, Hamilton

Registrants

99 (includes 77 Streaming)

119 Participants (includes Speakers and Trades)

Trade Displays


7

HPMI is grateful to the following organisations

Streaming & Principal Sponsor – Valley to Coast Charitable Trust

5 Meeting Sponsors – AstraZeneca, Boehringer-Ingelheim, Chiesi, Sanofi, Viatrix

2 Trade Displays – GenesisCare, GSK

| | | | |
|---|---|---|---|
|  HealthPathways below available to view via HPMI Online | | ✓ Handouts, presentations <u>and/or</u> video recordings are available on HPMI's website HPMI wishes to thank the following speakers | |
| POST COVID RESPIRATORY ISSUES | DR SERGIO DIEZ ALVAREZ Specialist Physician, Director of General Medicine, Maitland Hospital | | |
| VIRTUAL KIDS | DR JUSTIN FRIEDMAN GP Clinical Lead, Virtual Kids Services | | ✓ |
| ASTHMA | DR ALEXANDER GORDON Respiratory & Sleep Physician, Newcastle Lung Group, Charlestown, Sleep Medicine Medical Practice, Charlestown | | ✓ |
| LUNG CANCER | DR DAVID ARNOLD Respiratory & General Physician, John Hunter Hospital, New Lambton | | ✓ |
| POST-VIRAL COUGH UPPER AIRWAYS DYSFUNCTION AND COPD | DR ALYSSA ARNOLD Respiratory & Sleep Physician, Newcastle Lung Group, Charlestown | | ✓ |

THANKS, ARE EXTENDED TO MEETING SPONSORS:



Boehringer
Ingelheim



VIATRIS

15th ANNUAL HEALTHCARE PROFESSIONALS' CONFERENCE AND EXHIBITION NEWCASTLE CITY HALL

The 2023 HPMI Newcastle Weekend was a great success with **141 Participants**. The Theme of the 2023 Weekend was **Urgent Care**. Thanks are extended to the Weekend Planning Committee for designing the program.

SPEAKERS

HPMI is grateful to all Speakers who gave of their time freely and help make this weekend such a success. A full list of Speakers and Presented, along with topics, is outlined over.

HPMI is especially grateful to our Plenary Speaker on Saturday 5 August, Professor Kelvin Kong, who spoke on **Otitis Media and Your Cases**, which was very well received.

141 PARTICIPANTS

24 Speakers & Convenors

117 Registrants

Breakdown

117 Registrants (16 absentees)

102 physically attended.

15 live streamed

Registrant Breakdown as follows:

- **81** General Practitioners
- **11** GP Trainees
- **17** Nurses
- **1** Health Students
- **5** Practice Managers
- **2** Allied Health Professionals*

* AHPs - 1x Occupational Therapist, 1x Physiotherapist

QI&CPD POINTS







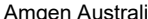













CPD for General Practitioners underwent a change for 2023. Instead of points, participants received hours in specific categories. EA & RP Sessions were approved with the RACGP and were indicated on the program. RP hours were only available to those attending face-to-face. If attending the entire conference, there was a total of 12 hours (EA: 6/MO: 0/RP: 6) available.

Certificates of Attendance were also provided for Registrants from other Certifying Bodies.


Handouts and videos available via HPMI's website ([HPMI Online](#)), where appropriate [HealthPathways](#) were highlighted in topics over the weekend as per following report.

HPMI NEWCASTLE WEEKEND 2023 - TRADE FAIR

HPMI Sponsors were allocated a trade display in the catering area as part of their 2023 Sponsorship. There were **19** organisations displaying, with over 31 representatives in attendance. HPMI is extremely grateful to the following organisations for their additional support.

| | | | |
|--|--|--|--|
|  | | Valley to Coast Charitable Trust were the conference sponsors. They provided complimentary membership for GP Trainees which allowed them to attend for free. They also supported the live streaming of this event | |
| Principal Sponsors | | | |
|  | |  | |
|  | | | |
| Session Sponsor | | | |
|  | |  | |
| Trade Displays | | | |
|     | |     | |
|     | |   | |

HPMI NEWCASTLE WEEKEND CONTINUED

| SATURDAY 5 AUGUST 2023 | | |
|---|---|---|
|  <p>HealthPathways below available to view via HPMI Online</p> | <p>✓ Handouts, presentations <u>and/or</u> video recordings are available on HPMI's website</p> <p>HPMI wishes to thank the following speakers</p> | |
| PLENARY – Otitis Media and Your Cases 1 CPD Hours (EA: 1/MO: 0/RP: 0) | Professor Kelvin Kong <i>Paediatric & Adult Otorhinolaryngology, Head & Neck Surgeon (Ear Nose and Throat Surgeon), Hunter ENT, Broadmeadow</i> | ✓ |
| URGENT CARE – OFFLOADING THE ED 1 CPD Hours (EA: 1/MO: 0/RP: 0) | Dr Tim Stewart <i>Emergency Medicine Physician and CEO and Medical Director of Heal Specialist Urgent Care, Newcastle West</i> | ✓ |
| MILD COGNITIVE IMPAIRMENT 1 CPD Hours (EA: 1/MO: 0/RP: 0) | Dr Sudeshi Wijethilaka <i>Staff Specialist Geriatric Medicine, John Hunter Hospital</i> | ✓ |
| DEALING WITH DIFFICULT PATIENTS 3 CPD Hours (EA: 3/MO: 0/RP: 0) | Simon Gould <i>Principal Instructor Medics for Life</i> | |
| VASCULAR EMERGENCIES inc VTE 1 CPD Hours (EA: 1/MO: 0/RP: 0) | Dr Senthil Kumar <i>Vascular Surgeon, Newcastle Vascular, Gateshead</i> | ✓ |
| ARTIFICIAL INTELLIGENCE IN MEDICINE 1 CPD Hours (EA: 1/MO: 0/RP: 0) | Dr Steven Bollipo <i>Director of Gastroenterology & Endoscopy, John Hunter Hospital</i> | ✓ |
| ADMINISTRATIVE RISKS 2 CPD Hours 2 CPD Hours (EA: 2/MO: 0/RP: 0) Identifying risk - administrative, clinical, and financial responsibilities within your practice Mitigating risk - Practical solutions, strategies, and processes Managing risk - Opportunities to enhance your business, turning negative into positive | Heidi Avery , Primary Care Improvement Officer, Hunter New England Central Coast Donna Block , Primary Care Improvement Officer, Hunter New England Central Coast Primary Health Network, Tamworth | |
| PAEDIATRIC RESPIRATORY (2 hours) INTERACTIVE CASE PRESENTATIONS AND PANEL DISCUSSION 2 CPD Hours (EA: 0.5/MO: 0/RP: 1.5) | Dr Ehsan Mozafari , General Practitioner, Family Circle Medical Practice, Hamilton Dr Tim Stewart , Emergency Medicine Physician and CEO and Medical Director Dr Mark Lee , Paediatrician and Emergency Physician, Director of ED, Lake Macquarie Private Hospital & Director Paediatric Training JHH ED | |
| THE TIRED PATIENT (2 hours) INTERACTIVE CASE PRESENTATIONS AND PANEL DISCUSSION 2 CPD Hours (EA: 0.5/MO: 0/RP: 1.5) | Dr Shyamala Pradeepan , Senior Staff Specialist, Department of Respiratory and Sleep Medicine, John Hunter Hospital and Sleep Medicine Medical Practice, Charlestown, Dr Kirsten Murray , Endocrinologist, Hunter Endocrinology Dr Kate Rankin , Staff Specialist Haematologist, Calvary Mater Hospital Newcastle, and NSW Health Pathology (JHH) Dr Tony Saltis , General Practitioner, Bruner Road General Practice, Adamstown | |
| CPR (2.5-hour session) 2.5 CPD Hours (EA: 2.5/MO: 0/RP: 0) | Simon Gould <i>Principal Instructor, Medics for Life</i> | |

HPMI NEWCASTLE WEEKEND CONTINUED





| SUNDAY 6 AUGUST 2023 | | |
|--|---|--|
|  <p>HealthPathways below available to view via HPMI Online</p> | | |
| <p>✓ Handouts, presentations <u>and/or</u> video recordings are available on HPMI's website</p> <p>HPMI wishes to thank the following speakers</p> | | |
| HEADACHES (2 hours) INTERACTIVE CASE PRESENTATIONS AND PANEL DISCUSSION 2 CPD Hours (EA: 0.5/MO: 0/RP: 1.5) | Dr Saif Alkadhi , Emergency Physician Maitland Hospital & General Practitioner, Abermain Surgery Dr Elizabeth Pepper , Director of Neurology and Neurology Staff Specialist JHH Dr John Prickett , Specialist Pain Management Physician Northern Integrated Pain Management Dr Ehsan Mozafari , General Practitioner, Family Circle Medical Practice, Hamilton | |
| HAEMATOLOGY (2 hours) INTERACTIVE CASE PRESENTATIONS AND PANEL DISCUSSION 2 CPD Hours (EA: 0.5/MO: 0/RP: 1.5) | Dr Karan Makhija , Haematologist, Hunter Valley Haematology, Cooks Hill and Staff Specialist Haematology, Calvary Mater Newcastle Dr Milton Sales , General Practitioner, Bruncker Road General Practice, Adamstown | |
| FRACTURE MANAGEMENT (2 hours) INTERACTIVE CASE PRESENTATIONS AND PANEL DISCUSSION 2 CPD Hours (EA: 0.5/MO: 0/RP: 1.5) | Dr Tim Stewart , Emergency Medicine Physician and CEO and Medical Director of Heal Specialist Urgent Care, Newcastle West Chris Morton , Physiotherapist, Ethos Health, Wickham Dr Seth Tarrant , Orthopaedic Surgeon, Cooks Hill Dr Ehsan Mozafari , General Practitioner, Family Circle Medical Practice, Hamilton | |
| HEART FAILURE (2 hours) INTERACTIVE CASE PRESENTATIONS AND PANEL DISCUSSION 2 CPD Hours (EA: 0.5/MO: 0/RP: 1.5) | Dr Heather Cooke , Cardiologist, Newcastle Heart, Hamilton & Staff Specialist Cardiologist, John Hunter Hospital Ms Gayleen Stephens , Cardiology Nurse Practitioner, Lingard Private Hospital Dr Milton Sales , General Practitioner, Bruncker Road General Practice, Adamstown | |
| VOLUNTARY ASSISTED DYING (2 hours) INTERACTIVE CASE PRESENTATIONS AND PANEL DISCUSSION 2 CPD Hours (EA: 0.5/MO: 0/RP: 1.5) | Dr Rachel Hughes , Director of Palliative Care, Calvary Mater Newcastle Dr Fiona Boyd , General Practitioner and Palliative Care VMO Jeanette Lacey , End of Life Nurse Practitioner, John Hunter Hospital Dr Milton Sales , General Practitioner, Bruncker Road General Practice, Adamstown | |

NURSING CPD 2023

Evening Meetings 6.30 – 8.30 pm Held via Zoom Webinar

HPMI continued delivery of education for Practice Nurses in 2023. Education was designed by a Nursing CPD Planning Committee. HPMI Members were entitled to free registration. Meeting format was two hours of education on Thursday evenings. HPMI houses handouts and recordings of meetings on our website and attendees and HPMI members can access these for free. [Relevant HealthPathways are also highlighted on HPMI's website.](#)

In 2023 there were 182 attendances at Nursing CPD by 93 Individual Health Professionals.

| | DATE | Streamed | PRESENTER/S | HealthPathways | WEB |
|--|----------|----------|---|--|---|
| OVERVIEW OF DISEASE STATES AND MANAGEMENT Chairperson Sandra Fitzgerald ZOOM | 23.02.23 | 38 | GAURI GODBOLE Specialist Clinical Pharmacist in Aged Care, NSW Health, Gosford Hospital | <ul style="list-style-type: none"> Polymyalgia Rheumatica (PMR) |  |
| CHRONIC KIDNEY DISEASE MONITORING AND MANAGEMENT Chairperson Lesli Dunncliff ZOOM | 25.05.23 | 35 | DR THIDA MAUNG MAUNG MYI Staff Specialist, Nephrology and Acute Transplantation, John Hunter Hospital | <ul style="list-style-type: none"> Chronic Kidney Disease (CKD) in adults Prescribing in Renal Impairment Nephrology Referrals |  |
| NAVIGATING CONVERSATIONS ABOUT WEIGHT WITHIN A HEALTHY BODY POSITIVE FRAMEWORK Chairperson Lesli Dunncliff ZOOM | 29.06.23 | 16 | DR JANE WATSON Senior Dietitian, Ethos Health, Wickham MELISSA WEISMANTEL Clinical Psychologist, Denison Practice Hamilton | | |
| WOUND CARE UPDATE Chairperson Lesli Dunncliff ZOOM | 26.10.23 | 75 | MARGO ASIMUS Wound Management Nurse Practitioner, Wound Education Clinical Training Made Easy | <ul style="list-style-type: none"> Burn Injuries Lacerations Leg Ulcers Pressure Injury in Spinal Cord Injury Skin Tears Chronic and Non-healing Wounds Wound Management Products Wound Care Referrals Tetanus Prone Wound Management Wound care |  |
| IDENTIFYING AND RESPONDING TO CHILD ABUSE AND NEGLECT Chairperson Lesli Dunncliff ZOOM | 16.11.23 | 18 | DR CHRIS VEDELER Staff Specialist Paediatrician, John Hunter Children's Hospital HELEN BELL Child Protection Clinical Nurse Consultant, Hunter Children's Hospital | <ul style="list-style-type: none"> Child or Young Person at Risk |  |

PRACTICE ADMINISTRATION CPD 2023

Evening Meetings 6.30 – 8.30 pm
Held via Zoom Webinar

HPMI continued delivery of education for Practice Administration in 2023. Education was designed by an Administration CPD Planning Committee. HPMI Members were entitled to free registration. Meeting format was two hours of education, on Thursday evenings. HPMI houses handouts and recordings of meetings on our website and attendees and HPMI members can access these for free.

In 2023 there were 276 attendances at Practice Administration CPD by 237 Individual Health Professionals.

| | DATE | Streamed | PRESENTER/S | WEB |
|---|----------|----------|---|-----|
| MEDICARE BENEFITS SCHEDULE (MBS) OVERVIEW Chairperson Sydney Cruikshank ZOOM | 16.03.23 | 125 | HEIDI AVERY Primary Care Improvement Officer, Hunter New England Central Coast Primary Health Network, Broadmeadow DR MICHELLE REDFORD PHN GP Advisor, Broadmeadow | ✓ |
| CARING FOR THE CARER Chairperson Sydney Cruikshank ZOOM | 18.05.23 | 18 | WENDY HILL Education, Development & Training Officer, Carers NSW, North Sydney | ✓ |
| CURRENT ACCREDITATION HOT TOPICS Chairperson Sydney Cruikshank ZOOM | 15.06.23 | 51 | RENEE WOOD Primary Care Improvement Officer, PHN Hunter New England and Central Coast MICHELLE MCDONNELL Program Manager, Quality Practice Accreditation Pty Ltd, Gundagai | ✓ |
| EMERGING RISKS FOR AUSTRALIAN HEALTHCARE PRACTICES | 14.09.23 | 23 | ANGELA MASON-LYNCH Risk Advisor, Avant Mutual GAIL WANG Risk Advisor, Avant Mutual | ✓ |
| CULTURAL AWARENESS FOR GENERAL PRACTICE STAFF Convenor Jenny Pearson ZOOM | 02.11.23 | 59 | JAMIE-LEE NORRIS , First Nations Health Access Officer, The PHN, New England Area ROBBIE WATSON , First Nations Health Access Officer, The PHN, Hunter/Mid Coast Area | ✓ |

PRACTICAL COURSES 2023

Evening Meetings

Held at: **BRUNKER ROAD MEDICAL CENTRE, Adamstown**

HPMI continued to hold Ear Pathology and Wax Management Courses. These Courses included two hours of practical education. Registrants were also required to complete an Online Component of the Course to Receive Certificates of Completion from HPMI.

HPMI would like to extend our sincere thanks to Dr Milton Sales, OAM, Ms Maureen O'Neill, for their contributions for these Courses.

| TOPIC | DATE | Registrants | PRESENTER/S |
|---|----------|-------------|--|
| <i>In 2023 there were 56 attendances at the following 3 Practical Courses (54 by individuals)</i> | | | |
| 1 - Ear Pathology and Wax Management | 30.03.23 | 15 | Dr Milton Sales and Ms Maureen O'Neill |
| 2 - Ear Pathology and Wax Management | 15.08.23 | 20 | Dr Milton Sales and Ms Maureen O'Neill |
| 3 - Ear Pathology and Wax Management | 20.11.23 | 21 | Dr Milton Sales and Ms Maureen O'Neill |

CERTIFICATE COURSES 2023

Evening Meetings

Held at: **COUNCIL ROOM, IDC Building, University of Newcastle**

HPMI continued to hold CPR – Resuscitation Skills for General Practice, Triage in General Practice and Dealing with Difficult Patients Courses with Trainer Mr Simon Gould, Principal Lecturer from Medics for Life in 2023. CPD Points were applied for by Medics for Life for these courses.

In 2023 there were 119 attendances at the following 7 Meetings (91 individuals)

| TOPIC | DATE | Attended | PRESENTER/S |
|--|----------------------|----------|--|
| 1 - CPR – Resuscitation Skills in General Practice | 7.02.23 | 21 | Mr Simon Gould Principal Lecturer, Medics for Life |
| 2 - CPR – Resuscitation Skills in General Practice | 14.03.23 | 10 | Mr Simon Gould Principal Lecturer, Medics for Life |
| 3 - Triage for General Practice | 7.05.23 | 12 | Mr Simon Gould Principal Lecturer, Medics for Life |
| 4 - CPR – Resuscitation Skills in General Practice | 9.05.23 | 14 | Mr Simon Gould Principal Lecturer, Medics for Life |
| 5 - Triage for General Practice - Webinar | 23.05.23 30.05.23 | 31 | Mr Simon Gould Principal Lecturer, Medics for Life |
| 8 - CPR – Resuscitation Skills in General Practice | 5.09.23 | 15 | Mr Simon Gould Principal Lecturer, Medics for Life |
| 9 - CPR – Resuscitation Skills in General Practice | 12.10.23 | 16 | Mr Simon Gould Principal Lecturer, Medics for Life |

WOMEN'S HEALTH INTEREST GROUP 2023

This group replaced the **CLUB** format of education but still enables Health Practitioners, mainly General Practitioners, to concentrate on one area of interest. Registration was Free thanks to sponsors who also provided the lunch.

HPMI applied for 4 QI&CPD hours from the RACGP for participants.

| 14 October 2023 – 14 Registrants | |
|---|---|
| Menopause Matters | Dr Geoff Otton , Gynaecological Oncologist, Lambton Women's Health, Lambton |
| Pelvic Floor Surgery | Dr Andrew Hedges , Gynaecologist & Infertility Specialist, The Heights Private Medical Centre, New Lambton Heights |
| Improving Health for those Living with High Weight | Dr Cathy Harbury , Weight Loss Surgery Dietitian, Surgery Central and Shine Dietetics, Gateshead |
| Common Gynaecological Conditions | Dr Malcolm Godfrey , Obstetrician & Gynaecologist, Newcastle Private Medical Centre, New Lambton Heights |
| Antenatal HealthPathways | Dr Joanne Wood , General Practitioner and Clinical Editor HealthPathways |
| Pregnancy Options & MTOP Prescribing | Dr Kate Haggard , General Practitioner, Brightwell Health, Charlestown |

HPMI is extremely grateful to Hunter IVF and Besins Healthcare for sponsoring this Meeting

CLUSTERS 2023

Held either by ZOOM or in practices, at convenient times and open to the whole practice team, HPMI continued to provide this Continuing Professional Development, suitable for practice teams, for FREE! HPMI provided QI&CPD points from the RACGP and ACRRM and facilitated application for points from other health bodies.

HPMI wishes to thank all speakers involved in our Cluster meetings for their hard work and commitment to providing this education throughout our region.

Thanks, are also extended to those practices who hosted a Cluster in their rooms and to the Cluster Sponsors listed below.

| BELMONT | Jewells Medical Centre | Tuesday 8-9 am | Sponsored by Amgen, Bayer, Chiesi, Hunter Imaging Group, Lake Macquarie Private Hospital, Pfizer, Seqirus, Servier |
|--------------------------------|-------------------------------|--|---|
| 7 February | Dr Brett Locker | Hormone Replacement Therapy | 7 |
| 21 February | Dr Ross Cairns | Assessment and management of common shoulder issues incl rotator-cuff related pain, bursitis, and frozen shoulder | 8 |
| 7 March | Dr Marcus Handmer | Stones, prostates, retention, and stent regret. Urology updates | 5 |
| 21 March | Scarlett Gray | Body Image and Diet from Tween to Adult | 8 |
| 4 April | Shannon Richardson | Safe and Healthy: A DFV Primary Care Initiative | 3 |
| 9 May | Dr Scott Quadrelli | The Role of CTCA and Calcium Scoring in General Practice | 7 |
| 23 May | Dr Mandy Wisely | Preventing transition to chronic post-surgical pain | 6 |
| 6 June | Dr Stuart MacKenzie | Non-operative treatment of hip and knee arthritis. What works and what doesn't | 7 |
| 20 June | Dr Melanie Webb | Case Studies in Breast Cancer and Melanoma | 8 |
| 25 July | Dr Rashi Malesu | Reds and Browns - Skin Concerns and Management with Medical Treatment and Energy-based Devices. | 7 |
| 8 August | Dr Simon Whitcher | Bariatric Surgery and its Relationship with Cancer | 9 |
| 22 August | Dr Cillian Suiter | When is CBD Medication for Chronic Pain Warranted | 8 |
| 5 September | Dr Patrick Lim | Back Pain and Scoliosis | 8 |
| 19 September | Dr Dhan Thiruchelvam | Current Evidence in Weight Loss Management Medications & Surgery | 6 |
| 10 October | James Wallace | Managing Neck Pain in General Practice - What can we learn from fighter pilots who demand a lot from their necks, and from their treating clinicians | 7 |
| 24 October | Dr Pat McQuillan | Antireflux and Hiatus Hernia | 3 |
| 7 November | Valerie Gent | Supporting caregivers on commonly asked feeding questions including tongue ties and fussy eating | 9 |
| 21 November | Dr Tanya Burgess | A Tour of the Hand. A Refresh and Update on Common Hand and Wrist Conditions | 9 |
| 5 December | Dr Alex Gordon | Hypersomnia/Narcolepsy - Diagnosis and Treatment | 5 |
| 13 Individual attendees | | Total Registrants | 130 |

| CHARLESTOWN | Charlestown Library | Wednesday 1-2 pm | Sponsored by: Amgen, Bayer, Besins Healthcare, Chiesi, Lake Macquarie Private Hospital, Organon, Pfizer, Seqirus |
|--------------------------------|-----------------------------------|---|---|
| 8 February | Dr Ross Cairns | Assessment and management of common shoulder issues incl rotator-cuff related pain, bursitis, and frozen shoulder | 10 |
| 22 February | Dr Melanie Webb | Case Studies in Breast Cancer and Melanoma | 8 |
| 8 March | Padma | Parkinson's Disease in the older person | 14 |
| 22 March | Adam Glascock | Update in Podiatry – Paediatrics. Swift Microwave Wart Management and more! | 7 |
| 10 May | Dr Mark Russo | Persistent Pain after Surgery - how to assess and what to do | 8 |
| 24 May | Dr Dhan Thiruchelvam | Current Evidence in Weight Loss Management Medications & Surgery | 5 |
| 14 June | Dr Mandy Wisely | Avoiding Prescribing Harm | 8 |
| 28 June | Dr Gwilym Morris | Athletes, Exercise and Arrhythmia. | |
| 26 July | Dr Gracia Chong & Dr Brett Locker | Myth Busters | 9 |
| 9 August | Scarlett Gray | Irritable bowel syndrome and how a dietitian can help | 9 |
| 23 August | Emma Croker | Bone Densities and Challenges in Therapy | 9 |
| 13 September | Dr Mike Fay | Management of Brain Mets | 7 |
| 11 October | Dr Patrick Lim | Back Pain and Scoliosis | 9 |
| 25 October | Dr Joh Van Der Kallen | Rheumatology Update | 8 |
| 8 November | Dr Tanya Burgess | A Tour of the Hand. A Refresh and Update on Common Hand and Wrist Conditions | 7 |
| 6 December | Dr Gwilym Morris | Athletes, Exercise and Arrhythmia. Does exercise cause arrhythmia, and can my patients keep being active? | 6 |
| 27 Individual attendees | | Total Registrants | 124 |

| FORSTER | Great Lakes Room, Club Forster & ZOOM | Wednesday 7.30 – 8.30am | Sponsored by: Amgen, Bayer, Besins Healthcare, Seqirus |
|-------------------------|---------------------------------------|--|--|
| 15 February | Dr Pavan Thaneeru | Heart Failure delivered at GP level | 17 |
| 15 March | Dr Carlos Garcia Esperon | Update in Stroke / TIA management | 17 |
| 17 May | Dr Susan Winspear | Women's Health Update - PCOS, Infertility and more | 9 |
| 21 June | Dr Cillian Suiter | Lower Back Pain Management – Specifically who benefits from CT guided injections and where do we put them? | 10 |
| 19 July | Dr Thida Myint | Management of Chronic Kidney Disease - Including Transplant and Dialysis | 7 |
| 16 August | Dr Sathya Nookala | Falls in the Elderly - Clinical Approach | |
| 20 September | TBA | Women's Health Topic TBA | |
| 18 October | Dr Simon Holliday | Understanding Opioid Receptor Science Untangles Chronic Pain and Dependency Management | 8 |
| 15 November | Dr Adam Woodbridge | Soft Tissue Conditions around the Hip and the Knee | 8 |
| 6 December | Dr Sathya Nookala | Falls in the Elderly - Clinical Approach | 13 |
| 42 Individual attendees | | Total Registrants | 89 |

| HAMILTON | Hamilton Doctors | Thursday 1-2pm | Sponsored by Amgen, Besins Healthcare, Chiesi, Pfizer, Seqirus, Servier |
|-------------------------|------------------|---|---|
| 23 February | Dr Sophia Roser | Normal Pressure Hydrocephalus | 11 |
| 30 March | Dr Damian Smith | Medical Cannabis 101 | 10 |
| 25 May | Dr Wojt Janowski | 3 Critical Considerations for Managing Blood Clotting: MGUS Diagnosis, Unprovoked DVT Treatment, and Clot Screening | 15 |
| 29 June | Dr Marc Russo | Is there any benefit of Palexia over Endone and the rate of problems with short acting V's long-acting opioids | 9 |
| 27 July | Dr Emma Croker | Approach to Thyroid Nodules | 10 |
| 31 August | Dr Rashie Malesu | Reds and Browns - Skin Concerns and Management with Medical Treatment and Energy-based Devices. | 8 |
| 26 October | Dr Tania Morgan | Pelvic Organ Prolapse | 8 |
| 23 November | Dr Gwilyn Morris | Athletes, Exercise and Arrhythmia. Does exercise cause arrhythmia, and can my patients keep being active? | 14 |
| 20 Individual Attendees | | Total Registrants | 85 |

| MAITLAND | Muse Kitchen & Maddies of Bolwarra | Tuesday 7-9pm | Sponsored by Amgen, Besins Healthcare, Hunter Imaging Group, Seqirus |
|-------------------------|------------------------------------|---|--|
| 14 February | Dr Jacqui Chirgwin Wendy Brown | Standards of Excellence in the Treatment of Venous Disorders Standards of Excellence in Specialised Vascular Ultrasound Services | 15 |
| 14 March | Dr Lior Sagi | What's happening in Dermatology | 12 |
| 16 May | Dr Malanie Hettiarachchi | Overview of Allergic and Atopic Disorders | 20 |
| 13 June | Dr Lynette Reece | Hip and Knee Replacements | 13 |
| 15 August | Dr Cillian Suiter | | |
| 12 September | Shirley Chen & Susan Winspear | Heavy Menstrual Bleeding & Hot Topics in IVF | 19 |
| 19 October | Dr Zoheb Williams | How Common Vascular Surgical Conditions Present, and When to Refer | 19 |
| 15 November | Dr Anna Wilkes | Exploring the Rear View: Proctology and the Latest in Colorectal Cancer Screening | 12 |
| 42 Individual attendees | | Total Registrants | 110 |

| NEWCASTLE | Newcastle Family Practice | Thursday 1-2 pm | Sponsored by: Amgen, Chiesi, iNova, Seqirus |
|-------------------------|---------------------------|---|---|
| 2 February | Dr Tom Wellings | Vertigo | 6 |
| 2 March | Dr Steven Reid | Management of common shoulder complaints, with specific updates on rotator cuff tears and adhesive capsulitis | |
| 4 May | Dr Stuart Mackenzie | Non-operative treatment of hip and knee arthritis. What works and what doesn't | 14 |
| 1 June | Dr Damian Smith | Medical Cannabis 101 | 4 |
| 3 August | | | |
| 7 September | Dr Mark Russo | Balancing Pain Management: De-Prescribing Narcotics and Safe Spinal Injections, with a Focus on Cervical Spine Concerns | 5 |
| 2 November | Valerie Gent | Supporting Caregivers on Commonly asked Feeding Questions Including Tongue Ties and Fussy Eating | 6 |
| 18 Individual attendees | | Total Registrants | 35 |

CLUSTERS 2023 CONTINUED

| NEW LAMBTON | New Lambton Family Practice | Thursday 8.00-9.00am. | Sponsored by: Hunter Imaging Group, GSK & Indivior |
|------------------------|-----------------------------|--|--|
| 23 February | Dr Steven Reid | Assessment and Management of Common Shoulder Complaints | 8 |
| 30 March | Dr Marcus Handmer | Stones, Prostates, Retention and Stent Regret. Urology updates | 5 |
| 27 April | Dr Cillian Suiter | CBD Why, When and What Clinical Indication of Prescribing | 6 |
| 25 May | Dr Patrick Lim | Back Pain and Scoliosis | 7 |
| 29 June | Dr Valerie Gent | Supporting caregivers on commonly asked feeding questions including tongue ties and fussy eating | 5 |
| 27 July | Dr Scott Cairns | Plastic Surgery in the Hunter | 4 |
| 31 August | Dr Dhan Thiruchelvam | Current Evidence in Weight Loss Management Medications & Surgery | 4 |
| 26 October | Dr Emma Croker | Bone Densities and Challenges in Therapy | |
| 23 November | Dr Rashi Malesu | Reds and Browns – Skin Concerns and Management with Medical Treatment and Energy-based Devices. | |
| 9 Individual attendees | | Total Registrants | 39 |

| PORT STEPHENS | Tomaree Library & Community Centre | Wednesday 8-9 am | Sponsored by: Amgen, Bayer, Besins Healthcare |
|------------------------|------------------------------------|---|---|
| 1 February | Dr Andrew Hedges | Women's Health Part 2 | 3 |
| 4 March | Dr Gwilyn Morris | Athletes, Exercise and Arrhythmia. Does exercise cause arrhythmia, and can my patients keep being active? | |
| 5 April | | | |
| 3 May | HIG Speaker | | |
| 7 June | | | |
| 2 August | | | |
| 6 September | Stuart Mackenzie | | |
| 11 October | | | |
| 1 November | | | |
| 3 Individual attendees | | Total Registrants | 3 |

| RAYMOND TERRACE | Raymond Terrace Family Practice | Thursday 8-9 am | Sponsored by Amgen, Healthscope, Hunter Imaging Group, iNova, Pfizer, Seqirus |
|-------------------------|---------------------------------|---|---|
| 9 February | Dr Malcolm Godfrey | Preconception and Fertility Counselling | 4 |
| 9 March | Dr Cillian Suiter | What is happening in the Stimulation Space | 5 |
| 11 May | Dr Ross Cairns | Exercise-Induced Leg Pain: What are shin splints? | 8 |
| 8 June | Dr Emma Croker | Approach to Thyroid Nodules | 9 |
| 10 August | Dr Stuart MacKenzie | Non-operative treatment of hip and knee arthritis. What works and what doesn't | 9 |
| 14 September | Dr Rashi Malesu | Reds and Browns - Skin Concerns and Management with Medical Treatment and Energy-based Devices. | 9 |
| 12 October | Dr Kathleen Melville | Navigating Bone Marrow Pathologies: Knowing When to Suspect, Refer, or Consider Referral | 9 |
| 9 November | James Wallace | Managing Low Back Pain - A Research Update | 9 |
| 22 Individual attendees | | Total Registrants | 62 |

| SWANSEA | Swansea Channel Doctors | Thursday 7.45-8.45am | Sponsored by: Amgen, Bayer, Chiesi, Hunter Imaging Group, iNova, Lake Macquarie Private Hospital, Pfizer |
|-------------------------|-------------------------|--|--|
| 2 February | Dr Marcus Handmer | Update on Prostate Cancer | 4 |
| 2 March | Dr Stuart MacKenzie | Non-operative treatment of hip and knee arthritis. What works and what doesn't | 4 |
| 4 April | Dr Steven Reid | The Young, and the Not so Young: Paediatric Sports Medicine and Tendinopathies | 6 |
| 4 May | Dr Malcolm Godfrey | Male Infertility | 2 |
| 8 June | Dr Ushank Ranasinghe | Endocrine Update for Primary Care | 4 |
| 3 August | Dr Zoheb Williams | How Common Vascular Surgical Conditions Present, and When to Refer | 4 |
| 7 September | Kate Beatty | Tackling headaches and migraines head on | |
| 2 November | Matt Mason | Palliative Radiation Therapy for Head and Neck Patients | 5 |
| 7 December | Valerie Gent | Supporting caregivers on commonly asked feeding questions including tongue ties and fussy eating | |
| 10 Individual attendees | | Total Registrants | 29 |

CLUSTERS 2023 CONTINUED

| TAREE | Raw Sugar Café, Taree | Thursday 7.30-8.30am | Sponsored by AMGEN, HIG, Seqirus, Servier, & WBPH |
|-------------------------|---------------------------|--|---|
| 22 June | Dr Zac Fuller | Assessing Behaviour in Children | 8 |
| 20 July | Dr Giovana Celli-Matchett | Oncology: New Drugs, New Toxicities | 10 |
| 21 September | Dr Uzma Mamoon | Diabetes in Pregnancy | 11 |
| 16 November | Dr Jon Cohen | A Quiet Day at the Beach – A Mixed Bag of Summer Themed Case Studies | 10 |
| 19 Individual attendees | | Total Registrants | 39 |

| WARNERS BAY | Providence Medical Centre | Wednesday 1-2pm | Sponsored by: Amgen, Bayer, Lake Macquarie Private Hospital, Pfizer, Seqirus, Servier |
|-------------------------|---------------------------|---|---|
| 1 February | Dr Tania Morgan | Pelvic Organ Prolapse | 4 |
| 1 March | Ben West & Scarlett Gray | ARE YOU HAPPY WITH YOUR WEIGHT? Discussing overweight and obesity with your patients | 8 |
| 5 April | Dr Ross Cairns | A Deep Dive into Stress Fractures | 7 |
| 3 May | Dr Sarah Vanniasingham | Psychosis - Diagnosis and approach to Management (Adults) | 5 |
| 7 June | Dr Gwilyn Morris | Athletes, Exercise and Arrhythmia. Does exercise cause arrhythmia, and can my patients keep being active? | 7 |
| 2 August | Dr Jill Orford | Hypospadias, Foreskins, Undescended Testes | 6 |
| 6 September | Dr Cillian Suiter | The Importance of Identifying CRPS Early | 9 |
| 1 November | Dr Eric Wegener | Updates in Prostate and Breast Cancer treatments | 5 |
| 6 December | Dr Pat McQuillan | Anti Reflux and Hiatus Hernia | 5 |
| 18 Individual attendees | | Total Registrants | 56 |

| WESTLAKES | Boulevard Family Practice | Thursday 7.30-8.30am | Sponsored by: Bayer, Chiesi, Hunter Imaging Group, Lake Macquarie Private Hospital, Seqirus |
|---|---------------------------|--|---|
| 16 February | Dr Tania Morgan | Pelvic Organ Prolapse | |
| 16 March | Dr Stuart MacKenzie | Non-operative treatment of hip and knee arthritis. What works and what doesn't | 7 |
| 18 May | Dr Cillian Suiter | Cervicogenic Headaches | 4 |
| 15 June | Dr Steven Reid | Common Paediatric and Adolescent Musculoskeletal Conditions | 5 |
| 20 July | Tania Morgan | Pelvic Organ Prolapse | 4 |
| 17 August | Dr Marcus Handmer | New(er) solutions to the old problems. Stones, LUTS and Cancer - Fast Urology Updates for 2023 | 3 |
| 21 September | Dr Scott Quadrelli | The Role of CTCA and Calcium Scoring in General Practice | 3 |
| 19 October | Dr Jill Orford | Hypospadias, Foreskins, Undescended Testes | 4 |
| 16 November | Dr Paul Mansfield | Rheumatology Update | |
| 9 Individual attendees | | Total Registrants | 30 |
| Total Registrants at above Clusters in 2023 | | | 832 |

CLUSTERS 2023 CONTINUED

| BRUNKER ROAD CASE STUDIES– BRGP, every Friday from 8.00-9.00 am | | | |
|---|------------------------|---|-----|
| 6 January | | Pharmacology | 7 |
| 13 January | | Genital Herpes, DVT & Anticoagulation, Paediatric Fractures | 6 |
| 20 January | | Iron Overload, Post cholecystectomy complications | 7 |
| 27 January | | Lung Cancer and how the Soul Café runs | 15 |
| 3 February | | Head and Neck cancer | 15 |
| 10 February | | Alcohol withdrawal and Salivary gland cancer cases | 13 |
| 17 February | Dr Mandy Wisely | Palliative Care and Pain Specialist | 12 |
| 3 March | Dr Stephen Sutton | ADHD Guidelines with Focus on Adult ADHD | 16 |
| 10 March | Dr Ben Ewald | Literature Review – Evidence of Masks & Virus Transmission | 15 |
| 17 March | Dr Peter Miles | Skin Cancer and Dermoscopy | 17 |
| 31 March | | Enlarged Spleen in 2 yo; Driving and Dementia | 10 |
| 28 April | Dr Mark De Souza | Case Studies | 12 |
| 5 May | Dr Michael Sales | Chronic Disease Management; Fistulising Crohns Disease | 17 |
| 12 May | Dr Graeme Horton | Case Studies | 12 |
| 19 May | Dr Kristen Klimpsch | Weight Loss Medications | 12 |
| 26 May | | Cases – PSA Screening, Sent Referrals and Post Cancer Rehab | 15 |
| 2 June | Dr Robert Hungerford | Congestive Heart Failure | 17 |
| 9 June | Dr Alison Lancey | Domestic Violence, Primary Health Network | 16 |
| 16 June | Dr Ray Marasoosai | COPD – an update | 12 |
| 7 July | Dr Bobby Chako | Topic cases of renal failure | 14 |
| 14 July | Dr Tom Lyford | 14 yo Chest Pain | 13 |
| 28 July | Dr Chris Rowe | Thyroid Disease | 12 |
| 4 August | Dr Alison Lancey | Domestic and Family Violence Training | 12 |
| 1 September | | Coronary Artery Disease | 12 |
| 8 September | | Case studies | 11 |
| 15 September | Dr Sophia Roser | Radiculopathy | 14 |
| 22 September | | Case studies | 10 |
| 13 October | Professor John Brennan | Lung Function | 9 |
| 20 October | Dr Kristen Klimpsch | Case studies | 9 |
| 27 October | | Case studies | 8 |
| 10 November | | Case studies | 12 |
| 17 November | | Case studies | 13 |
| 24 November | | Case studies | 8 |
| 1 December | Dr Simon Witcher | Bariatric Surgery Advances | 12 |
| 8 December | | Voluntary Assisted Dying | 12 |
| 15 December | Georgia Gardiner | Lyt Health | 8 |
| 22 December | Dr John Marley | Rural Medicine | 13 |
| 30 Individual attendees | | Total Registrants | 448 |

MIRENA COURSES 2023

Evening Meetings

A two-hour practical session, where participants learnt how to assess a patient for suitability of a Mirena Inter-uterine device. The Sessions also included a practical component involving hands on instruction on insertion.

After attending the practical session, participants were invited to review the information gained in this course and complete an online assessment to receive a Certificate of Completion from HPMI.

In 2023 42 Individual Health Professionals undertook this training via HPMI.

| | | | |
|--------------|----|-------------|--|
| 6 March | 10 | Registrants | Brunker Road Medical Centre, 1/282 Brunker Rd, Adamstown |
| 5 June | 10 | Registrants | Brunker Road Medical Centre, 1/282 Brunker Rd, Adamstown |
| 11 September | 9 | Registrants | Brunker Road Medical Centre, 1/282 Brunker Rd, Adamstown |
| 30 October | 11 | Registrants | Brunker Road Medical Centre, 1/282 Brunker Rd, Adamstown |

HPMI wishes to thank the following resource people

DR GEOFF OTTON, *Obstetrician & Gynaecologist, Newcastle Colposcopy Centre, Lambton*

DR MOHAMED GALAL, *Obstetrician & Gynaecologist, Brunker Road Medical Practice, Adamstown*

DR MILTON SALES, *OAM General Practitioner, Brunker Road Medical Practice, Adamstown*

HPMI is extremeley grateful to Bayer Australia Limited for sponsoring this Series



CONFERENCE ORGANISATION

HPMI is happy to assist with the organisation of appropriate education programs, including application for QI&CPD points, taking registrations, organising venue, audio visual and catering, as required for a fee.

IMMUNOLOGY CROSSROADS CONFERENCE

25 & 26 AUGUST 2023

HMRI, John Hunter Hospital

The 2023 Immunology Crossroads Conference was held on Friday 25 and Saturday 26 August 2023, It was a great success with **136 Participants**.

HPMI wishes to express its gratitude to the

Steering Committee: Conjoint Professor Jeannette Lechner Scott, Conjoint Associate Professor Stephen Oakley, Dr Kathryn Patchett, Conjoint Professor Peter Wark and Susan Agland, for convening this successful conference.

Debates: Thanks, are also extended to Dr Francesca Bridge and Dr Milton Sales who debated Is Monitoring for Cancer in Immunosuppression Required? Professor David Leppert and Conjoint Professor Peter Wark who debated Long Covid: Does it Exist? for their insightful contribution.

Cases: were presented by Dr Jenny Han on Acute Onset Myelitis Autoimmune, Dr Molly Reynolds Neuroplexopathy with BTK Inhibitor Use and Dr Armando Faigl on Covid and & Autoimmunity

Panellists: Marijean Buhse, Dr Theo De Malmanche, Associate Professor Michael Levy, Dr Vivian Tng for sharing their expertise on the above cases.

136 Participants were made up as follows:

| | | | |
|-----------------|----|------------------------|----|
| Chairpersons | 1 | Streamers | 8 |
| Speakers | 17 | Viewed after the Event | 22 |
| Case Presenters | 3 | Trade Representatives | 17 |
| Registrants | 68 | | |

✓ **Handouts, presentations and/or video recordings are available on HPMI's website**

HPMI wishes to thank the following speakers

INTERNATIONAL FACULTY














| | | |
|---|--|---|
| LONG COVID DEBATE: (FOR) LONG COVID: DOES IT EXIST? | PROFESSOR DAVID LEPPERT <i>Senior Research Associate at the Department of Neurology, University Hospital Basel, Switzerland</i> | ✓ |
| NEUROLOGY – WHAT'S NEW IN NEUROLOGY | ASSOCIATE PROFESSOR MICHAEL LEVY <i>Associate Professor Harvard Medical School Director, Neuroimmunology Clinic and Research Laboratory Research Director, Division of Neuroimmunology & Neuroinfectious Disease Department of Neurology, Massachusetts General Hospital</i> | ✓ |

NATIONAL FACULTY

| | | |
|---|--|---|
| DEBATE: (FOR) IS MONITORING FOR CANCER IN IMMUNOSUPPRESSION REQUIRED? | DR FRANCESCA BRIDGE <i>Multiple Sclerosis and Neuroimmunology Fellow, Alfred Health; PhD Candidate, Monash University, Melbourne</i> | ✓ |
| RHEUMATOID ARTHRITIS PATHOGENESIS, AND DEVELOPMENT OF IMMUNOTHERAPY TO RESTORE TOLERANCE | PROFESSOR RANJENY THOMAS <i>Rheumatologist, University of Queensland</i> | |

IMMUNOLOGY CROSSROADS CONFERENCE CONTINUED

HOST FACULTY

| | | |
|--|--|---|
| THERAPEUTIC TARGETING RESPIRATORY MUCOSAL IMMUNITY | PROFESSOR NATHAN BARTLETT <i>Head of Viral Immunology and Respiratory Disease Group, HMRI</i> |  |
| RESPONSE TO VACCINE IN IMMUNE SUPPRESSED PEOPLE | PROFESSOR FABIENNE BRILOT <i>Neuroimmunologist, Principal Research Fellow, The University of Sydney</i> |  |
| PREDICTION AND PREVENTION OF INFECTIOUS COMPLICATIONS OF IMMUNOSUPPRESSION | DR BRIAN CHONG <i>Staff Specialist Infectious Diseases, General Medicine, (occasionally Clinical Microbiology), John Hunter Hospital</i> |  |
| IMMUNOLOGY – HOW TO TREAT VASCULITIS | DR THEO DE MALMANCHE <i>Immunologist, NSW Health Pathology, John Hunter Hospital</i> |  |
| GASTROENTEROLOGY - INFLAMMATORY BOWEL DISEASE | DR ROBERT FOSTER <i>Staff Specialist Gastroenterology, John Hunter Hospital</i> |  |
| HOW DOES THE MICROBIOME INFLUENCE ON THE IMMUNE SYSTEM | PROFESSOR SIMON KEELY <i>Professor of Immunology, NHMRC Centre for Research Excellence in Digestive Health, University of Newcastle</i> |  |
| EPIGENETICS IN MULTIPLE SCLEROSIS | DR VICKI MALTBY <i>Multiple Sclerosis (MS) Research Fellow</i> |  |
| RHEUMATOLOGY – THERAPEUTIC OVERVIEW | CONJOINT ASSOCIATE PROFESSOR STEPHEN OAKLEY <i>Staff Specialist Rheumatologist, John Hunter Hospital</i> |  |
| HOW OLD IS YOUR IMMUNE SYSTEM? IMMUNOSENESCENCE: WHAT DO WE KNOW AND WHAT SHOULD WE KNOW? | DR KATHRYN PATCHETT <i>Senior Staff Specialist Immunology, John Hunter Hospital</i> |  |
| DEBATE: (AGAINST) IS MONITORING FOR CANCER IN IMMUNOSUPPRESSION REQUIRED? | DR MILTON SALES, OAM <i>General Practitioner, Bruncker Road General Practice, Adamstown</i> |  |
| DERMATOLOGY – UPDATE ON BIOLOGICAL MEDICINES | Dr VIVIAN TNG <i>Dermatologist and Mohs Micrographic Surgery Specialist, Valentine</i> |  |
| RESPIRATORY – UPDATE ON BIOLOGIC THERAPY FOR SEVERE ASTHMA | DR PETER WARK <i>Respiratory & Sleep Medicine, John Hunter Hospital</i> |  |
| RESPIRATORY – UPDATE ON BIOLOGIC THERAPY FOR SEVERE ASTHMA DEBATE: (AGAINST) LONG COVID: DOES IT EXIST? | CONJOINT PROFESSOR PETER WARK <i>Senior Staff Specialist, Respiratory & Sleep Medicine, John Hunter Hospital</i> |  |

2023 IMMUNOLOGY CROSSROADS CONFERENCE TRADE FAIR

There were **6** organisations displaying. Thanks are extended to the following organisations for their support.

| | | |
|---|-----------------|-------|
| GOLD SPONSOR | | |
|  | NOVARTIS | |
| SILVER SPONSOR | | |
| AstraZeneca | | |
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IMMUNOLOGY CROSSROADS ANNUAL MEETING IHPN CLINICAL SESSION

25 AUGUST 2023

Cameron Room, HMRI, John Hunter Hospital

- ❖ To provide up to date evidence-based practice in hot topics that reflect the role of the immune system in health.
- ❖ To provide an opportunity for advanced practice nurses to network and foster mentorship/collaboration
- ❖ To share systems, unique programs, or methods of managing large populations of people with immune mediated health in the OPD setting
- ❖ To provide/develop patient resources that improve outcomes in opd populations with immune mediated health issues.

Suitable for: Advanced practice nurses and allied health who provide care to largely OPD population in any immune mediated disease.

Delivery: Annual conference, plus up to four dinner meetings per calendar year. Each meeting to be facilitated by a different department.

26 Participants were made up as follows:

| | |
|------------------------|----|
| Speakers | 4 |
| Registrants | 10 |
| Streamers | 2 |
| Viewed after the Event | 10 |

✔ Handouts, presentations and/or video recordings are available on HPMI's website

HPMI wishes to thank the following speakers

INTERNATIONAL FACULTY

| | | |
|----------------------------|---|---|
| DELIVERING BAD NEWS | MARIJEAN BUHSE <i>PhD, NP-C, MSCN, FAAN, Clinical Professor, Stony Brook University, Nurse Practitioner, South Shore Neurologic, New York</i> | ✔ |
|----------------------------|---|---|

HOST FACULTY

| | | |
|---|---|---|
| IMPROVING COMMUNICATION WITH YOUR MASSIVE OPEN ONLINE COMMUNITY | SUSAN AGLAND <i>Transitional Nurse Practitioner Neuroimmunology, Neurology, John Hunter Hospital</i> | |
| THE ROLE OF DIET IN IMMUNE HEALTH | DR EMMA BECKETT <i>Senior Lecturer, Food Science & Human Nutrition, Newcastle University and Senior Nutrition Scientist, Nutrition Research Australia</i> | ✔ |
| EXERCISE AND HEALTH BEHAVIOUR CHANGE WITH UPDATE ON INTERVENTIONS FOR MS | KATE NEWTON <i>Senior Physiotherapist, Movement Disorder Service, Prince of Wales Hospital</i> | ✔ |

PREHABILITATION, CANCER SURGERY, AND PERIOPERATIVE CARE

21 OCTOBER 2023

NEX, 309 King Street, Newcastle West

The 2023 Prehabilitation, Cancer Surgery, and Perioperative Care Seminar was held on Saturday 21 October, 2023, It was organised by Dr Ross Kerridge with **171 Participants**.

A scientific seminar highlighting current research, locally and internationally, and celebrating the launch of the HMRI Surgical and Perioperative Care Research Program.

In conjunction with the annual meeting of the Hunter Surgical Society.

Open to all clinicians and researchers interested in surgical and perioperative care, including surgeons, anaesthetists, physicians, physiotherapists, nurses, and other health professionals.

PANEL DISCUSSION – Building future research in the Hunter and beyond included Todd Williams, Business Development Manager for HMRI

Attendance was free thanks to



171 Participants were made up as follows:

| | | | |
|--------------|---|------------------------|----|
| Chairpersons | 1 | Registrants | 78 |
| Speakers | 9 | Streamers | 15 |
| Panel | 1 | Viewed after the Event | 67 |

Certificates of Attendance were also provided for registrants who completed an evaluation questionnaire

Handouts and videos available via HPMI's website ([HPMI Online](#))

Handouts, presentations and/or video recordings are available on HPMI's website

HPMI wishes to thank the following speakers

INTERNATIONAL FACULTY

| | | |
|--|--|--|
| PERIOPERATIVE EXERCISE INTERVENTIONS IN CANCER SURGERY: WHY AND HOW | PROF SANDY JACK <i>Physiologist, Southampton UK</i> | |
| BEYOND SURGERY AND CHEMOTHERAPY: NOVEL STRATEGIES TO IMPROVE COLORECTAL CANCER SURVIVORSHIP | ASSOC PROF MALCOLM WEST <i>Surgeon, Southampton UK</i> | |
| SURGERY & PERIOPERATIVE CARE RESEARCH - AN INTERNATIONAL PERSPECTIVE | PROF MIKE GROCOTT <i>Anaesthetist, Southampton UK</i> | |

NATIONAL FACULTY

| | | |
|---|---|--|
| THE PHYSIOTHERAPIST'S ROLE IN MAJOR SURGERY | PROF LINDA DENEHY <i>Physiotherapist, University of Melbourne</i> | |
| REDUCING POSTOPERATIVE PULMONARY COMPLICATIONS | DR IANTHE BODEN <i>Physiotherapist, Launceston</i> | |

HOST FACULTY

| | | |
|---|--|--|
| IMPROVING FITNESS AND PREHABILITATION BEFORE MAJOR SURGERY: EXPERIENCE IN THE HUNTER | DR JENNY MACKNEY <i>Physiotherapist, Newcastle</i> | |
| SURGICAL MYTH BUSTING - ARE WE TRANSLATING THE RESULTS INTO PRACTICE? | PROF STEVE SMITH <i>Surgeon, Newcastle</i> | |
| SHARED DECISION MAKING IN HIGH RISK SURGERY AND HIGH VALUE CARE | DR PRAGYA AJITSARIA <i>Anaesthetist, Newcastle</i> | |
| USING PATIENT REPORTED OUTCOMES TO IMPROVE SURGICAL CARE | ASSOC PROF CHRISTINE O'NEILL <i>Surgeon, Newcastle</i> | |

HUNTER PARKINSON'S SOCIETY MEETINGS 2023

HPMI organised the following meetings on behalf of the Hunter Parkinson's Society. Thanks to Sponsorship from the Older Person's Clinic.



| Meeting 9 | 03.03.23 | Attended | Streamed | Viewed after |
|--|--|----------|----------|--------------|
| Professor Iype Cherian, <i>Director of Neuroscience, Karad Institute of Medical Sciences, Maharashtra, India</i> | CSF MOVEMENT DISORDER | 6 | 41 | 0 |
| Dr Ramesh Nair MS DNB MCh DNB FRCSEd FRCS (Surg Neuro) <i>Consultant Skullbase and Neurovascular Surgeon, Head, Neurovascular Division, Charing Cross & St Mary's Hospitals, Imperial College Healthcare NHS Trust, London UK</i> | NORMAL PRESSURE HYDROCEPHALUS..... AN ENIGMA | | | |
| Dr Sarah Wright <i>Uro-Neurology Fellow and locum Consultant Neurologist at National Hospital Neurology and Neurosurgery, London</i> | A CASE OF NOCTURNAL POLYURIA IN PARKINSON'S DISEASE | | | |
| Dr Jalesh Panicker <i>Professor in Uro-Neurology and Clinical Neurology, UCL, Clinical Lead, Department of Uro-Neurology, The National Hospital for Neurology and Neurosurgery/UCLH NHS Foundation Trust, Queen Square, London, United Kingdom</i> | | | | |
| Dr Roshan Gunathilake <i>Consultant Physician & Geriatrician, John Hunter Hospital, Newcastle NSW and Lake Macquarie Private Hospital, Gateshead</i> | NAVIGATING DIAGNOSTIC UNCERTAINTY: A COMPLEX AND CHALLENGING CASER OF DEMENTIA WITH PARINSONISM | | | |

| Meeting 10 | 05.05.23 | Attended | Streamed | Viewed after |
|--|---|----------|----------|--------------|
| Dr Chandrasekhara Padmakumar, <i>Geriatrician, Broadmeadow</i> | COGNITIVE IMPAIRMENT IN PARKINSON'S DISEASE | 4 | 45 | 0 |
| Dr Jane Lonie Msc, PD, C.Psychol, MAPS, AFBPsS - Sydney <i>Consultant Clinical Neuropsychologist, Wellview Consulting rooms & Royal North Shore Hospital</i> | NEUROPSYCHOLOGY OF PARKINSON'S DISEASE & RELATED DISORDERS | | | |
| Dr Venkatesh Krishnamurthy, <i>Neurologist, Belmont</i> | ATYPICAL PARKINSONISM; DIAGNOSTIC CHALLENGES | | | |

| Meeting 11 | 29.07.23 | Attended | Streamed | Viewed after |
|---|---|----------|----------|--------------|
| Dr Simon Lewis <i>Professor of Cognitive Neuroscience, University of Sydney NSW</i> | DIAGNOSIS OF PARKINSON'S DISEASE | 7 | 55 | 3 |
| Dr Chandrasekhara Padmakumar, <i>Geriatrician, Broadmeadow</i> | PARKINSON'S PLUS SYNDROMES: AN OVERVIEW | | | |
| Sarah Gillett <i>Neurology Academy, Sheffield, UK</i> | PARKINSON'S DISEASE MASTERCLASS | | | |
| Dr Venkatesh Krishnamurthy, <i>Neurologist, Belmont</i> | ATYPICAL PARKINSONISM; DIAGNOSTIC CHALLENGES | | | |

HUNTER PARKINSON'S SOCIETY MEETINGS 2023

Continued

| Meeting 12 | 17.11.23 | Attended | Streamed | Viewed after |
|--|---|----------|----------|--------------|
| <p>Dr Vikram V Holla, Assistant Professor, Department of Neurology, NIMHANS, Bengaluru, India</p> <p>Prof Pramod Pal, NIMHANS Parkinson's Disease & Movement Disorders Subspecialty, NIMHANS, Bengaluru, India</p> <p>Professor Ravi Yadav, Professor of Neurology, NIMHANS, India</p> <p>Dr Pavan Kumar Katragadda, DM Postdoctoral Fellow, Movement Disorders, NIMHANS, Bengaluru</p> <p>Dr Debjyoti Dhar, DM Neurology, Senior Resident NIMHANS, Bengaluru</p> | <p>68 YEAR OLD MALE WITH SPEAKING DIFFICULTY</p> <p>80 YEAR OLD MAN WITH INVOLUNTARY JERK</p> | 7 | 35 | 5 |
| <p>Dr Steve Tisch, Consultant Neurologist and Head of Department of Neurology at St Vincent's Hospital Sydney</p> | <p>HISTORY AND PROGRESS IN DBS AND MRGFUS</p> | | | |
| <p>Professor Ray Chaudhuri, Professor of Movement Disorders, Clinical Director, Parkinson's Foundation Centre of Excellence, King's College, London UK</p> <p>Dr Ozge Gonul Oner, Neurologist, Kings College, London, UK</p> <p>Dr Silva Rota, Clinical Research Fellow & Specialist in Neurology, King's College, London, UK</p> | <p>AN ALTERNATIVE DIAGNOSIS OF ATYPICAL PARKINSONISM: CASE PRESENTATION</p> | | | |

ADVERTISED MEETINGS 2023

HPMI is happy to advertise **appropriate** events on our website and in our Newsletters for a fee.

| ORGANISATION | DATE | EVENT |
|------------------------------|----------|---|
| Ramsay Health | 16.03.23 | Short sleeved bariatric surgery, hiatus hernia |
| Ramsay Health | 13.05.23 | The Head and the Heart |
| Glaxo SmithKline | 23.05.23 | Shingrix: a new paradigm in shingles prevention |
| Glaxo SmithKline | 21.06.23 | Practical Tips: Supporting you to support patients |
| Ramsay Health | 22.06.23 | Breast and bowel cancer |
| Convatec Advanced Wound Care | 24.06.23 | Complexities of wound care in 2023 |
| PHN GP Education | 20.07.23 | Newcastle GP Balint Group Meetings |
| Alcoholics Anonymous | 30.08.23 | AA Awareness forum for Health Professionals |
| JHH Child Protection Team | 06.09.23 | Child Protection Forum and Expo |
| Ramsay Health | 06.09.23 | Brain Storm – personality trauma, first psychotic episode |
| PHN GP Education | 17.10.23 | VAD – What do you need to know – Hunter New England |
| PHN GP Education | 26.10.23 | VAD – What do you need to know – Central Coast |
| Ramsay Health | 26.10.23 | Hard to Swallow |