

**21 AUGUST 2025  
IS A HEADACHE ALWAYS  
A HEADACHE?  
THE MANAGEMENT OF NECK  
PAIN AND CERVICOGENIC  
HEADACHES  
UPDATE**

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**RSVP**

**RSVP 20 AUGUST 25**

**LIVE STREAM**

Link will be emailed  
afternoon of event



**NOTICES**

**ZOOM NAME**

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that you registered to attend the webinar so that  
we can note you as attending

**OUR PROGRAM**

6.30pm	Welcome & Introduction Chairperson	DR EHSAN MOZAFARI, General Practitioner, Family Medical Centre, Hamilton
6.35pm	OVERVIEW OF CERVICOGENIC HEADACHE – DEFINITION, EPIDEMIOLOGY, ANATOMY, DIAGNOSTIC CRITERIA, AND DIFFERENTIAL DIAGNOSIS	DR ANTHONY SCHWARZER, Rheumatologist, Pain and Musculoskeletal Physician, Hunter Valley Private Hospital, Shortland
6.55pm	CLINICAL CASE: PRACTICAL APPLICATION OF MEDICAL EVIDENCE	DR CLAIRE HOLLO, Occupational and Musculoskeletal Physician, Hunter Valley Private Hospital, Shortland
7.15pm	PHYSIOTHERAPY MANAGEMENT OF NECK PAIN AND CERVICOGENIC HEADACHE	DAMIEN CUMMINS, Headache Specialist, Physiotherapist, The Physio Joint, Mayfield
7.40pm	MEDICAL MANAGEMENT: THE ROLE OF THE PAIN PHYSICIAN	DR ANTHONY SCHWARZER, Rheumatologist, Pain and Musculoskeletal Physician, Hunter Valley Private Hospital, Shortland
7.55pm	PROPOSED RESEARCH	DAMIEN CUMMINS, Headache Specialist, Physiotherapist, The Physio Joint, Mayfield
8.05pm	PANEL DISCUSSION AND Q&A	
8.30pm	CLOSE	

**LEARNING OUTCOMES**

- Define cervicogenic headaches and describe their epidemiology.
- Identify and apply the diagnostic criteria for cervicogenic headaches.
- Distinguish cervicogenic headaches from other headache types, including migraines, through differential diagnosis.
- Understand the relevant anatomy associated with cervicogenic headaches.
- Explain the underlying mechanisms that contribute to cervicogenic headaches.
- Recognise key sources and common causes of cervicogenic headaches.
- Conduct diagnostic assessments, including manual examination and the use of diagnostic nerve blocks.
- Explore treatment options, including manual therapy techniques and radiofrequency neurotomy.
- Evaluate current and proposed research related to the diagnosis and management of cervicogenic headaches.

**CPD**

Activity under the RACGP CPD program

ACRRM Applying for 1 Point per hour

Certificate of Attendance for this meeting provided upon completion of Evaluation Questionnaire.



02 4913 8163



Tracy.Dobson@newcastle.edu.au



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## REGISTRATION DETAILS FOR IS A HEADACHE ALWAYS A HEAD ACHE?

Title  
Given name  
Surname

Surgery  
Name  
Address  
Phone

Specialty  
QA No if GP

Email  
Mobile



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