



HPMI NURSING CPD

OVER 75 HEALTH ASSESSMENT

Course Content

By the end of this session, participants will be able to:

- ✚ Enhanced understanding of normal vs pathological ageing.
- ✚ Increased confidence in recognising complex geriatric syndromes (frailty, cognitive impairment, polypharmacy, falls risk).
- ✚ Improved clinical skills in conducting focused geriatric assessments within general practice.
- ✚ Practical strategies for managing multimorbidity and complex older patients.
- ✚ Clear guidance on when and how to escalate concerns to the GP or refer to external services (My Aged Care, ACAT, allied health, geriatrician).
- ✚ Greater ability to identify medication-related risks and contribute to deprescribing discussions.
- ✚ Strengthened communication skills for discussing sensitive topics with older patients and their families.
- ✚ Better knowledge of current best-practice guidelines in geriatric care, cognitive screening, and falls prevention.
- ✚ Increased awareness of community supports, aged care pathways, and service navigation.
- ✚ Opportunity to clarify real-world clinical questions through discussion with a geriatrician.

Course Details

Suitable for:	Practice Nurses and GP Practice Team
Meeting Date:	20 August 2026
Presenter:	DR SUDESHI WIJETHILAKA, Staff Specialist, Geriatric Medicine, John Hunter Hospital
Time:	6.30 pm - 8.30 pm
Venue:	Live Streaming Zoom link will be emailed on the day of the webinar
Cost:	Free for HPMI Members \$88 (GST inclusive) non members Payment is required to confirm registration CLICK HERE TO PAY ONLINE
RSVP:	Tuesday 18 August 2026
Refund Policy:	No refunds will be considered for live streaming and recording (if a recording is available)



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HUNTER POSTGRADUATE MEDICAL INSTITUTE

HPMI NURSING CPD

OVER 75 HEALTH ASSESSMENT

Registration Details

Title:	
Given Name:	
Surname:	
Profession: RACGP / ACRRM Number	
Surgery Address:	
Email Address:	
Mobile Phone: Required for meeting notification only	
Scan to Register:	

2026 Individual Membership Fees

\$330	Allied Health Professional <i>Suitable for Nurses, Administration staff and AHP</i>
\$660	General Practitioner
\$550	Specialist
Complimentary:	FREE Complimentary Membership <i>Available to GP Registrars, Health Students and JMOs</i>
	Click here for membership benefits or visit www.hpmi.org



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