

WARNERS BAY CLUSTER MEETING

Free in-practice education session for health professionals,
including CPD and lunch.

| | |
|-----------------|---|
| Date: | Wednesday, 6 June 2026 |
| Topic: | Before Hip and Knee OA: Identifying and Managing Risk Factors to Prevent Osteoarthritis |
| Speaker: | Mr Nicholas Mullen, PhD Candidate and Physiotherapist, Ethos Health |
| Venue: | Providence Medical Centre, Warners Bay (472 The Esplanade, Warners Bay) |
| Time: | 1:00pm – 2:00pm (Lunch provided) |

What you will learn

- Identify key modifiable and non-modifiable risk factors for lower limb osteoarthritis that commonly present in primary care
- Apply early management strategies, including updates to the stepped care model, to address risk factors and support prevention or delayed onset of hip and knee osteoarthritis

Register your attendance online [HERE](#) | Or complete the form below and return via email

E: angela.place@newcastle.edu.au

| | | |
|--------------------|-----------------|-----------------|
| Title: | Name: | Surname: |
| Profession: | Surgery: | |
| Email: | Mobile: | |

- 1 hour RACGP & ACRRM CPD
- Certificates of attendance available upon request
- Program subject to change

Proudly sponsored by

CSL Seqirus

Charlene Love

E: Charlene.Love@Seqirus.com

M: 61438351716