



2025 HPMI ANNUAL REPORT

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MISSION STATEMENT

The Hunter Postgraduate Medical Institute is committed to the Quality Improvement and Continuing Professional Development (QI&CPD) of Health Professionals, primarily in the Hunter and New England Region of New South Wales. It will honour this commitment by the planning, provision and continuing evaluation of educational programs which are based on the needs of Health Professionals.

HPMI will work in close collaboration with other educational bodies to promote the principle of lifetime learning for all health professionals to progressively improve the standards of medical practice in the region.

BUSINESS STATEMENT

HPMI organises educational activities on behalf of the health profession. Our customers include members of Specialist Colleges, General Practice Trainees, Hunter New England and Central Coast Primary Health Network, Hunter New England Local Health District, College of Medicine, Health and Wellbeing of The University of Newcastle, special medical groups, Allied Health Professionals, and the health service industry.

SUSTAINABLE COMPETITIVE ADVANTAGE

HPMI is strategically placed to provide quality, independent, value-added Quality Improvement and Continuing Professional Development in a professional manner. We provide a continuum bridging between undergraduate and postgraduate education.

- **HPMI will succeed by providing quality, independent, value-added medical education in a professional manner.**
- **We will achieve this by focusing on building relationships within the Health Service Industry and by differentiating HPMI through self-assessment status.**
- **HPMI will adhere strictly to Guidelines regarding sponsorship and maintain an ethical relationship in relation to the delivery of education.**

THE SECRETARIAT

HPMI Team Leader	Mrs Shelley Mills	4913 8173	Shelley.Mills@newcastle.edu.au
HPMI Support Officer	Ms Tracy Dobson	4913 8163	Tracy.Dobson@newcastle.edu.au
Administrative Assistants	Mrs Anne Feletti	4913 8178	Anne.Feletti@newcastle.edu.au
	Mrs Angela Place	4913 8177	Angela.Place@newcastle.edu.au
IT Consultant	Mr Steve James		
Medical Education Co-ordinator	Dr Ehsan Mozafari		

CONTACT US

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THE BOARD

The Board is the governing body of HPMI which shall establish, implement and monitor the operating policies and strategic planning of HPMI in accordance with the objects of HPMI and the objects of the University, as set out in the University of Newcastle Act 1989 (NSW); determine annually in conjunction with the Faculty of Health the budget for HPMI and report annually to the meeting of the Members on the budget and activities of HPMI and to receive from members suggestions for future activities. The Board meets four times during its one-year term of office on a weekday evening for approximately 1.5 hours. The Board, at its first meeting after 1st April each year, elects a Chair, Honorary Secretary and Honorary Treasurer of HPMI for the ensuing twelve months.

2025 - 2026 BOARD

Chair	Associate Professor Steven Bollipo
Honorary Secretary	HPMI Team Leader, Shelley Mills
Honorary Treasurer	Dr Milton Sales, OAM
Medical Education Co-ordinator	Dr Ehsan Mozafari
Co-opted Members	Dr Alvand Amiri
	Dr Rohan Bhagwandeem
	Dr Peter Choi
	Dr Peter Chong
	Professor Bunmi Malau-Aduli
	Dr Dhan Thiruchelvam
	Dr Thida Myint
	Dr Michelle Redford
	Dr Doug Howarth

Representing Members practising inside the cities of Newcastle & Lake Macquarie:

Conjoint Professor Jeannette Lechner-Scott, Dr Chandrasekhara Padmakumar, Dr Milton Sales

Representing Members practising outside the cities of Newcastle & Lake Macquarie:

Dr Dimity Pond

Representing Members practising on Central Coast: No Nominations

Representing Registrars, Career Medical Officers, Residents, and Interns: No Nominations

Up to Three Members of the Community:

Mr Graham Thomas

Representing Specialist Colleges

Australasian College of Dermatologists **Dr Rashi Malesu**

Australasian College for Emergency Medicine **No Nomination**

Australian College of Remote and Rural Medicine **Dr David Leaf**

Australian and New Zealand College of Anaesthetists **Dr Pragya Ajitsaria**

Royal Australian College of General Practitioners **Dr Maximillian Mollenkopf & Dr Milton Sales**

Royal Australasian College of Medical Administrators **Dr Steevie Chan**

Royal Australian & New Zealand College of Psychiatrists **Dr Harsimrat Sandhu**

Royal Australian & New Zealand College of Ophthalmologists **Dr Catherine Dunlop**

Royal Australasian College of Physicians **Dr Steven Bollipo**

Division of Paediatrics, Royal Asian College of Physicians **Dr Elizabeth Percival**

Royal Australasian College of Radiologists **Dr Jatin Thakur**

Royal Australasian College of Surgeons **Dr Senan Al-Mahaidi**

Royal Australian & New Zealand College of O&Gs **Dr Penelope Thomas**

Royal College of Pathologists of Australasia **Associate Professor Huy Tran**

Representing the College of Health, Medicine and Wellbeing, The University of Newcastle

Dr Graeme Horton

A Member of the Council of the University of Newcastle No Nomination

The Vice Chancellor of the University of Newcastle Professor Alex Zelinsky AO

VC's nominees **No Nomination**

The Chief Executive of the Hunter New England Health or nominee: Ms Tracey McCosker

CE's Nominee: **Dr Paul Craven**

THE EXECUTIVE COMMITTEE

The Executive Committee is vested with the management of HPMI. This Committee is appointed for one year by the Board at its first meeting after the Annual General Meeting and shall normally meet not less than once every three months. The Executive Committee shall consist of the Chairman of the Board, the Honorary Secretary, and the Honorary Treasurer of the Board, the Vice Chancellor of The University of nominee and four (4) other Members of the Board. Not fewer than four (4) members of the Executive Committee shall be appointed from the members of the Board referred to in Article 5(c). At least one (1) member of the Executive Committee shall be a General Practitioner. The Chairman of the Board shall be the Chairman of the Executive Committee. The Executive meets on a weekday at 7.00 pm for approximately 1.5 hours.

Office Bearers	Chair Honorary Secretary Honorary Treasurer Medical Education Co-ordinator Nominees Vice Chancellor The University of Newcastle	Associate Professor Steven Bollipo HPMI Team Leader Dr Milton Sales, OAM Dr Ehsan Mozafari Dr Graeme Horton
Ex Officio		
Members Co-opted from the Board		Dr Rohan Bhagwande Dr Chandrasekhara Padmakumar Dr Peter Chong Dr Ehsan Mozafari Prof Dimity Pond

THE PROGRAM COMMITTEE

The Program Committee, made up of specialists and general practitioners, is responsible for planning HPMI's annual program of events. If you are interested in joining this group and playing a part in providing CPD for your colleagues in our area, please contact HPMI's Secretariat. The Program Committee normally meets not less than every three months for one hour, prior to the Executive or Board Meetings.

Chair Program Committee

[Dr Milton Sales](#), OAM GP, Bruncker Road General Practice, Adamstown

MEMBERS

[Dr Dilek Akguen](#), General Practitioner, Cooks Hill Family Practice, Cooks Hill

[Dr Peter Berton](#), Orthopaedic Surgeon, Newcastle Knee Clinic, Kotara

[Dr Charles Douglas](#), Breast and Melanoma Surgeon and Senior Lecturer in Clinical Ethics and Health Law, UoN

[Sandra Fitzgerald](#), [HealthPathways](#) Clinical Editor

[Dr Julia Gan](#), General Practitioner, The Lorn Surgery, Maitland

[Louise Harrigan](#), [HealthPathways](#) Program Manager, HNECCPHN, Newcastle

[Dr Doug Howarth](#), Consultant Physician in Nuclear Medicine

[Phoebe James](#), Professional Development Officer, HNECCPHN, Broadmeadow

[Dr Dom Kesby](#), General Practitioner, Providence Medical Centre, Warners Bay

[Denise Lyons](#), [HealthPathways](#) Nurse Practitioner Clinical Editor, HNECCPHN, Broadmeadow

[Niki Mastello](#), Nurse Practitioner, Heal Specialist Urgent Care, Newcastle West

[Dr Ehsan Mozafari](#), General Practitioner, Family Circle Medical Practice, Hamilton

[Dr Elizabeth Percival](#), Staff Specialist General Paediatrician, JHCH

[Dr Karla Raja](#), GP, Providence Medical Centre, Warners Bay

[Alison Tattersall](#), Practice Support & Development Officer, HNECCPHN, Broadmeadow

[Dr Penelope Thomas](#), Obstetrics & Gynaecologist, Hunter Women's Health Centre, Charlestown

[Sandy Vincent](#), Manager Professional Development and Education, HNECCPHN, Erina

CHAIRPERSON'S REPORT

HPMI had another highly successful year in 2025. Our Continuing Professional Development (CPD) program continued to deliver education of an exceptional standard, attracting approximately **2,914 attendees across 177 events**. This success is due, in no small part, to the outstanding program developed by our Program Committee. I extend my sincere thanks to this hardworking Committee, along with our greatest resource—our local speakers—who generously donate their time and expertise.

HPMI is particularly grateful to Dr. Milton Sales, Program Committee Chair, and to HPMI's Medical Education Coordinator, Dr. Ehsan Mozafari, for their leadership and support in delivering our events. Thanks also to HPMI's IT Support Officer, Mr. Steve James, for his continued development of accessible online education, including courses and digital resources.

Our ability to provide high-quality, affordable CPD is made possible by the support of our major stakeholders, sponsors, and the many local health professionals who choose to become HPMI Members.

Hunter New England Local Health District (HNELHD)

HPMI continues to promote HealthPathways on behalf of HNELHD, in partnership with the Hunter New England and Central Coast Primary Health Network (HNECC PHN). HPMI also provides complimentary memberships to JMOs.

Hunter New England and Central Coast Primary Health Network (HNECC PHN)

The PHN's generous support allows HPMI to deliver affordable CPD to General Practitioners, Practice Nurses, Aged Care Nurses, administrative staff, and Community Nurses across the Hunter, New England, and Central Coast regions. It also enables participation from rural and remote practices through face-to-face attendance, livestreaming, and post-event video access. In 2025, the PHN provided scholarships to 12 rural practices with 183 individuals to cover their HPMI memberships. HPMI also continues to co-advertise events with the PHN.

The Hunter Medical Association (HMA) was reinstated to facilitate distribution of its assets. The HMA house was sold in December, and proceeds from the sale was directed to HPMI to support postgraduate CPD. With some of these funds, HPMI will provide 2 Annual Prizes of \$500 to Medical Undergraduates – HMA Prize in Medicine and the HMA Prize in Paediatrics.

In 2025, HPMI had a combined total of **\$2,089,627** across three accounts. Further information is provided in the Honorary Treasurer's Report.

HPMI changed the format of their main event of education in 2025. The **HPMI Newcastle Weekend** that was previously held over two days was changed to a one full Saturday that was held on Saturday 19 September. This was a decision that was made after comments from participants that it was too hard to commit to a full weekend of education. The full day education included updates on common issues that were seen in General Practice. A total of 115 registrants attended in person over the weekend, with 54 participants joining online. Dr Norman Swan was the Plenary speaker for this event and he was very well received.

HPMI acted as the conference organiser for the **Immunology Crossroads Conference** held on 18 October 2025. This conference attracted more than 110 participants.

HPMI also continues to coordinate the **Hunter Parkinson's Society Meeting**, held every second month. Originating from the shift to online formats during COVID-19, these meetings now take place at Brunker Road General Practice and via Zoom. Twenty meetings have been held to date, with recent sessions attracting up to 150 registered participants. Speakers generously volunteer their time and join from across the globe—including London, Europe, India, Malaysia, and Singapore—engaging with a highly active and appreciative audience.

Looking ahead, HPMI is planning another **Immunology Crossroads Conference** for March 2027 at HMRI and a five day international Geriatrics conference from 26- 30 October 2027 at NEX Newcastle West. These events will once again bring together subspecialties with a common interests.

Dr Steven Bollipo

Chair, HPMI

HONORARY TREASURER'S REPORT

In 2025, HPMI made a **Loss of \$ 97,966 in the working account** with Income of **\$453,816** and Expenditure **\$551,782** but the total HPMI holds in Accounts is **\$2,089,627**

HPMI has received \$54,215 in interest in 2025

Combined Accounts Inc HMA Account	2025	2024 No HMA Account	Difference
Total Income	\$1,505,450	\$759,870	\$745,580
Total Expenditure	\$551,782	\$778,157	-\$226,375
PROFIT/LOSS	\$953,668	-\$18,287	\$971,955
Brought forward	\$1,135,959	\$1,154,245	\$-18,286
Combined Total Balance	<u>\$2,089,627</u>	<u>\$1,135,959</u>	<u>\$953,668</u>

Working Account Only	2025	2024	Difference
Total Income	\$453,816	\$740,203	-\$286,387
Total Expenditure	\$551,782	\$778,157	-\$226,375
PROFIT/LOSS	-\$97,966	-\$37,955	-\$60,013
Brought forward	\$679,242	\$717,195	\$-37,954
Total Balance	<u>\$581,276</u>	<u>\$679,241</u>	<u>\$-97,966</u>

INCOME

In 2025 HPMI received more income compared to 2024

- \$34,548 Interest received
- \$997,419 HMA Donation
- \$16,758 Membership received in bank in 2025
- \$ 8,073 Donations – Valley to Coast final payment
- \$773 Advertising

LESS INCOME

In 2025 we received less income compared to 2024 for

- -\$235,773 Course fees (geriatrics conference in 2024) (received more for Updates \$10,000, Education Day \$20,000 and Immunology Conference \$56,608)
- -\$76,218 Sponsorship received (\$41,000 less received early for 2026 and \$40,000 less form PHN)

MORE EXPENDITURE

In 2025 HPMI had more expenditure due to

- \$27,170 Salaries
- \$1,427 Medics for Life
- \$969 RACGP Accreditation fees

LESS EXPENDITURE

In 2025 HPMI had less expenditure due to not holding the Geriatrics Conference in 2025

- -\$59,032 Catering for events
- -\$5,427 Printing
- -\$140,358 Travel
- -\$480 Steve James
- -\$20,353 Fordtronic AV Support
- -\$28,302 Venue Hire
- -\$10,243 Other Geriatrics Conference costs

HONORARY TREASURER'S REPORT cont

Income Comparison

	2025	2024	Difference
Membership			
2024 Membership		\$ 73,025	-\$ 73,025
2025 Membership	\$ 76,883	\$ 23,445	\$ 53,438
2026 Membership	\$ 36,345		\$ 36,345
			Total Difference \$ 16,759
Donations			
	\$ 28,523	\$ 20,450	\$ 8,073
			Total Difference \$ 8,073
Sponsorship			
2024		\$ 179,241	-\$ 179,241
2025	\$ 77,068	\$ 12,000	\$ 65,068
2026	\$ 37,954		\$ 37,954
			Total Difference -\$ 76,219
Course Fees			
2024		\$ 418,235	-\$ 418,235
2025	\$ 174,813	\$ 13,747	\$ 161,065
2026	\$ 21,365		\$ 21,365
			Total Difference -\$ 235,805
Advertising			
2024		\$ 91	-\$ 91
2025	\$ 864		\$
			Total Difference \$ 773

Expenditure comparison

	2025	2024	Difference
Catering			
Updates	\$ 12,635.46	\$ 10,214.00	\$ 2,421.46
Immunology	\$ 5,877.27		\$ 5,877.27
Edu Day/HNW	\$ 11,545.45	\$ 18,755.00	-\$ 7,209.55
Geriatrics		\$ 60,121.00	-\$ 60,121.00
			Total Difference -\$ 59,031.82
Printing			
Immunology	\$ 418.18		\$ 418.18
Geriatrics		\$ 5,845.00	-\$ 5,845.00
			Total Difference -\$ 5,426.82
Accreditation			
RACGP	\$ 3,995.00	\$ 3,026.00	\$ 969.00
			Total Difference \$ 969.00
Travel			
Immunology	\$ 16,060.00		\$ 16,060.00
Edu Day/HNW	\$ 201.33		\$ 201.33
Geriatrics	\$ 1,289.00	\$ 157,908.00	-\$ 156,619.00
			Total Difference -\$ 140,357.67
Medics For Life			
	\$ 3,814.73	\$ 2,387.40	\$ 1,427.33
			Total Difference \$ 1,427.33
Steve James			
	\$ 52,870.00	\$ 53,350.00	-\$ 480.00
			Total Difference -\$ 480.00
Fordtronic AV			
Updates	\$ 10,025.00	\$ 9,244.50	\$ 780.50
Immunology	\$ 2,285.00		\$ 2,285.00
Edu Day/HNW	\$ 2,985.00	\$ 9,859.00	-\$ 6,874.00
Geriatrics		\$ 16,544.73	-\$ 16,544.73
			Total Difference -\$ 20,353.23
Venue Hire			
Edu Day/HNW	\$ 3,318.00	\$ 15,554.00	-\$ 12,236.00
25 Updates	\$ 5,040.00		\$ 5,040.00
26 Updates	\$ 4,530.00		\$ 4,530.00
Geriatrics		\$ 25,636.00	-\$ 25,636.00
			Total Difference -\$ 28,302.00
Geriatrics Extra Costs			
		\$ 10,243.40	-\$ 10,243.40
			Total Difference -\$ 10,243.40



	2025				2024		
	Operations	Investment	Prize Money	Combined	Operations	Investment	Combined
	10.30100 \$	10.50045 \$	10.50449 \$	\$	10.30100 \$	10.50045 \$	\$
Brought Forward	679,242	456,717	-	1,135,959	717,195	437,050	1,154,245
INCOME							
Community Contributions/Donations	28,523	-	997,419	1,025,942	-	-	-
Course Fees/Conference Enrolments	196,178	-	-	196,178	432,042	-	432,042
External Sales	864	-	-	864	-	-	-
Memberships	113,229	-	-	113,229	96,470	-	96,470
Sponsorships	115,023	-	-	115,023	211,691	-	211,691
Investment Income	-	31,773	22,442	54,215	-	19,667	19,667
Total Income	453,816	31,773	1,019,861	1,505,451	740,203	19,667	759,870
EXPENDITURE							
<i>Salary Related</i>							
Academic Salaries & Oncosts	-	-	-	-	-	-	-
Professional Salaries & Oncosts	381,811	-	-	381,811	354,641	-	354,641
Total Salary Related	381,811	-	-	381,811	354,641	-	354,641
<i>Non Salary Related</i>							
Employee Related Expenses	48,007	-	-	48,007	74,388	-	74,388
Consumables	810	-	-	810	6,182	-	6,182
Services	6,547	-	-	6,547	125,271	-	125,271
Travel & Motor Vehicle	17,551	-	-	17,551	157,908	-	157,908
Student Support	14,395	-	-	14,395	-	-	-
Property & Maintenance	14,375	-	-	14,375	46,758	-	46,758
Equipment	65,758	-	-	65,758	11,849	-	11,849
Other Expenditure	2,527	-	-	2,527	1,160	-	1,160
Total Non Salary Related	169,971	-	-	169,971	423,516	-	423,516
Total Expenditure	551,782	-	-	551,782	778,157	-	778,157
Net Surplus/(Deficit)	581,276	488,490	1,019,861	2,089,627	679,242	456,717	1,135,959

Paul Whaley

Digitally signed by Paul Whaley
Date: 2026.03.03 15:17:12 +11'00'Paul Whaley
Associate Director, Financial Planning and Analytics

Date

THE UNIVERSITY OF NEWCASTLE
THE HUNTER POSTGRADUATE MEDICAL INSTITUTE
INDEPENDENT AUDIT REPORT
TO THE UNIVERSITY OF NEWCASTLE

Report on the Audit of the Financial Report**Opinion**

We have audited the accompanying financial acquittal, being a special purpose financial report, for the University Of Newcastle – Hunter Postgraduate Medical Institute for the period 1 January 2025 to 31 December 2025.

In our opinion the financial acquittal presents fairly in accordance with the accounting policies, the income and expenditure of the University Of Newcastle – Hunter Postgraduate Medical Institute for the period 1 January 2025 to 31 December 2025.

Basis for Opinion

We conducted our audit in accordance with the Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the audit of the Financial Report* section of our report. We are independent of the university in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion. In undertaking our audit we have placed reliance on the fact that the University's reports and systems of internal control, which have formed the basis for the preparation of the acquittal, have been subject to audit by the State Auditor General.

Responsibilities of the University for the Financial Report

The University's officers are responsible for the preparation and fair presentation of the financial acquittal in order to fulfil the University's financial reporting requirements under the project's funding agreement. This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the funding acquittal that is free from material misstatement, whether due to fraud or error; selecting and applying

appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial acquittal as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial acquittal.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout an audit. We also:

- Identify and assess the risks of material misstatement of the financial acquittal, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the University's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the University's officers.

We communicate with the University's officers regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Bentleys Newcastle Pty Ltd



Stephen Chapman
Broadmeadow

Dated this 9th day of March 2026

2025 MEMBERSHIP

GENERAL PRACTITIONERS		
\$660	PLATINUM INDIVIDUAL	Membership plus Free attendance HPMI Updates, HPMI Newcastle Weekend, Nursing and Practice Administration Meetings Reduced Fees at Certificate Courses, Practical Courses and Online Courses.
Varies	PLATINUM GROUPS	GP Platinum Membership Benefits
SPECIALISTS		
\$550	GOLD INDIVIDUAL	Membership and Free at most HPMI events
\$1100	GOLD GROUP	Membership and Free at most HPMI events
\$3300	PLATINUM GROUP	Specialist Gold Membership Benefits + Sponsorship of HPMI
ALLIED HEALTH PROFESSIONALS		
\$330	AHP INDIVIDUAL	GP Platinum Membership Benefits
\$660	AHP GROUP	GP Platinum Membership Benefits
\$1100	AHP PLATINUM GROUP	AHP Gold Membership Benefits + Sponsorship of HPMI
COMPLIMENTARY		
FREE	HEALTH STUDENTS JMOS GP REGISTRARS	GP Platinum Membership Benefits 2 HPMI Sustainable Health Care Award Prizes

In 2025, there were **1174 Members**

- ♦ 44 Individual Paying Members
- ♦ 79 GP Registrars
- ♦ 1042 Group Members (*55 Practices took up a Group Practice Membership in 2024*)
- ♦ 1165 Total Paying Members
- ♦ 9 Complimentary Members
- 1174 TOTAL 2025 MEMBERSHIP**

LIFE MEMBERSHIP: has been awarded by HPMI, in recognition of services to HPMI, to the following:

Dr Di Bridger

Professor Max Brinsmead

Dr Barry Chapman (who sadly passed away in 2023)

Dr Mike Ferguson

Dr Peter Hendry, AO (who sadly passed away in 2017)

Professor Alan Hewson, AM (and Patron, who sadly passed away in 2017)

Dr Roy Mills, AM (who sadly passed away in 2000)

Dr John Hollingsworth

Professor Sandy Reid, AM (who sadly passed away in 2019)

Dr Herc Rose (who sadly passed away in 2013)

Emeritus Professor Tony Smith, AM (who sadly passed away in 2023)

Professor Saxon White, AM (who sadly passed away in October 2025)

BENEFACTORS: In addition to paying membership fees, Members are invited to aid the cause of postgraduate education in our region, by paying an additional donation. HPMI wishes to sincerely thank the following **2 Health Professionals** for their additional support towards Excellence in CPD during 2025

Dr Chandrasekhara Padmakumar and Dr Milton Sales OAM

COMPLIMENTARY MEMBERSHIP

VALLEY TO COAST CHARITABLE TRUST continued to cover GP Trainees' HPMI Membership fees during 2024. This entitled Trainees Free Registration at HPMI meetings and Online courses, as well as Reduced Registration at Certificate Courses.

79 Trainees took up Complimentary Membership and had 147 attendances at HPMI events.



HUNTER NEW ENGLAND LOCAL HEALTH DISTRICT (HNELHD). HPMI continued to grant Complimentary Membership to Junior Medical Officers to encourage lifelong learning. Free Registration at HPMI meetings and Online courses, as well as Reduced Registration at Certificate Courses.



THE UNIVERSITY OF NEWCASTLE HPMI continues to provide Health Students with Complimentary membership, entitling them to free education via HPMI.



HPMI SUSTAINABLE HEALTH CARE AWARD

HPMI continued to award two prizes to students enrolled in Year 3 of the Joint Medical Program. Dr Doug Howarth, Dr Max Mollenkopf, Dr Ehsan Mozafari, Dr Dimity Pond and Conjoint Professor Jeannette Lechner Scott judged reports on behalf of HPMI. The 2025 Prize Winners were:

Ms Capri Aldridge for her report on Air Pollution and Pregnancy Outcomes

Mr Jash Patel for his report on Mosquitoes, Townsville and Cyclones

YEAR 2025 MEMBERS

HPMI is grateful to all who have become Members of HPMI for 2025. Your support is greatly appreciated.

BENEFACTORS are highlighted and thanked for their additional support.

Abbott, Claire	Arora, Simple	Bell-Hastings, Melissa	Bruce, Ashlie
Abel, Francois	Arunasalam, Barath	Benbow, Kirsty	Bruce, Kate
Abilash, Blessy	Ashpole, Lilly	Benson, Chelee	Brunt, Catherine
Acharya, Sanjana	Asper, Maria	Berthelemy, Christine	Buckmaster, Ciara
Acksteiner, Christian	Atkins, Amarah	Bertock, Imogen	Budhathoki, Lina
Acland, Louise	Atrill, Fiona	Berwick, Timothy	Budhathoki, Saru
Adams, Johanna	Aung, Htet	Bilton, Peter	Bultitude, Tonia
Admin, Kim	Aung, Khing	Bingham, Abbie	Burke, Elaine
Afridi, Qurat ul Ain	Aung, Shinn	Biplab, Mehedi	Burns, Marie
Aganan, Armi	Avery, Angela	Bisterbosch, Felix	Burrough, Georgina
Aho, Allan	Azoury, Natalie	Blackwell, Vanessa	Burton, Nikki
Ahuja, Rajiv	Bahtam, Benirina	Blake, Stephanie	Burton, Sharon
Akbarnejad, Dorna	Baidya, Sweta	Blanch, Elizabeth	Butler, Kerry
Akguen, Dilek	Baihn, Kristen	Blanton, Jodie	Butt, Hilary
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The University of Newcastle	Hunter IVF
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	Newcastle Skin Check
	Older Person's Medical Clinics
Pharmaceutical Companies = 10	Private Health Sector = 5
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Arrotex Pharmaceuticals	Hunter Valley Private Hospital
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HUNTER NEW ENGLAND LOCAL HEALTH DISTRICT HPMI was an active partner in promoting HealthPathways , in association with Hunter New England Health and Hunter New England and Central Coast PHN, during 2025. 933 HealthPathways links are highlighted via HPMI's online Seminar Archives. HPMI continues to provide Junior Medical Officers with complimentary membership, to encourage lifelong learning.	 
HUNTER NEW ENGLAND AND CENTRAL COAST PRIMARY HEALTH NETWORK Hunter New England and Central Coast Primary Health Network continues to provide support each year for HPMI events. In 2025 scholarships were also provided for rural practices to become HPMI Members to take advantage of HPMI Education.	
HUNTER MEDICAL RESEARCH INSTITUTE HPMI is extremely grateful to the Hunter Medical Research Institute for the use of their wonderful facility for HPMI Meetings held on Saturdays during 2025 at a discounted rate.	
RESEARCH, EDUCATION, ACADEMIC CULTURE AND HERITAGE (REACH) HPMI continues to hold funds for REACH. These funds are to be utilised by HPMI to organise appropriate events.	

PROGRAM COMMITTEE REPORT

HPMI EDUCATION 2025

- Cardiology Update
- Paediatric Update
- Medicinal Cannabis Prescribing (1 Online Session)
- Endocrinology Update
- Orthopaedic & Spinal Update
- Adult ADHD (1 Online Session)
- Is a Headache Always a Headache? The Management of Neck Pain and Cervicogenic Headaches Update (1 Online Session)
- Practical Update
- Women's Health Update
- HPMI Educational Medical Update Day
- HPMI Education Medical Update Day Online Component
- 5 Nursing CPD Meetings
- 1 Dementia Matters Meeting
- 5 Practice Administration CPD Meetings
- 5 Certificate Courses
- 4 Practical Courses – Ear Pathology
- 4 Mirena Insertion Courses
- 14 Clusters (in practice education) – 130 meetings
- 1 Interest Group – 4 meetings
- 4 Hunter Parkinson's Society Meetings
- 1 Immunology Crossroads Conference
- 2 Hunter Pain Forums

QUALITY IMPROVEMENT & CONTINUING PROFESSIONAL DEVELOPMENT

During 2025, the Hunter Postgraduate Medical Institute (HPMI) continued its successful provision of independent Quality Improvement and Continuing Professional Development (QI&CPD) to the Health Profession in our region.

HPMI is an Accredited Provider of QI&CPD for both the Royal Australian College of General Practitioners (RACGP) and the Australian College of Remote and Rural Medicine (ACRRM).

The Medical Board of Australia (MBA) changed the requirements for General Practitioners from 2023. It is now a requirement for General Practitioners to participate in different types of CPD activities, including a mix of educational activities (knowledge and skills), measuring outcomes and reviewing performance. Most of HPMI activities are accredited as educational activities (EA). When possible HPMI will incorporate the different types of CPD.

HPMI adheres strictly to RACGP and ACRRM Guidelines regarding sponsorship and maintains an ethical relationship with sponsors in relation to the delivery of education, which is completely independent of sponsoring organisations.

ONLINE STREAMING

HPMI offered live streaming of most events during 2025 and these Video recordings are available via HPMI's website for those HPMI Members who are unable to attend.

HEALTHPATHWAYS

Access to Hunter and New England [HealthPathways](#), a web-based information portal supporting primary care clinicians to plan patient care through primary, community and secondary health care systems, is available via HPMI's website. It is like a 'care map' so that all members of a health care team – whether they work in a hospital or the community - can be on the same page when it comes to looking after a particular person. [HealthPathways](#) are designed to be used at the point of care, primarily for General Practitioners, but are also available to Hospital Specialists, Nurses, Allied Health, and other Health Professionals within Hunter & New England. In total there are [933 HealthPathways](#) links via HPMI events housed in HPMI Seminar archives via HPMI Online.

ONLINE EDUCATION

HPMI EDUCATION WEBSITE

Handouts, PowerPoint presentations and videos of lectures from HPMI meetings since 2007.

During 2025, 21 events were posted online with 464 Certificates issued to participating registrants. 81 videos were uploaded to the HPMI website. 136 links to relevant [HEALTHPATHWAYS](#) were added in 2025

COURSES [113 Health Professionals participated in Courses as follows:](#)

Mirena (40), Ear Irrigation (47), Educational Medical Update Day Online Component (26)

EAR IRRIGATION ONLINE COURSE

This Course complements HPMI's Ear Pathology and Wax Management Course. Syringing a patient's ears is usually performed to remove the cerumen (wax). Although a common procedure, it is invasive with the potential to cause discomfort or even injury to the patient. Certificates of Completion provided.

MIRENA INSERTION COURSE

This Course, incorporated with practical teaching sessions on Mirena Insertion, offers extra information and assessment necessary to attain Certificate of Completion.

HAND CLEANSING

How to wash your hands and quiz. Certificates of Completion provided. Available to HPMI Members

ONLINE PUBLICATIONS

HPMI HISTORY

Pictures of the History of Medicine in Newcastle. HPMI's Commemorative Dinner 2010 Booklet and History of HPMI housed here.

HPMI SUSTAINABLE HEALTH CARE AWARDS

HPMI annually awards two prizes to students enrolled in Year 3 of the Joint Medical Programs who are members of HPMI. Winners' reports, and presentations at HPMI AGMs, since 2013, are housed on HPMI's website.

HUNTER HEALTH MEMOIRS – 1920 ONWARDS

Free access to audio recordings of interviews, originally made by Dr Steve De Lyall, with several prominent Newcastle Medicos. Professor Alan Hewson continued to update memoir contributions with video recordings until 2017. This compilation of first-hand accounts and unbelievable tales will go down in the history books as 85 years of doctors who built the world of medicine in the Newcastle region. Access to memoirs is freely available via our website, however, donations are happily received. It is also possible to purchase an MP3 of original audio recordings for \$22 from HPMI.

The memoirs are first-hand accounts from doctors who made a unique contribution to medical history covering the period when medical knowledge – and practice – was expanded explosively after WW2 in Newcastle. These interviews are a fascinating resource for anyone interested in the background of the medical practice of today's doctors. HPMI has now begun video recording other practitioners for posterity.

At the [200 Years of a Hospital in Newcastle conference](#) held in 2017, Professor Alan Hewson, Dr Peter Hendry and Dr Owen James were honoured. Recordings of this are included with their Memoir contributions. The other History Meetings are available online as well via the Hunter History tab.

OPIOID PODCASTS FOR GPs

Dr David Outridge, a General Practitioner from Valley Medical Practice, Waratah, has designed podcasts series on Opioid Dependence in association with HPMI. There are a total of 20 Podcasts.

WEBSITE HOSTING

Antibiotic Module – GP Synergy

HPMI has been approached to host modules on our website. Previously we had worked with General Practice Training Valley to Coast to host the Trainee education modules on our site. After GPTVTC became defunct these modules remained but weren't accessed. This year we were approached by GP Synergy to host an Antibiotic Education Online Module for Registrars and GP Supervisors. HPMI was paid for Steve James to upload this module and for HPMI to host these modules.

iSISTAQUIT

HPMI was approached by the University last triennium to apply for points for the SISTAQUIT project as well as to host their Online module of the SISTAQUIT project. In 2023, Southern Cross University took over this project and approached HPMI to continue to host their module with a few changes.

2025 ANNUAL PROGRAM OF EVENTS BREAKDOWN

BREAKDOWN OF 2025 REGISTRANTS

1633	General Practitioners	56%
497	Nurses	17%
188	Specialists	7%
179	Practice Admin (including Managers)	6%
167	Allied Health Professionals	6%
147	GP Registrars	5%
84	Junior Medical Officers & Health Students	3%
19	Other (researchers, PhD)	1%
2914	TOTAL REGISTRANTS (including 1256 Streamed online)	

HPMI HYBRID UPDATES = 6

		Attended	Streamed Online	Viewed After Event	
1	22.02.25	53	51	20	Cardiology Update
2	22.03.25	29	36	28	Paediatric Update
3	24.05.25	37	31	40	Endocrinology Update
4	21.06.25	49	35	34	Orthopaedic & Spinal Update
5	25.10.25	45			Practical Update
6	15.11.25	53	42	30	Women's Update
Total Registrants		266	195	152	378 Individual Health Professionals educated

HPMI WEBINAR UPDATES = 3

		Streamed Online	Viewed After Event	
1	10.04.25	14	15	A Practical Guide to Medicinal Cannabis Prescribing for GP's
2	31.07.25	48	26	Adult ADHD
3	21.08.25	37	21	Is a Headache Always a Head Ache? The Management of Neck Pain and Cervicogenic Headaches
Total Registrants		99	62	131 Individual Health Professionals educated

HPMI EDUCATIONAL MEDICAL UPDATE DAY = 1

		Attended	Streamed	Viewed After Event	
1	20.09.25	115	19	35	

HPMI EDUCATIONAL MEDICAL UPDATE DAY Online Component = 1

1	Online after 20.09.25		26	
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NURSING CPD = 5

		Streamed Online	Viewed After Event	
1	13.02.25	22	13	Understanding and Addressing Trauma: Practical Strategies for Nurses
2	08.05.25	22	19	Pathology Interpretation
3	12.06.25	20	29	Procedures for Vaccine Storage and Cold Chain Management
4	11.09.25	28	15	Lifestyle Management in Chronic Disease Care: Nutrition, Exercise, and Medication
5	13.11.25	8		Legalities of Nursing Practice in General Practice
Total Registrants		100	76	131 Individual Health Professionals educated

HPMI DEMENTIA MATTERS MEETING = 1

		Attended	Streamed Online	Viewed After Event	
1	30.08.25	8	14	16	

2025 ANNUAL PROGRAM OF EVENTS BREAKDOWN

Continued

PRACTICE ADMINISTRATION CPD = 5				
		Streamed	Viewed After Event	
1	27.03.25	22		Responding to Domestic Family Violence – A Whole Practice Approach
2	29.05.25	25	22	Security, Informed Consent, Privacy & eReferrals
3	07.08.25	25	14	Enhancing Team Dynamics: Roles, Responsibilities, and Communication
4	25.09.25	17	21	Measuring What Matters: Key Performance Indicators For Practice Administration
5	06.11.25	47	19	Aboriginal Cultural Awareness Training
Total Registrants		136	76	160 Individual Health Professionals educated
CERTIFICATE COURSE MEETINGS = 5				
		Attended		
1	18.02.25	21	CPR – Resuscitation Skills in General Practice	
2	15.05.25	21	CPR – Resuscitation Skills in General Practice	
3	30.07.25	20	Triage – for General Practice	
4	14.08.25	15	CPR – Resuscitation Skills in General Practice	
5	27.11.25	20	CPR – Resuscitation Skills in General Practice	
Total Registrants		97	97 Individual Health Professionals attended	
PRACTICAL COURSE MEETINGS = 4				
24.02.25		12	Ear Pathology and Wax Management	
30.06.25		15	Ear Pathology and Wax Management	
1.09.25		4	Ear Pathology and Wax Management	
3.11.25		19	Ear Pathology and Wax Management	
Total Registrants		50	50 Individual Health Professionals attended	
MIRENA INSERTION COURSES = 3				
10.03.25		13	Mirena Insertion Course	
12.05.25		14	Mirena Insertion Course	
4.08.25		11	Mirena Insertion Course	
Total Registrants		38	38 Individual Health Professionals attended	
CLUSTERS = 13 (87 Meetings)				
	Number of meetings	Area	Attendees	Individual Attendees
1	15	Belmont	128	13
2	8	Charlestown	67	27
3	3	Forster	69	53
4	8	Hamilton	86	20
6	8	Maitland	118	51
7	5	Newcastle	31	14
8	5	New Lambton	29	10
9	7	Port Stephens	43	15
10	7	Raymond Terrace	45	11
11	7	Swansea	61	14
12	6	Taree	49	19
13	8	Warners Bay	84	27
87		Total Registrants 802	802	275 Individual Health Professionals
43		BRGP Meetings	586	31 Individual Health professionals

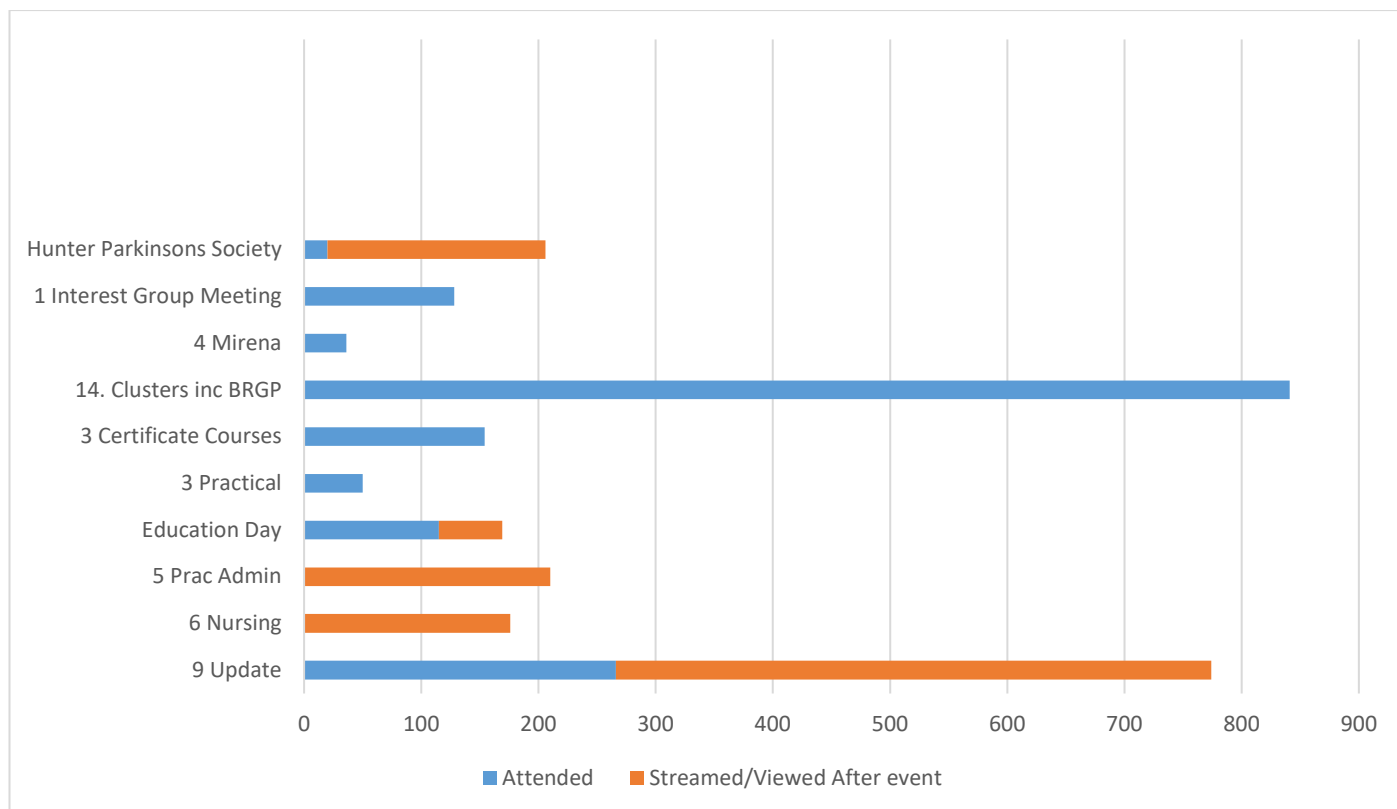
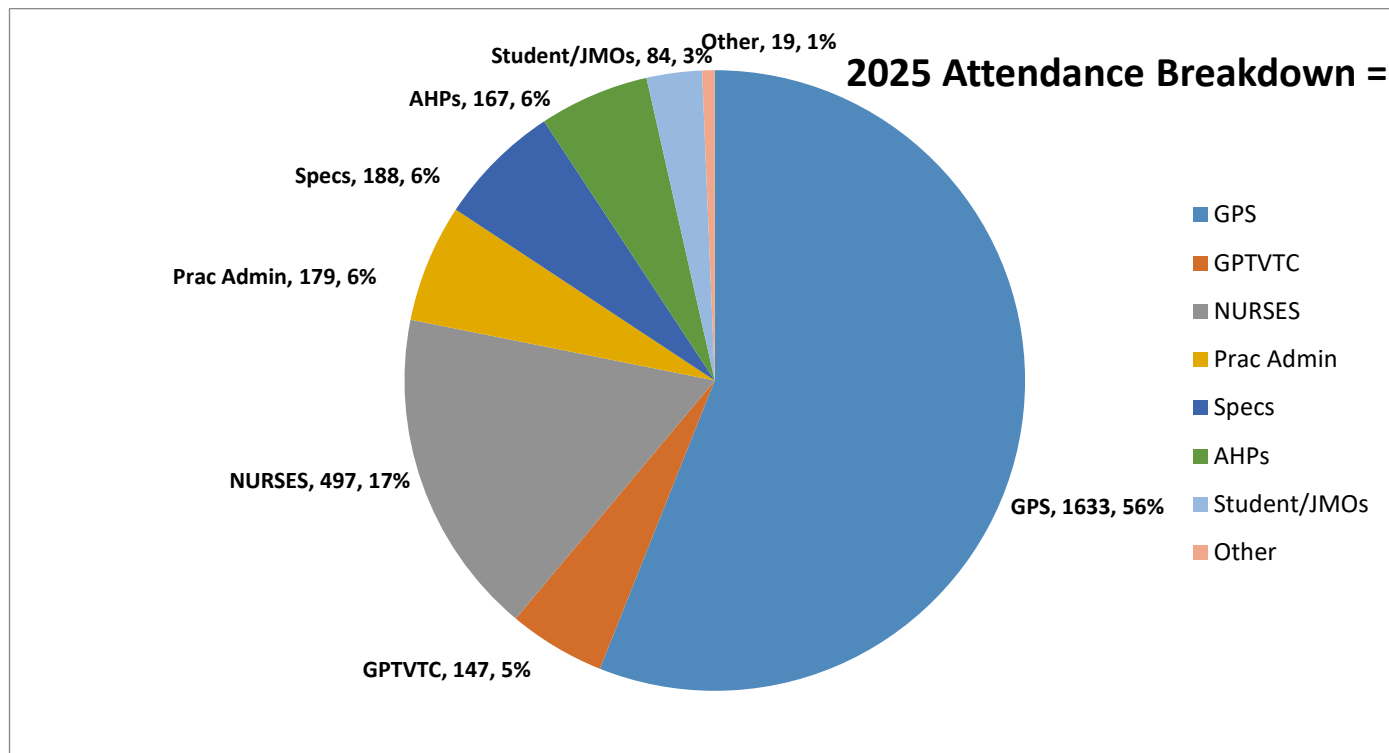
2025 ANNUAL PROGRAM OF EVENTS BREAKDOWN

Continued

Women's Health Interest Group		
4 meetings	attended	
01.04.25	40	
29.07.25	43	
08.10.25	25	
04.11.25	20	
Total Registrants	128	94 Individual Health Professionals attended

HPMI CONFERENCE ORGANISED MEETINGS				
Immunology Crossroads Conference				
	Attended in Person	Streamed Online	Viewed After Event	
18.10.25	88	7	2	111 Health Professionals Participated
Pain Forum - Maitland				
	Attended in Person	Streamed Online	Viewed After Event	
29.04.25	21	0	0	21 Health Professionals Participated
Pain Forum - Newcastle				
	Attended in Person	Streamed Online	Viewed After Event	
24.06.25	35	0	0	35 Health Professionals Participated

HUNTER PARKINON'S SOCIETY MEETINGS = 4				
	Attended in Person	Streamed Online	Viewed After Event	
02.05.25	5	49	3	Meeting 1
18.07.25	5	28	0	Meeting 2
19.09.25	5	43	2	Meeting 3
28.11.25	5	41	20	Meeting 4
Total Registrants	20	161	25	206 Total
ONLINE COURSES				
2 Courses	87	Mirena (40), Ear Irrigation (47)		



HPMI UPDATES 2025

- HPMI is grateful to Hunter Medical Research Institute for allowing us to use of their venue for HPMI Updates at a discounted rate.
- These Updates were sponsored and streamed live
- HPMI wished to thank all the speakers involved in the HPMI Updates for 2025 for donating their time to present to the local health professional community
-  indicates that Handouts, presentations and/or video recordings are available on HPMI's website



CARDIOLOGY UPDATE 22 FEBRUARY 2025 Saturday 9.00 am - 4.15 pm	Convenor	DR ROHAN BHAGWANDEEN, <i>Interventional Cardiologist and Senior Staff Specialist, John Hunter Hospital and Newcastle Heart, Hamilton</i>
	Chair	DR EHSAN MOZAFARI, <i>General Practitioner, Family Circle Medical Practice, Hamilton</i>
	124 (incl 71 online) Registrants	161 Participants (includes Speakers and Trades)
	Trade Displays 18	
 HealthPathways available to view via HPMI Online	Atrial Fibrillation Heart Murmurs in Adults Acute Chest Pain Heart Failure	Hypertension Urgent Cardiology Referral Non-urgent Cardiology Referral
SCREENING FOR CORONARY ARTERY DISEASE; WHEN SHOULD WE DO IT? WHAT IS THE ROLE OF CORONARY ARTERY CALCIUM SCORING AND CTCA?	DR STUART SUGITO <i>Cardiologist and Cardiac Imaging Specialist, John Hunter and Maitland Hospitals and Newcastle Heart, Hamilton</i>	
MANAGEMENT OF ATRIAL FIBRILLATION: NEW ADVANCES, EARLY REFERRAL FOR ABLATION	DR GWILYM MORRIS <i>Cardiologist and Cardiac Electrophysiologist, John Hunter Hospital and Newcastle Adult & Paediatric Heart Centre, Lambton</i>	
MANAGING THE HIGH BLEEDING RISK PATIENT WITH AF INCLUDING LEFT ATRIAL APPENDAGE CLOSURE	DR RACHAEL HATTON <i>Cardiologist, Belmont and John Hunter Hospitals and Newcastle Adult & Paediatric Heart Centre, Lambton</i>	
HEART AND KIDNEY, AN INSEPARABLE RELATIONSHIP	PROFESSOR BOBBY CHACKO <i>Director of Renal Services, John Hunter Hospital</i>	
NEW PARADIGM IN AORTIC STENOSIS: THE ROLE OF TAVI CLEARLY DEFINED	DR ROHAN BHAGWANDEEN <i>Interventional Cardiologist and Senior Staff Specialist, John Hunter Hospital and Newcastle Heart, Hamilton</i>	
MANAGEMENT OF MYOCARDIAL INFARCTION – ISSUES FOLLOWING DISCHARGE	DR NICK COLLINS <i>Cardiologist, John Hunter Hospital and Newcastle Adult & Paediatric Heart Centre, Lambton</i>	
ADVANCES IN HEART FAILURE WHAT TO START WHEN	DR RAJINDER HARJIT SINGH <i>Staff Specialist, Procedural Heart Failure Cardiologist, John Hunter and Maitland Hospitals and Hunter Cardiac Investigations</i>	
INTERPRETATION OF AN ABNORMAL HOLTER MONITOR WHEN TO PACE	DR STEPHEN BRIENESSE <i>Cardiologist and Cardiac Electrophysiologist, John Hunter and Maitland Hospitals, Barlow Cardiology, New Lambton Heights</i>	
MANAGEMENT OF HYPERTENSION: TACKLING THE TRICKY CASES!	DR LLOYD BUTEL-SIMOE <i>Cardiologist, John Hunter Hospital</i>	

THANKS, ARE EXTENDED TO MEETING SPONSORS (11):



Thanks are also extended to the following for setting up Trade Displays (7)

Arrotex, Bristol Myers Squibb, Chiesi, Hunter Imaging Group, Newcastle Private Hospital, Novo Nordisk, Ramsay Health

HPMI UPDATES 2025 CONTINUED

PAEDIATRIC UPDATE

22 MARCH 2025

Saturday 8.50 am - 4.10 pm

Convenor

Chair

Registrants 93 (includes **64** Streaming)

Trade Displays 10

DR LIZ PERCIVAL,
Staff Specialist General Paediatrician, John Hunter Children's Hospital

DR EHSAN MOZAFARI,
General Practitioner, Family Circle Medical Practice, Hamilton

118 Participants (includes Speakers and Trades)

 HealthPathways available to view via HPMI Online	Paediatric Sepsis (including Meningitis) Rash in Unwell Children Paediatric Dental Infection Paediatric Oral Checks Eating Disorders in Children and Adolescents Eating Disorders Treatment for Children and Adolescents Referrals Transgender Health – Children and Adolescents
APPROACH TO ABDOMINAL PAIN	DR JILL ORFORD Paediatric Surgeon, Children, Young People and Families Health Services, New Lambton Heights
GAS AND ALL ITS DISGUISES - GROUP A STREP	DR COEN BUTTERS Paediatric Infectious Diseases Physician, The Newcastle Paediatric Clinic, New Lambton Heights
DENTAL HEALTH	DR HELEN CORNWELL Paediatric Dentist, KidsSmile, Broadmeadow & East Maitland and Visiting Medical Officer, John Hunter Children's Hospital
DIETARY MANAGEMENT EATING DISORDER/SENSITIVITIES	KATE A'BECKETT Dietitian, Inpatient Eating Disorders Program Youth Engagement Service, John Hunter Children's Hospital
OPHTHALMOLOGY	DR SHIVRAM NADKARNI Ophthalmologist, Toronto Eye Surgery, Toronto and Visiting Medical Officer, John Hunter Hospital and Warners Bay Private Hospital
SPORTS INJURIES CHILDREN ARE NOT SMALL ADULTS	DR ROSS CAIRNS Sports Medicine Physician, Newcastle Sports Medicine, Warners Bay
GENDER DIVERSITY	DR YOLANDIE GOODYEAR Child & Adolescent Psychiatrist, Maple Leaf House, Hamilton and NewPsych, Newcastle
ADHD	DR HEIDI GOLDSMITH Staff Specialist Paediatrician, ADHD Service, Wallsend
ANXIETY IN CHILDREN	DR YOLANDIE GOODYEAR Child & Adolescent Psychiatrist, Maple Leaf House, Hamilton and NewPsych, Newcastle

THANKS ARE EXTENDED TO MEETING SPONSORS (5):



Thanks are also extended to the following for setting up Trade Displays (5)
Aspen, Chiesi, HealthPathways, Hunter Imaging Group, Novo Nordisk

HPMI UPDATES 2025 CONTINUED

ENDOCRINOLOGY UPDATE

24 MAY 2025

CHAIR

DR EHSAN MOZAFARI

General Practitioner, Family Circle Medical Practice,
Hamilton

Registrants 108 (includes
71 streaming)

142 Participants (includes Speakers
and Trades)

TRADE DISPLAYS 16

SATURDAY 12.25 PM - 5.10 PM

THYROID AND PARATHYROID	DR CHRIS ROWE <i>Endocrinologist, John Hunter Hospital and Newcastle Endocrinology Charlestown</i>	✓
DIABETES	DR KIRSTEN MURRAY <i>Endocrinologist, Hunter Endocrinology, Adamstown</i>	✓
UPDATE ON OSTEOPOROSIS	DR CHRIS SANKOORIKAL <i>Endocrinologist, Kotara Specialist Suites, Kotara</i>	✓
PUBERTY ISSUES	DR ROWEN SECKOLD <i>Paediatric Endocrinologist, John Hunter Children's Hospital, New Lambton Heights</i>	✓
RARE ENDOCRINOLOGY SYNDROMES	DR WILLIAM YU <i>Endocrinologist, Kotara Specialist Suites, Kotara</i>	✓
MENOPAUSE MANAGEMENT – MENOPAUSAL HORMONE THERAPY	DR JOHANNA KUEHN <i>Endocrinologist, Menopause Hub, Wallsend Health Campus</i>	✓

THANKS, ARE EXTENDED TO MEETING SPONSORS (6):

AMGEN



dexcom

**Boehringer
Ingelheim**

CSL Seqirus

GSK

IPSEN

Thanks are also extended to the following for setting up Trade Displays (10)

Arrotex, AstraZeneca, Bayer, Chiesi, Hunter Imaging Group, Lawley, Lilly, Mundipharma, Novo Nordisk, Theramex

HPMI UPDATES 2025 CONTINUED

ORTHOPAEDIC AND SPINAL UPDATE

21 JUNE 2025

SATURDAY 8.55 AM – 5.00 PM

Convenor / Chair

DR PETER BERTON

Senior Consultant Knee Surgeon, Newcastle Knee Clinic,
Kotara and Lingard, Maitland & Newcastle Private Hospitals

Registrants 118
(includes 69 Streaming)

137 Participants
(includes Speakers and Trades)

Trade Displays 11

 HealthPathways available to view via HPMI Online	Acute Foot and Toe Injuries Ankle Fractures Ankle Sprain Frozen Shoulder	Rotator Cuff Disorders Shoulder Dislocation and Subsequent Dislocations Back Pain in Adults Neck Pain
A NON OPERATIVE OA MANAGEMENT AND AVOIDING INFECTIONS IN LOWER LIMB ARTHRITIS SURGERY	ASSOCIATE PROFESSOR DAVID DEWAR <i>Orthopaedic Surgeon, John Hunter Hospital and Newcastle Private Hospital, New Lambton Heights</i>	
ELECTIVE ORTHOPAEDIC SURGERY AND FAT EMBOLISM	DR DAVID KIRWAN <i>Orthopaedic Surgeon</i>	
ONCOLOGY/SARCOMA SURGERY – WHAT WE ARE CAPABLE OF DOING NOW	DR RICHARD BOYLE <i>Orthopaedic Surgeon, North Shore Private Hospital, Royal Prince Alfred Hospital, The Institute of Rheumatology and Orthopaedics, and The Children's Hospital, Westmead</i>	
SIMPLE FRACTURE MANAGEMENT IN 2025	DR TIM KARBOWIAK <i>Orthopaedic Surgeon, The Hand Surgery Centre, Newcastle Private Hospital, New Lambton Heights</i>	
BACK PAIN AND RADICULOPATHY: WHEN TO INJECT, WHEN TO REFER	DR SOPHIA ROSER <i>Neurosurgeon, John Hunter Hospital and Newcastle Private Hospital, New Lambton Heights</i>	
PATELLAR INSTABILITY AND PATTERNS OF KNEE INSTABILITY MANAGEMENT	DR PETER BERTON <i>Senior Consultant Knee Surgeon, Newcastle Knee Clinic, Kotara and Lingard, Maitland and Newcastle Private Hospitals</i>	
NEW ADVANCES IN HAND ARTHRITIS AND WRIST INSTABILITY MANAGEMENT	DR TANYA BURGESS <i>Orthopaedic Surgeon, Hunter Hand Surgery, Adamstown</i>	
ROTATOR CUFF AND SHOULDER OA MANAGEMENT INCLUDING ARTHROPLASTY	DR JULIANNE BURNTON <i>Orthopaedic Surgeon, Maitland Hand & Orthopaedic Surgery, East Maitland</i>	
FOOT AND ANKLE INSTABILITY	DR STEVE KENT <i>Orthopaedic Surgeon, Hunter Foot & Ankle, Cooks Hill</i>	

THANKS, ARE EXTENDED TO THE MEETING SPONSORS (4):

enovis™

HEAL
Specialist Urgent Care

Lingard Private Hospital Maitland Private Hospital

 **Hunter Valley**
PRIVATE HOSPITAL

 **Newcastle**
PRIVATE HOSPITAL
by Healthscope

Thanks are also extended to the following for setting up Trade Displays (7):

Chiesi (no representative on the day, paperwork/flyers left on table), HealthPathways, Hunter Imaging Group, iNova, Lilly, Novo Nordisk, Viatrix

HPMI UPDATES 2025 CONTINUED

PRACTICAL UPDATE

25 OCTOBER 2025

SATURDAY 8.40 AM – 3.40 PM

Chair

DR ESHAN MOZAFARI

General Practitioner, Family Medical Centre, Hamilton

Chair

DR MILTON SALES

General Practitioner, Brunker Road General Practice, Adamstown

REGISTRANTS 45

60 PARTICIPANTS (INCLUDES
SPEAKERS AND TRADES)

TRADE DISPLAYS 7

 HealthPathways available to view via HPMI Online	Eczema (Atopic Dermatitis) in Children Rash in Unwell Children Burn Injuries Lacerations Leg Ulcers	Pressure Injury in Spinal Cord Injury Skin Tears Chronic and Non-Healing Wounds Wound Management Products Wound Care Referrals
EMERGENCY MEDICINE	DR TIM STEWART <i>Emergency Medicine Physician</i> DR CARINA SMITH <i>Emergency Medicine General Practitioner, HEAL Specialist Urgent Care</i>	
DERMATOSCOPY	DR PAUL SAUNDERS <i>Skin Proceduralist, Newcastle Skin Check</i>	
WOUND MANAGEMENT	MARGO ASIMUS <i>Wound Management Nurse Practitioner, Wound Education Clinical Training Made Easy</i>	
RASHES	DR BALAJI CHALAPATHY <i>General Practitioner, Newcastle Skin Medical Centre, Georgetown</i>	
MIRENA INSERTION COURSE	DR MILTON SALES <i>General Practitioner, Brunker Road General Practice, Adamstown</i> DR PHOEBE WALSH <i>General Practitioner, Brightwell Health, Newcastle West</i>	
BRACING, TAPING & CASTING; WAS CURRENT, CONTEMPORARY, EVIDENCE-BASED AND RELEVANT	DAVID NAYLOR <i>Senior Physiotherapist, Ethos Health</i>	
ECG INTERPRETATION	DR STEPHEN BRIENESSE <i>Cardiologist and Cardiac Electrophysiologist, John Hunter and Maitland Hospitals, Barlow Cardiology, New Lambton Heights</i>	

THANKS, ARE EXTENDED TO THE MEETING SPONSOR (1):



Thanks are also extended to the following for setting up Trade Displays (6):

Bayer, Chiesi, HEAL Urgent Care, Independence Australia, Lily, Novo Nordisk

HPMI UPDATES 2025 CONTINUED

WOMEN'S HEALTH UPDATE

Convenor

DR PENE THOMAS, Obstetrician and Gynaecologist, Hunter Women's Health Centre, Charlestown

Chair

DR KARLA RAJA, General Practitioner, Providence Warners Bay

Registrants 125
(includes 72 streaming)

155 Participants (includes speakers and trades)

15 NOVEMBER 2025

TRADE DISPLAYS 17

SATURDAY 8.55 AM – 3.30 PM

HUNTER & NEW ENGLAND HealthPathways HealthPathways available to view via <i>HPMI Online</i>	Adult Urinary Incontinence Chronic Pelvic Pain Dysmenorrhoea Endometriosis Menopause	Ovarian Cyst Polycystic Ovarian Syndrome (PCOS) Sub-fertility Vulval and Vaginal Pain (Vulvodynia)
INFERTILITY 101	DR KATE BURSTON <i>Reproductive Endocrinology and Infertility (REI) Fellow, Gynaecologist & Infertility Specialist, Newcastle Fertility Specialists, The Junction</i>	
PCOS	DR VERONICA KNIGHT <i>Obstetrician & Gynaecologist & Infertility Specialist, Hunter IVF</i>	
ADOLESCENT IRREGULAR BLEEDING	DR ANGELA DUNFORD <i>Obstetrician and Gynaecologist & Infertility Specialist, Newcastle Fertility Specialists, The Junction</i>	
ENDOMETRIOSIS SPECTRUM	DR ANGE BOULTON <i>Gynaecologist, Lambton</i>	
ENDOMETRIOSIS AND SURGERY	DR ASHMITA DESAI <i>Obstetrician, Gynaecologist and Advanced Laparoscopic Surgeon, Brightwell Health, Newcastle West</i>	
MENOPAUSE AND PERIMENOPAUSE	DR GEOFF OTTON <i>Gynaecological Oncologist, Lambton</i>	
URINARY INCONTINENCE	DR FRIDA CARSWELL <i>Obstetrician, Gynaecologist and Urogynaecologist, Brightwell Health, Newcastle West</i>	
RECURRENT UTIS	ASSOCIATE PROFESSOR ALISON BLATT <i>Urologist, Urology Care Newcastle, Adamstown</i>	

THANKS, ARE EXTENDED TO THE MEETING SPONSORS (7):



Thanks are also extended to the following for setting up Trade Displays (10):

Arrotex, Chiesi, HealthPathways, Hunter Imaging Group, Hunter IVF, Lilly, Newcastle Private Hospital, Novo Nordisk, Organon and Ramsay Health

HPMI UPDATES 2025 – ZOOM WEBINARS

- HPMI wished to thank all the speakers involved in the HPMI Zoom Webinar Updates for 2025 for donating their time to present to the local health professional community
-  indicates that Handouts, presentations and/or video recordings are available on HPMI's website

A PRACTICAL GUIDE TO MEDICINAL CANNABIS PRESCRIBING FOR GP'S

10 APRIL 2025

Thursday 6.30 pm – 8.00 pm

Registrants 29	29 Participants (includes Speakers)	
 HealthPathways available to view via HPMI Online	Cannabis Medicines	
A PRACTICAL GUIDE TO MEDICINAL CANNABIS PRESCRIBING FOR GP'S • Clarify the available evidence for the use of medicinal cannabis • Determine the regulatory framework and processes that exist around GP prescribing of medicinal cannabis	DR DOM KESBY General Practitioner, Providence Medical Centre, Warners Bay	

ADULT ADHD UPDATE

31 JULY 2025

Tuesday 6.30 pm – 8.30 pm

Chair	DR STEVEN LINDSAY, General Practitioner, Brunker Road General Practice, Adamstown	
Registrants 74	75 Participants (includes Speakers)	
THE MOST MISSED MINDS: ADHD IN WOMEN AND THE FUTURE OF SHARED CARE	DR ELLY GOODSALL General Practitioner, Whitebridge Medical Centre, Whitebridge	
DIAGNOSIS, CO-MORBIDITY (INCLUDING TRAUMA), OVERDIAGNOSIS CLAIMS AND BRIEF TREATMENT PATHWAYS (INCLUDING WHAT GPS CAN DO IN ABSENCE OF STIMULANTS)	DR GLIB POPOV Consultant Psychiatrist, Ramsay Clinic, Berkeley Vale Private Hospital, Berkeley Vale	

IS A HEADACHE ALWAYS A HEAD ACHE? THE MANAGEMENT OF NECK PAIN AND CERVICOGENIC HEADACHES UPDATE

21 AUGUST 2025

THURSDAY 6.30 PM – 8.30 PM

Chair	DR ESHAN MOZAFARI General Practitioner, Family Medical Centre, Hamilton	
Registrants 58	61 Participants (includes Speakers)	
OVERVIEW OF CERVICOGENIC HEADACHE – DEFINITION, EPIDEMIOLOGY, ANATOMY, DIAGNOSTIC CRITERIA AND DIFFERENTIAL DIAGNOSIS MEDICAL MANAGEMENT: THE ROLE OF THE PAIN PHYSICIAN	DR ANTHONY SCHWARZER Rheumatologist, Pain and Musculoskeletal Physician, Hunter Valley Private Hospital, Shortland	
CLINICAL CASE EXAMPLES EXPLORING DIFFERENTIAL DIAGNOSES AND OCCUPATIONAL ASPECTS OF CERVICOGENIC HEADACHE	DR CLAIRE HOLLO Occupational and Musculoskeletal Physician, Hunter Valley Private Hospital, Shortland	
PHYSIOTHERAPY MANAGEMENT OF NECK PAIN AND CERVICOGENIC HEADACHE	DAMIEN CUMMINS Headache Specialist, Physiotherapist, The Physio Joint, Mayfield	
PROPOSED RESEARCH		

HPMI EDUCATIONAL MEDICAL UPDATE

20 SEPTEMBER 2025

1st HPMI Educational Medical Update Day NEX (Newcastle Exhibition & Convention Centre)

The HPMI Educational Medical Update Day was held in September to replace the HPMI Newcastle Weekend.

The HPMI Educational Medical Update Day was a great success with **181 Participants**.

Thanks are extended to the Weekend Planning Committee for designing the program.

SPEAKERS

HPMI is grateful to all Speakers who gave of their time freely and help make this day of education such a success. A full list of Speakers who presented, along with topics, is outlined over.

HPMI is especially grateful to our Plenary Speaker on Saturday 20 September, Dr Norman Swan, who spoke on ***Is AI The Death or Rebirth of General Practice***, which was very well received.

181 PARTICIPANTS

12 Speakers

169 Registrants

Breakdown

169 Registrants (plus 16 absentees)

115 physically attended.

19 live streamed

35 viewed after

Registrant Breakdown as follows:

- **126** General Practitioners
- **15** GP Trainees
- **19** Nurses
- **3** Specialist
- **2** Practice Admin
- **4** Allied Health Professionals*

* AHPs - 1x Dietitian, 1x Chiropractor, 1x Physiotherapist, 1xRadiographer

QI&CPD POINTS

Participants received hours in specific categories. EA & RP Sessions were approved with the RACGP and were indicated on the program. RP hours were only available to those attending face-to-face. If attending the entire day, there was a total of 7 hours (EA: 6/MO: 0/RP: 1) available.

Certificates of Attendance were also provided for Registrants from other Certifying Bodies.

Handouts and videos available via HPMI's website ([HPMI Online](#)), where appropriate [HealthPathways](#) were highlighted in topics over the weekend as per following report.

HPMI NEWCASTLE WEEKEND 2025 - TRADE FAIR

HPMI Sponsors were allocated a trade display in the catering area as part of their 2025 Sponsorship. There were **31** organisations displaying, with 47 representatives in attendance. HPMI is extremely grateful to the following organisations for their additional support.

Principal Sponsors			
 Health Hunter New England Local Health District	 phn HUNTER NEW ENGLAND AND CENTRAL COAST An Australian Government Initiative	 THE UNIVERSITY OF NEWCASTLE AUSTRALIA	
Trade Displays			
Alike Specialist Medical & Healthcare Hub AMGEN Australia Arrotex Pharmaceuticals Aspen Australia AstraZeneca Bayer Australia Besins Healthcare	Boehringer Ingelheim Chiesi Australia Cutcher & Neale Accounting & Finance Ego Pharmaceuticals Eli Lilly Australia GSK GXU Radiology Specialists	Heal Urgent Care Hunter IVF Independence Australia Lake Macquarie Private Hospital Lundbeck New Ability Health Newcastle Private Hospital Novartis Pharmaceuticals Aus.	Novo Nordisk Pharmaceuticals NSW Health Pathology Organon Pfizer Australia Seqirus, a CSL Company The PHN Vascular One Viatris

HPMI MEDICAL EDUCATION UPDATE CONTINUED

SATURDAY 20 SEPTEMBER 2025		
 HealthPathways below available to view via HPMI Online	 Handouts, presentations <u>and/or</u> video recordings are available on HPMI's website	
Plenary – Is AI The Death or Rebirth of General Practice	Dr Norman Swan Physician, Journalist and Broadcaster	
ADVANCES IN INTERVENTIONAL RADIOLOGY Medical Imaging Referrals Radiation Dosages	Dr Jaw Tzeng Tronidjaja Radiologist, Hunter Valley Interventional Radiology	
DIAGNOSIS OF MELANOMA & PIGMENTED LESIONS Benign and Premalignant Skin Lesions Melanoma Skin Biopsy Skin Cancer (Non-pigmented) Skin Lesion Excision	Dr Sally de Zwaan Dermatologist, Cygnet Dermatology	
INCIDENTAL VASCULAR IMAGING – WHAT NEXT?	Dr Zoheb Williams Vascular Surgeon, Hunter Vascular	
RHEUMATOLOGY CASES Fibromyalgia Giant Cell Arteritis (GCA) or Temporal Arteritis Gout Inflammatory Arthritis Joint Pain Osteoporosis Osteoarthritis (OA) Polymyalgia Rheumatica (PMR) Septic Arthritis Rheumatology Referrals	Dr John van der Kallen Rheumatologist, Georgetown Arthritis	
PAEDIATRIC CARDIOLOGY – GP ESSENTIALS Heart Murmurs in Children and Adolescents Urgent Cardiology Referrals – Child and Youth Non-Urgent Cardiology referrals – Child and Youth Echocardiography – Child and Youth	Dr Jascha Kehr Paediatric Cardiologist, Newcastle Adult & Paediatric Heart Centre	
DISEQUILIBRIUM: VERTIGO & DIZZINESS Incidental Neurological findings on Imaging Vertigo White Matter Hyperintensities (WMH) Neurology Referrals	Dr James Thomas Neurologist, Newcastle Brain Centre	
ENT UPDATE FOR PRIMARY CARE Dysphagia Ear Discharge Ear Wax Hearing Loss in Adults Hoarse Voice (Dysphonia) Nasal Fracture Acute Otitis Media (AOM) in Children Otitis Media with Effusion (GlueEar) Rhinosinusitis Tinnitus Tonsillitis and Sore Throat ENT Referrals	Dr Diaa Samuel Ear Nose and Throat Surgeon, Warners Bay Private Hospital	
GALLBLADDER DISEASE – UPPER GI UPDATE	Dr Simon Whitcher General, Bariatrics & Benign Upper GI Surgeon, Hunter Weight Loss & Upper GI	

HPMI MEDICAL EDUCATION UPDATE CONTINUED

LUNG CANCER SCREENING – LATEST GUIDELINES Lung Cancer Screening Respiratory Referrals	Dr David Arnold Respiratory & Sleep Physician, Belmont, Calvary Mater and JHH	
MALE UROLOGY Acute Urinary Retention Adult Urinary Incontinence Benign Prostatic Hyperplasia (BPH) Chronic Scrotal Pain Epididymo-orchitis Haematuria Incidental Renal Lesion Prostate Cancer Renal Colic and Urolithiasis Urinary Catheters Urology Referrals	Dr Dane Cole-Clark Urologist, HNELHD	
<i>Interactive Session – 1 RP hour</i> ENHANCING DIFFICULT CONVERSATIONS WITH PATIENTS & COLLEAGUES	Mr Amir Salem Clinical Psychologist, Mind Body Innovation Centre	

HPMI EDUCATIONAL MEDICAL UPDATE DAY – ONLINE COMPONENT

Participants of the HPMI Educational Medical Update had the opportunity to complete an online component that was eligible for 4 Reviewing Performance hours. This online component involved reviewing HealthPathways that related to the content from the HPMI Educational Medical Update Day and then reflecting on 15 pathways they reviewed.

26 registrants participated in the Online Component of the HPMI Education Medical Update Day

NURSING ONLINE CPD 2025

Evening Meetings 6.30 – 8.30 pm
Held via Zoom Webinar

HPMI continued delivery of education for Practice Nurses in 2025. Education was designed by a Nursing CPD Planning Committee. HPMI Members were entitled to free registration. Meeting format was two hours of education on Thursday evenings. HPMI houses handouts and recordings of meetings on our website and attendees and HPMI members can access these for free. [Relevant HealthPathways are also highlighted on HPMI's website.](#)

Thank you to Lesli Dunncliff who chaired all Nurse online CPD in 2025

In 2025 there were 176 attendances at Nursing CPD by 131 Individual Health Professionals.

	DATE	Streamed	PRESENTER/S	HealthPathways	WEB
UNDERSTANDING AND ADDRESSING TRAUMA: PRACTICAL STRATEGIES FOR NURSES	13.02.25	35	AMIR SALEM Clinical Psychologist, Mind Body Innovation Centre, Wickham	Trauma informed care	
PATHOLOGY INTERPRETATION	08.05.25	41	DR RICHARD RUDELL Staff Specialist, Clinical Chemistry, NSW Health Pathology DR AILEEN OON Staff Specialist, Microbiology, NSW Health Pathology		
PROCEDURES FOR VACCINE STORAGE AND COLD CHAIN MANAGEMENT	12.06.25	49	SHARON SAXBY Clinical Nurse Consultant – Immunisation Clinical Lead, Health Protection, Population Health – HNE Wallsend	Vaccine Cold Chain Storage	
LIFESTYLE MANAGEMENT IN CHRONIC DISEASE CARE: NUTRITION, EXERCISE, AND MEDICATION	11.09.25	43	DR JANE WATSON Senior Dietitian, Ethos Health, Wickham DR HAYLEY SCOTT Lecturer in Nutritional Biochemistry, University of Newcastle MEL JOHANNESSEN Clinical Pharmacist, John Hunter Hospital	Lifestyle Management Weight Management in Adults Older People Weight Management Motivational Interviewing Physical Activity - Adults Medication Management Deprescribing Drug Information Services Electronic Prescribing Medication Management Review	
PROFESSIONAL AND REGULATORY OBLIGATIONS OF PRACTITIONERS IN GENERAL PRACTICE	13.11.25	8	NICOLA EASTWOOD Registered Nurse, Lawyer and Senior Regulatory Specialist		

DEMENTIA MATTERS MEETING

Saturday 9am to 12.15pm
Held at: COUNCIL ROOM, IDC Building, University of Newcastle

La Trobe University contributed \$1,650 to cover the administration costs to run this event.

	DATE	Attended	Streamed	PRESENTER/S	HealthPathways	WEB
A PRACTICAL APPROACH TO ASSESSMENT AND CARE FOR PEOPLE LIVING WITH DEMENTIA IN THE COMMUNITY FOR THE NURSE	30.08.25	8	30	CAROLINE GIBSON Nurse PROFESSOR DIMITY POND General Practitioner	Dementia Pathways Tool	

PRACTICE ADMINISTRATION ONLINE CPD 2025

Evening Meetings 6.30 – 8.00 pm
Held via Zoom Webinar

HPMI continued delivery of education for Practice Administration in 2025. Education was designed by an Administration CPD Planning Committee. HPMI Members were entitled to free registration. Meeting format was 1.5 hours of education, on Thursday evenings. HPMI houses handouts and recordings of meetings on our website and attendees and HPMI members can access these for free.

In 2025 there were 212 attendances at Practice Administration CPD by 160 Individual Health Professionals.

	DATE	Streamed	PRESENTER/S	WEB
RESPONDING TO DOMESTIC FAMILY VIOLENCE – A WHOLE PRACTICE APPROACH Convenor Dana Harris	27.03.25	22	DR ALISON LANCEY Lead Trainer, Safe and Healthy Training Program, Hunter New England and Central Coast PHN HILARY MILTON Local DV, Relationships Australia	
CYBER SECURITY, INFORMED CONSENT, PRIVACY & EREFERRALS Convenor Jenny Pearson	28.05.25	47	PETER MULLEN Digital Health Officer, Hunter New England and Central Coast Primary Health Network	
TEAM DYNAMICS: ROLES, RESPONSIBILITIES, AND COMMUNICATION Convenor/Facilitator Cassie Morgan	07.08.25	39	LIZZIE BALL Operations Manager, Smith Street Medical Centre DEB WALTER Practice Manager, Sanctuary Medical Practice SHIRLENE LAWRY Practice Manager, Newcastle Medical Hub GENEVIEVE MCLAREN-LEE Practice Manager, My Medical Services	
MEASURING WHAT MATTERS: KEY PERFORMANCE INDICATORS FOR PRACTICE ADMINISTRATION Convenor Phoebe James	25.09.25	38	CORRINA NIVEN Practice Viability Officer, Hunter New England and Central Coast Primary Health Network	
ABORIGINAL CULTURAL AWARENESS TRAINING Convenor Jenny Pearson	06.11.25	66	DAVID WIDDERS Widders Consultancy, Armidale	

PRACTICAL COURSES 2025

Evening Meetings

Held at: **BRUNKER ROAD MEDICAL CENTRE, Adamstown**

HPMI continued to hold Ear Pathology and Wax Management Courses. These Courses included two hours of practical education. Registrants were also required to complete an Online Component of the Course to Receive Certificates of Completion from HPMI.

HPMI would like to extend our sincere thanks to Dr Milton Sales, OAM, Ms Maureen O'Neill, for their contributions for these Courses.

TOPIC	DATE	Registrants	PRESENTER/S
<i>In 2025 there were 50 attendances at the following 4 Practical Courses (50 by individuals)</i>			
1 - Ear Pathology and Wax Management	24.02.25	12	Dr Milton Sales and Ms Maureen O'Neill
2 - Ear Pathology and Wax Management	30.06.25	15	Dr Milton Sales and Ms Maureen O'Neill
3 - Ear Pathology and Wax Management	01.09.25	4	Dr Milton Sales and Ms Maureen O'Neill
4 - Ear Pathology and Wax Management	3.11.25	19	Dr Milton Sales and Ms Maureen O'Neill

CERTIFICATE COURSES 2025

Evening Meetings

Held at: **COUNCIL ROOM, IDC Building, University of Newcastle**

HPMI continued to hold CPR – Resuscitation Skills for General Practice, Courses with Trainer Mr Simon Gould, Principal Lecturer from Medics for Life in 2025. CPD Points were applied for by Medics for Life for these courses.

In 2025 there were 97 attendances at the following 5 Meetings (97 individuals)

TOPIC	DATE	Attended	PRESENTER/S
1 - CPR – Resuscitation Skills in General Practice	18.02.25	21	Mr Simon Gould Principal Lecturer, Medics for Life
2 - CPR – Resuscitation Skills in General Practice	15.05.25	21	Mr Simon Gould Principal Lecturer, Medics for Life
3 – TRIAGE – in General Practice	30.07.25	20	Mr Simon Gould Principal Lecturer, Medics for Life
4 - CPR – Resuscitation Skills in General Practice	14.08.25	15	Mr Simon Gould Principal Lecturer, Medics for Life
5 - CPR – Resuscitation Skills in General Practice	27.11.25	20	Mr Simon Gould Principal Lecturer, Medics for Life

WOMEN'S HEALTH INTEREST GROUP 2025

This group enables Health Practitioners, mainly General Practitioners, to concentrate on one area of interest. Registration was free thanks to sponsors who also provided the meal.

HPMI applied for QI&CPD hours from the RACGP for participants.

2 April 2025 – 40 Registrants	
Genetics in General Practice	Dr Veronica Knight, Obstetrician & Gynaecologist & Infertility Specialist, Hunter IVF
Recurrent Miscarriage	Dr Susan Winspear, Obstetrician & Gynaecologist & Infertility Specialist, Newcastle Private Specialist Centre, New Lambton Heights
Hormonal Update	Dr Geoff Otton, Gynaecological Oncologist, Lambton Women's Health, Lambton
Urinary Incontinence and PTNS Treatment	Dr Frida Carswell, Gynaecologist & Urogynaecologist, Brightwell Health Director, Charlestown
29 July 2025 – 43 Registrants	
Update on Endometriosis	Dr Denise Nesbitt, Obstetrician, Gynaecologist & Fertility Specialist, Newcastle Private Hospital
Menopausal Hormone Therapy & Thrombosis Risk	Dr Kate Melville, Haematologist, Newcastle Private Hospital
Menopause & Skin	Kate Reynolds, Cosmetic Nurse, Hormone Wrangler & Loudmouth for Women's Health
8 October 2025 – 25 Registrants	
Fertility	Dr Susan Winspear, Obstetrician & Gynaecologist & Infertility Specialist, Newcastle Private Specialist Centre, New Lambton Heights
Menopause Update	Dr Geoff Otton, Gynaecological Oncologist, Lambton Women's Health, Lambton
Photoaging	Dr Mark Chernoff, GP VMO in Emergency Medicine & General Surgery, Rural Generalist, Skin Cancer doctor, with extensive expertise in skin cancer surgery, medical laser and cosmetic medicine
11 November 2025 – 20 Registrants	
Male infertility	Dr Malcolm Godfrey, Obstetrician, Gynaecologist & Fertility Specialist, Newcastle Private Specialist Centre
Updates in Preventative First Trimester Care	Dr Ailsa Borbola Foster, Maternal-Fetal Medicine Specialist, John Hunter Hospital
Sexual Health Update	Dr Kirsten Murray, Endocrinologist, Hunter Endocrinology

HPMI is extremely grateful to Hunter IVF and Besins Healthcare for sponsoring these 4 meetings and Inova for sponsoring the October meeting which was held in Lorn.



CLUSTERS 2025

Held either by ZOOM or in practices, at convenient times and open to the whole practice team, HPMI continued to provide this Continuing Professional Development, suitable for practice teams, for FREE! HPMI provided QI&CPD points from the RACGP and ACRRM and facilitated application for points from other health bodies.

HPMI wishes to thank all speakers involved in our Cluster meetings for their hard work and commitment to providing this education throughout our region.

Thanks, are also extended to those practices who hosted a Cluster in their rooms and to the Cluster Sponsors listed below.

BELMONT	Jewells Medical Centre	Tuesday 8-9 am	Sponsored by AMGEN, HIG, Novo Nordisk, Novartis, Pfizer, Ramsay Health, Seqirus
11 February	Dr Marcus Handmer	An Update on Prostate and Renal Tumour Diagnosis and Management: Something useful on every slide or your money	11
25 February	Dr Zoheb Williams	Carotid Disease - A Deep Dive	8
11 March	Dr Allan Kirkpatrick	Palliative Care in the Hospital, Aged Care, and General Practice	8
25 March	Dr Rashi Malesu	Acne Treatment: New Treatments and Management Strategies for Acne, Including the use of Isotretinoin	11
8 April	Cancelled		
13 May	Dr Kate Napthali	The Use of GLP1/GIP and GLP1 Medications for MAFLD, and Other Metabolic Disease	10
27 May	Dr Simon Palfreeman	Melanoma	9
10 June	Dr Ushank Ranasinghe	Lipid Update for Primary Care Physician	10
29 July	Dr Katherine Rankin	Prevalence, Risk Factors, and Iron Supplementation in Iron Deficiency Anaemia	8
12 August	Dr Ben Gupta	TMJ Update	7
26 August	Dr Asma Ashraf	From Genes to Gestation: Haemoglobinopathies and Obstetric Haematology	
9 September	Mr Mike Blackwell	Concussion, Vestibular and Women's Health Clinics at LMPH	8
23 September	Dr Stephen Brienese	Optimising Arrhythmia Detection and Referral Pathways in Primary Care	9
28 October	Dr Michelle Chen	Proctology	11
11 November	Dr Veronica Knight	IVF for GPs	10
25 November	Dr Lauren Ferris, Dr Ashmita Desai Dr Kate Haggard	Women's Health: Advanced Gynaecological and Hormonal Care	8
13 Individual attendees		Total Registrants	128

CHARLESTOWN	Charlestown Library	Wednesday 1-2 pm	Sponsored by: Healthscope, HIG, Novartis, Novo Nordisk, Pfizer, Ramsay Health, Seqirus
19 February	Professor Bobby Chacko	CKD - In Primary Care - What's New?	9
19 March	Mr James Wallace	Managing Neck Pain in General Practice - What can we learn from fighter pilots who demand a lot from their necks, and from their treating clinicians	7
21 May	Dr Eileen Tan-Gore	The Oral Cavity: How to Dig Yourself Out of a Dark Hole	6
18 June	Dr Rani Bhatia	Allergic Rhinitis and Aeroallergen Immunotherapy	8
23 July	Dr Kahn Preece	Urticaria and Angioedema	
20 August	Dr Daniel Oliver	MASLD: Clinical Practice Update on Screening and Management	8
17 September	Dr Rashi Malesu	Rosacea Treatment: New Approaches to Managing Rosacea Based on Presenting Symptoms	9
15 October	Dr Robbie Glanfield	Ankle Arthritis	10
19 November	Professor Joerg Mattes	Comprehensive Sleep Health in Early Childhood: Screening, Disorders, and Behavioural Challenges	10
27 Individual attendees		Total Registrants	67

FORSTER	Great Lakes Room, Club Forster	Wednesday 6.30 – 7.30pm	Sponsored by: AMGEN, Arrotex, Novo Nordisk, Seqirus
12 March	Dr Sathya Nookala	BPSD (Behavioural and Psychological Symptoms of Dementia)	21
11 June	Prof Shamasunder Acharya	Osteoporosis Management – Which First Line Treatment, and What Happens When It Gets Worse Despite Treatment	21
20 August	Dr Birgit Strong, Dr Sathya Nookala	Menopause: Assessment and Management Falls in the Elderly - Clinical Approach	27
53 Individual attendees		Total Registrants	69

CLUSTERS 2025 CONTINUED

HAMILTON	Hamilton Doctors	Thursday 1-2pm	Sponsored by Arrortex, Boehringer, Healthscope, HIG, Lilly, Novartis, Novo Nordisk, Pfizer, Seqirus
27 February	Dr Malanie Hettiarachchi	Overview of Paediatric Food Allergy/Intolerance	10
27 March	Dr James Thomas	Migraine Management and Prophylaxis	10
29 May	A/Prof Ross Sharpe	The Beat Goes On	10
26 June	Dr Niall Jefferson	Paediatric ENT Essentials for Primary Care	10
31 July	Dr Mark Lee	Paediatric Emergencies	14
28 August	Dr Shannon Cooper	Complex Cysts/Lumps – When to Biopsy	11
25 September	Dr Angela Boulton	Endometriosis	9
30 October	Dr Sally Quill	Early Signs/Intervention for Autism	12
20 Individual Attendees		Total Registrants	86

MAITLAND	Maddies of Bolwarra	Tuesday 7-9pm	Sponsored by AMGEN, Healthscope, HIG, Novo Nordisk, Pfizer, Ramsay Health, Seqirus
4 March	Dr Catherine Johnson Dr Albert Tiu	Latest Developments in Neurosurgery & Update on Prostate Cancer	11
1 April	Dr Tanya McKenny	Obesity in Pregnancy: Risks and Management	9
6 May	Cancelled		0
3 June	Mr Amir Salem	Thriving Under Pressure: Managing Burnout, Stress and Performance Anxiety in Healthcare	15
22 July	Dr Simon Whitcher Dr Allan Kirkpatrick Dr Nick Bull Dr Peter Chong	How I Treat - Specialist Consults in a GP Timeframe	13
5 August	Dr Daniel Oliver	MASLD: Clinical Practice Update on Screening and Management	14
2 September	Dr Joerg Mattes	Respiratory: Treatments and Medication Changes for Children and Young People	10
4 November	Dr Lior Sagi	Dermatology Update	24
51 Individual attendees		Total Registrants	96

NEWCASTLE	Newcastle Family Practice	Thursday 1-2 pm	Sponsored by: Amgen, Healthscope, HIG, Novo Nordisk, Pfizer
6 March	Professor Chris Levi	Best Practice Concussion Care - The GP as a Key Member of the MDT	9
1 May	Dr Rashi Malesu	Rosacea Treatment: New Approaches to Managing Rosacea Based on Presenting Symptoms	7
5 June	A/Prof Ryan Winters	Margin Assessment in Skin Cancers of Aesthetically Sensitive Areas	5
7 August	Dr Jane Watson	GLP-1 Agonists: Dietary Strategies to Optimise Outcomes and Support Long-Term Health	5
4 September	Mr Amir Salem	Understanding ADHD in Adults: Diagnosis, Management & Treatment Pathways	5
14 Individual attendees		Total Registrants	31

NEW LAMBTON	New Lambton Family Practice	Thursday 8.00-9.00am.	Sponsored by: Amgen, Healthscope, HIG, Novo Nordisk, Pfizer
8 May	Dr Finn Ghent	Spinal Stenosis	6
12 June	Dr Jane Watson	GLP-1 Agonists: Dietary Strategies to Optimise Outcomes and Support Long-Term Health	7
14 August	Dr Stephen Briennesse	Optimizing Arrhythmia Detection and Referral Pathways in Primary Care	5
11 September	Dr Stuart Mackenzie	Non-Operative Treatment of Osteoarthritis of the Hip and Knee	6
13 November	Dr Tim Karbowiak	The Hand in Primary Practice	5
10 Individual attendees		Total Registrants	29

CLUSTERS 2025 CONTINUED

PORT STEPHENS	Salamander Bay Doctors	Tuesday, Thursday 12.30-1.30 pm	Sponsored by: Amgen, Besins Healthcare, HIG, Novartis, Novo Nordisk, Ramsay Healthcare, Seqirus
13 February	Dr Stuart Mackenzie	Non-Operative Treatment of Hip and Knee Arthritis	7
20 March	Dr Kate Napthali	Making Sense of the Bloat: Functional Gastrointestinal Disorders and when to Refer	4
20 May	Dr Tim Stewart Dr Louis Al-Salem	Rapid Response Training: Mock Code and Best Practices	5
19 June	Dr Alex Holmes	How I Approach MGUS and DVT	6
19 August	Dr Jodie Yapp	Getting Skin Cancer Billing Right	7
21 October	Dr Khalid Alsahli	Why Refer to Sydney when these can be performed in Newcastle? Four Common Radiological Procedures you might consider	8
20 November	Dr Dane Cole-Clark	Update on Prostate Cancer	6
15 Individual attendees		Total Registrants	43

RAYMOND TERRACE	Raymond Terrace Family Practice	Thursday 8-9 am	Sponsored by Boehringer, HIG, Lilly, Novo Nordisk, Pfizer, Seqirus
20 February	Ms Joanna Stockings	Nutrition and Diet: Expanded information on managing nutrition and diet in CKD patients, including the role of plant-based diets	6
20 March	Dr Tanya McKenny	Obesity in Pregnancy: Risks and Management	8
22 May	Dr Peter Pockney	Covering Pilonidal Sinus Disease, Indications for Referral and Options for Surgical Interventions	5
19 June	Dr Zoheb Williams	How Common Vascular Surgical Conditions Present, and When to Refer	6
21 August	Dr Angela Boulton	Endometriosis	10
18 September	Dr Simon Whitcher	Common Complications of Bariatric Surgery	5
23 October	Dr Gwilym Morris	Athletes, Exercise and Arrhythmia. Does Exercise Cause Arrhythmia, and can my patients keep being active?	5
11 Individual attendees		Total Registrants	45

SWANSEA	Swansea Channel Doctors	Thursday 7.45-8.45am	Sponsored by: Amgen, Boehringer, HIG, Lilly, Novartis, Novo Nordisk, Pfizer, Seqirus
4 March	Dr Othutse Lawrence Mokgwathi	Skin Lesions	11
1 April	Mr Amir Salem	Balancing the Burden: Managing Stress, Burnout and Parentification in Healthcare and Mental Health	7
6 May	Dr Diaa Samuel	Dysphagia and Tinnitus	9
3 June	Dr Stephen Brienese	Optimising Arrhythmia Detection and Referral Pathways in Primary Care	8
5 August	Dr Rehena Ahmed	Endometriosis	8
2 September	Dr Nicole Organ	Chronic Wounds of the Lower Limbs Assessment and Management	9
4 November	Dr Diaa Samuel	Tinnitus	9
14 Individual attendees		Total Registrants	61

TAREE	Raw Sugar Café, Taree	Thursday 7.30-8.30am	Sponsored by AMGEN, Besins Healthcare, Novartis, Novo Nordisk, Pfizer, Seqirus
13 March	Dr Syapiq Long	Carcinoma of Unknown Primary	9
10 April	Dr Amita Tuteja	Meeting the GP after Childbirth-Care in the Fourth Trimester	11
24 July	Dr Dylan Wesley Dr Nicole Jackson	ADHD - Local Assessment and Management Pathways	6
21 August	Dr Amita Tuteja	An Approach to Pelvic Pain	5
18 September	Dr Peter Braude	Thyrotoxicosis Cases	11
23 October	Dr Jimmy George	Red Eye: Diagnostic Pearls	7
19 Individual attendees		Total Registrants	49

CLUSTERS 2025 CONTINUED

WARNERS BAY	Providence Medical Centre	Wednesday 1-2pm	Sponsored by: Arrotex, HiG, Novartis, Novo Nordisk, Pfizer, Ramsay Health, Seqirus
5 March	Dr Nicole Organ	Chronic Wounds of the Lower Limbs Assessment and Management	16
9 April	Mr Amir Salem	Burnout, Stress & Mind Body Connection in Healthcare	6
7 May	Dr Shivram Nadkarni	Management of Age-Related Macular Degeneration (both dry and wet forms)	7
4 June	Dr Malcolm Godfrey	Male Infertility	8
2 July	Dr Geoff Otton	HRT	13
6 August	Dr Rashi Malesu	Rosacea Treatment: New Approaches to Managing Rosacea Based on Presenting Symptoms	11
3 September	Mr Amir Salem	Suicide Awareness & Building Resilient Clinical Teams	13
5 November	Dr Diaa Samiel	Tinnitus	10
27 Individual attendees		Total Registrants	84

CLUSTERS 2025 CONTINUED

BRUNKER ROAD CASE STUDIES– BRGP, every Friday from 8.00-9.00 am			
24 January	Dr Milton Sales	Best Practice: General Discussion	10
31 January	Dr Milton Sales	Best Practice: General Discussion	10
7 February	Dr Michael Sales	Scenario Cases	12
14 February	Dr Mark De Souza	Prostate Cancer Scenarios	22
21 February		General Discussion	15
7 March	Dr Halli Kleinig	Menopause	16
14 March	Dr Ben Ewald	Skin Cancer/High Cholesterol	15
21 March	Dr Rebecca Rowe	Gynaecological Fertility	19
28 March	Dr Milton Sales	Skin Cancer/Alzheimers	12
4 April	Dr Steven Lindsay	Cubiko	11
11 April	Dr Stephen Sutton		13
2 May	Dr Michelle Haydon	Rehab	9
9 May	Dr Duane Crabtree	Case Studies	18
16 May	Dr Graeme Horton	Acceptance and Commitment	16
23 May	Dr Lee Fong		16
30 May	Dr Kristen Klimpsch		16
13 June	Dr Steven Lindsay	Diabetes/Autoimmune Disease	17
20 June	Dr Tom Lyford	Orthopaedic Trauma	14
27 June		Weight Loss Medication, Pregnancy	11
4 July	Dr Jennifer Sweatman	National Lung Cancer Screening	18
11 July	Dr Rob Pickles	Infectious Disease Update	9
18 July	Ali Wright	Diabetes Management CGM	10
25 July		High Risk Foot Clinic/Osteoporosis	12
1 August	Dr Simon Tame	Chronic Pain Management	14
8 August	Hunter Primary Care	Mental Health Update	12
15 August	Dr Michael Sales	Case Studies	14
22 August	Dr Mark De Souza	Case Discussion	16
29 August	Dr Joab Hull	Lyrebird Education	22
12 September	Dr Ben Ewald	Asthma, Fibromyalgia	15
19 September	Dr Rebecca Rowe	Ovarian Cancer	13
26 September	Dr Anita Wats	Updates in General Practice	21
3 October	Dr Stephen Sutton	GP Cases	9
10 October	Dr Milton Sales	Men's Health	12
17 October	Dr Michelle Haydon	Antidepressants	14
24 October	Dr Ben Sim	Ophthalmology Cases	14
31 October	Dr Graeme Horton	Medical Education	14
7 November		Case Studies	8
14 November	Kristen Klimpsch	CHAP Health Assessment	13
21 November	Dr Chris Levi	Concussion	17
28 November		Bowel Cancer and Iron Deficiency	7
5 December	Damien Cummings	Migraine/Concussion	11
12 December		General Discussion	12
19 December		General Discussion	7
31 Individual attendees		Total Registrants	586

MIRENA COURSES 2025

Evening Meetings

A two-hour practical session, where participants learnt how to assess a patient for suitability of a Mirena Inter-uterine device. The Sessions also included a practical component involving hands on instruction on insertion.

After attending the practical session, participants were invited to review the information gained in this course and complete an online assessment to receive a Certificate of Completion from HPMI.

In 2025 38 Individual Health Professionals undertook this training via HPMI.

10 March	13 Registrants	Brunker Road Medical Centre, 1/282 Brunker Rd, Adamstown
12 May	14 Registrants	Brunker Road Medical Centre, 1/282 Brunker Rd, Adamstown
4 August	11 Registrants	Brunker Road Medical Centre, 1/282 Brunker Rd, Adamstown

HPMI wishes to thank the following resource people

DR KATE HAGGAR, *Reproductive Medicine Physician, Brightwell Health, Newcastle West*

DR MILTON SALES, *OAM General Practitioner, Brunker Road Medical Practice, Adamstown*

HPMI is extremely grateful to Bayer Australia Limited for sponsoring this Series



CONFERENCE ORGANISATION

HPMI is happy to assist with the organisation of appropriate education programs, including application for QI&CPD points, taking registrations, organising venue, audio visual and catering, as required for a fee.

HUNTER PAIN SPECIALIST FORUMS 2025

HPMI organised the following meetings on behalf of the Hunter Pain Specialists.



PAIN FORUM Tuesday 29 April - Maddies of Bolwarra	
21 Registrants	
MANAGING PATIENTS WITH MEDICATIONS AND MINOR PROCEDURES	Dr Cillian Suiter
ADVANCED PAIN THERAPIES AND NEW DISCOVERIES	Dr Marc Russo
PAIN FORUM Tuesday 24 June - Mecure Newcastle	
35 Registrants	
ANATOMY OF A PAIN CLINIC CONSULTANT	Dr Aiden McParland
REGENERATION PAIN MEDICINE	Dr Marc Russo
INTERVENTIONAL PAIN	Dr Willem Volschenk
ADVANCED PAIN THERAPIES	Dr Cillian Suiter

IMMUNOLOGY CROSSROADS CONFERENCE

18 OCTOBER 2025

HMRI, John Hunter Hospital

The 2025 Immunology Crossroads Conference was held on Saturday 18 October 2025, It was a great success with **111 Participants**.

HPMI wishes to express its gratitude to the

Steering Committee: Conjoint Professor Jeannette Lechner Scott, Associate Professor Katie Baines, Professor Nathan Bartlett, Dr Theo de Malmanche and Susan Agland, for convening this successful conference.

Cases were presented by Dr Emily Dunn (Lung Case), Dr Karly Potts (Neuroimmunology Case), Dr Jenny Han (Rheumatology Case), and Dr Paul Wilson, who presented a case of prolonged COVID pneumonitis related to an anti-CD20 treatment for lymphoma.

Panellists: Conjoint Associate Professor Michael Boyle, Conjoint Associate Professor Stephen Oakley, Dr Koliarne Tong, Dr Manuel Comabella, Dr Jennifer Massey, Dr Myintzu Min, Dr Theo de Malmanche, Conjoint Professor Jeannette Lechner-Scott, Dr Gabor Major, Professor Nathan Bartlett, Professor Josh Davis, Dr Kate Rankin, Dr Peter Choi and Dr Eswari Vilayur for sharing their expertise on the above cases.

111 Participants were made up as follows:

Chairpersons	1	Streamers	7
Speakers	24	Viewed after the Event	2
Registrants	66	Trade Representatives	11

 **Handouts, presentations and/or video recordings are available on HPMI's website**

HPMI wishes to thank the following speakers

INTERNATIONAL FACULTY

**INTERACTION BETWEEN HUMAN
CYTOMEGALOVIRUS AND EPSTEIN-BARR VIRUS
IN MULTIPLE SCLEROSIS**

DR MANUEL COMABELLA
*Neurologist, Head of Neuroimmunology Laboratory, Cemcat,
Barcelona, Spain*



NATIONAL FACULTY

**EPSTEIN-BARR VIRUS (EBV) AS THE CAUSE OF
AUTOIMMUNITY?**

PROFESSOR RAJIV KHANNA
*Distinguished Scientist, Inflammation and Infection, QIMR
Berghofer Medical Research Institute*



IMMUNOLOGY CROSSROADS CONFERENCE CONTINUED

HOST FACULTY		
MRNA VACCINES: BEYOND COVID	PROFESSOR NATHAN BARTLETT <i>Head of Viral Immunology & Respiratory Disease Group, Associate Dean, Industry and Engagement, Director, Infection Research Program, College of Health, Medicine and Wellbeing, University of Newcastle and HMRI</i>	✓
IMMUNE FACTORS AND RESPIRATORY HEALTH IN EARLY LIFE	ASSOCIATE PROFESSOR ADAM COLLISON <i>Paediatrics and Child Health, University of Newcastle</i>	✓
INTERACTION BETWEEN HUMAN CYTOMEGALOVIRUS AND EPSTEIN-BARR VIRUS IN MULTIPLE SCLEROSIS	DR MANUEL COMABELLA <i>Neurologist, Head of Neuroimmunology Laboratory, Cemcat, Barcelona, Spain</i>	✓
VACCINES IN IMMUNOSUPPRESSED PEOPLE: WHICH ONES, WHEN AND WHY?	PROFESSOR JOSH DAVIS <i>Staff Specialist in Infectious Diseases, John Hunter Hospital</i>	✓
INNATE IMMUNITY: BRIDGING THE VACCINE GAP FOR RESPIRATORY VIRUSES	DR JASON GIRKIN <i>Postdoctoral Researcher, School of Biomedical Sciences and Pharmacy, University of Newcastle Deputy Leader Translational Virus Research Theme, Infection Research Program, HMRI</i>	
PRECLINICAL MODELS AND THEIR USE IN INVESTIGATING INFECTION ASSOCIATED MECHANISMS IN AUTOIMMUNITY	DR KATELEEN HEDLEY <i>Postdoctoral Researcher, School of Biomedical Sciences and Pharmacy, University of Newcastle Gastrointestinal Research Group, HMRI</i>	✓
FROM STEM CELLS TO ORGANOIDS: HOW TO USE ORGANOIDS TO PREDICT TREATMENT	ASSOCIATE PROFESSOR GERARD KAIKO <i>Associate Professor and Deputy Head Immunology/Microbiology School of Biomedical Sciences and Pharmacy, University of Newcastle and Theme Leader Stem Cells and Organoids in Mucosal Diseases, HMRI</i>	✓
THE ROLE OF CAR-T CELLS IN CLINICAL PRACTICE	DR PAUL MANSFIELD <i>Rheumatologist & Clinical Immunologist, Georgetown Arthritis</i>	✓
STEM CELL THERAPY: THE ANSWER FOR ALL AUTOIMMUNE DISEASES?	DR JENNIFER MASSEY <i>Neurologist, St Vincent's Hospital</i>	✓
UPDATES IN NEUROIMMUNOLOGY	DR MYINTZU MIN <i>Neurologist, John Hunter Hospital</i>	✓

2025 IMMUNOLOGY CROSSROADS CONFERENCE TRADE FAIR

There were 6 organisations displaying. Thanks are extended to the following organisations for their support.

GOLD SPONSOR		
		
BRONZE SPONSOR		
Abbvie	GSK	Roche
SPONSOR		
Alexion	Cytiva (contributed to morning tea catering) did not have a trade display	Eisai

HUNTER PARKINSON'S SOCIETY MEETINGS 2025

HPMI organised the following meetings on behalf of the Hunter Parkinson's Society. Thanks to Sponsorship from the Older Person's Clinic.



Meeting 17	02.05.25	Attended	Streamed	Viewed after
Dr Farsana M K, MD, DM <i>Post-Doctoral Fellow in Movement Disorders, NIMHANS, Bengaluru, India</i>	PDD AND DLBD – A CONTINUUM	5	49	0
Dr Swathy S <i>Post-Doctoral Fellow in Movement Disorders, NIMHANS, Bengaluru, India</i> Dr Vikram Holla <i>Associate Professor, Parkinson's Disease & Movement Disorders Subspecialty, Dept of Neurology, NIMHANS, India</i> Professor Pramod Kumar Pal <i>Parkinson's Disease & Movement Disorders Subspecialty, Dept of Neurology, NIMHANS, India</i>	EARLY ONSET PSP: DIAGNOSTIC CONUNDRUM			
Dr Chandrasekhara Padmakumar <i>Consultant Geriatrician, Broadmeadow</i> Professor K Ray Chaudhuri <i>Professor and Director Neuroscience KCL, Kings Parkinson Centre of Excellence, Research Director KCH, Kings College, London UK</i>	THE NON-MOVEMENT FACE OF PARKINSON'S DISEASE – ALWAYS THERE BUT NOW VISIBLE			
Dr Rahul Unnikrishnan <i>Specialist Geriatrician, Rashid Hospital Dubai, UAE</i> <i>Adjunct Faculty (Geriatrics) Mohammed Bin Rashid Medical University, Dubai UAE</i>	FRAILTY AND PAKINSON'S DISEASE			
Meeting 18	18.07.25	Attended	Streamed	Viewed after
Dr Shivam Mittal <i>Parkinson's and Movement Disorder Specialist, Consultant Neurologist, Cleveland Clinic, Abu Dhabi UAE</i>	RECENT ADVANCES IN DBS SURGERY	5	28	2
Dr Eileen Gülke <i>Neurologist and Neuroscientist, Parkinson's Disease Research Clinic, Macquarie University NSW</i>	FREEZING OF GAIT IN PARKINSON'S DISEASE			
Professor Bindu Menon <i>Professor and Head of Department and Senior Consultant Neurologist, Apollo Hospital, Nellore, AP, India</i>	SUPPORTING PwP IN THE COMMUNITY			
Meeting 19	19.09.25	Attended	Streamed	Viewed after
Professor Anders Björklund <i>Neuroscientist, Wallenberg Neuroscience Center, Lund University, Sweden</i>	MY STORY OF L-DOPA	5	43	20
Professor Jane Alty <i>Professor in Neurology, University of Tasmania, Australia</i>	MOOC – A SUCCESS STORY			
Dr Barbara Rosario <i>Senior Consultant Geriatrician and Clinical Assistant Professor NUS, Singapore</i>	FRAILTY IN PARKINSON'S DISEASE			
Meeting 20	28.11.25	Attended	Streamed	Viewed after
Dr Divya KP <i>Additional Professor in Neurology, Sree Chitra Tirunal Institute for Medical Sciences & Technology, Trivandrum, Kerala, India</i>	MANAGEMENT OF PARKINSON'S DISEASE & RELATED PSYCHOSIS IN THE ELDERLY	5	41	3
Dr Krish Ghosh <i>Consultant Geriatrician, Royal Adelaide Hospital</i> Dr Anna Petersen <i>AT- Geriatric Medicine, Royal Adelaide Hospital</i>	WHEN YOU HEAR HOOFBEATS FOR LONG, THINK OF ZEBRAS TOO – A Case Report on Atypical Parkinsonism and Dementia			
Professor K Ray Chaudhuri <i>Professor and Director Neuroscience KCL, Kings Parkinson Centre of Excellence, Research Director KCH, Kings College, London UK</i> Sir Nicholas Mostyn <i>Expert Parkinson Patient and Co-Founder Movers and Shaker</i>	DASHBOARD FOR PARKINSON'S – THE LATEST VERSION			

ADVERTISED MEETINGS 2025

HPMI is happy to advertise **appropriate** events on our website and in our Newsletters for a fee.

ORGANISATION	DATE	EVENT
Hunter Pain Specialists	Online	Online Learning for Nurses
Independence Australia	20.03.25	Newcastle Education Day
GXU Radiology	29.03.25	National Lung Cancer Screening Program
Advanced Physiotherapy & Rehabilitation	09.04.25	Sports Strapping Course
Certificate in Clinical Teaching & Supervision UoN	20.08.25 27.08.25 03.09.25 10.09.25	Modules in Clinical Teaching and Supervision – General Practice
Tasmania Parkinson's Project	27.09.25	Living Well with Parkinson's – A Global Perspective