



BELMONT CLUSTER MEETING

Free in-practice education session for health professionals, including CPD and coffee.

Date:	Tuesday, 9 June 2026
Topic:	Managing Osteoarthritis Beyond Surgery: What Actually Works in the Community
Speaker:	Mr Billy Rutherford, Exercise Physiologist & Ms Lorena Rogers, Physiotherapist, Kieser Newcastle
Venue:	Jewells Medical Centre (Ntaba Road, Jewells)
Time:	8:00am – 9:00am (Coffee provided on request)

What you will learn

- Apply evidence-based non-surgical management strategies for osteoarthritis, including exercise therapy, to optimise function and delay or avoid surgical intervention
- Utilise appropriate community programs and referral pathways (including EPC) to support multidisciplinary osteoarthritis care and set realistic patient outcome expectations

Register your attendance online [HERE](#) | Or complete the form below and return via email

E: angela.place@newcastle.edu.au

Title:	Name:	Surname:
Profession:	Surgery:	
Email:	Mobile:	

- 1 hour RACGP & ACRRM CPD
- Certificates of attendance available upon request
- Program subject to change

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