

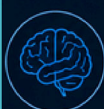
27 AUGUST 2026

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Novel Treatments for Treatment-Resistant Depression, Anxiety and PTSD

Exploring TMS, Esketamine,
Neurostimulation and
Emerging Therapies



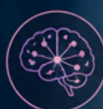
TMS



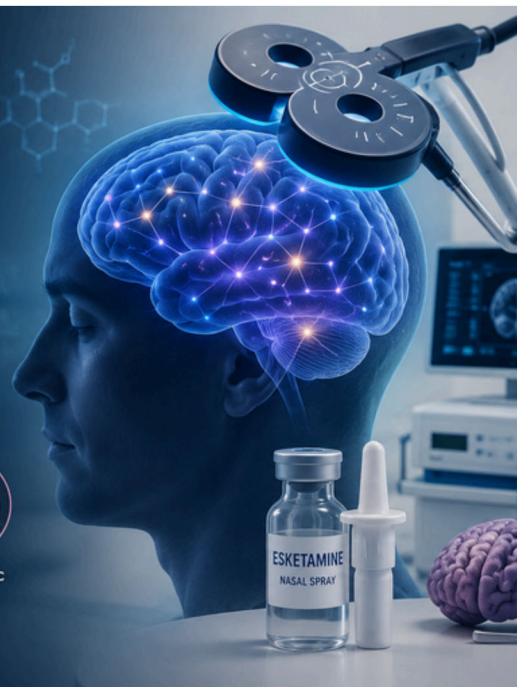
Esketamine



Neurostimulation



Psychedelic
Therapies



RSVP

26 AUGUST 26

LIVE STREAM

Link will be emailed
afternoon of event



NOTICES

ZOOM NAME

Please make sure your Zoom name is the same
that you registered to attend the webinar so that
we can note you as attending

OUR PROGRAM

6.30pm	WELCOME & INTRODUCTION CHAIRPERSON	DR EHSAN MOZAFARI, General Practitioner, Family Circle Medical Practice, Hamilton
6.35pm	PRESENTER	DR TARUN YADAV, Psychiatrist, Manas Clinic, East Maitland

SESSION OVERVIEW

This session will provide GPs with an update on emerging treatment options for treatment-resistant depression, anxiety and PTSD. Topics will include Transcranial Magnetic Stimulation (TMS), Esketamine, neurostimulation therapies, and developments in psychedelic-assisted treatments. The session will focus on current evidence, clinical applications, patient suitability, and referral considerations for general practice.

8.20pm	Q&A
8.30pm	CLOSE

LEARNING OUTCOMES

By the end of this session, participants will be able to:

- Identify current and emerging treatment options for treatment-resistant depression, anxiety and PTSD, including Transcranial Magnetic Stimulation (TMS), Esketamine, neurostimulation therapies, and psychedelic-assisted treatments.
- Describe the clinical indications, benefits, limitations, and evidence base for novel psychiatric treatments used in managing treatment-resistant mental health conditions.
- Recognise appropriate patient selection criteria and referral pathways for patients who may benefit from emerging psychiatric treatment options.
- Apply current knowledge of novel treatment approaches to support informed discussions with patients regarding management options for treatment-resistant depression, anxiety and PTSD.

CPD

Activity under the RACGP CPD program
ACRRM Applying for 1 Point per hour

Certificate of Attendance for this meeting provided upon completion of Evaluation Questionnaire



02 4913 8163



Tracy.Dobson@newcastle.edu.au



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I wish to live stream

I am a non HPMI member

☐

I wish pay \$88 to live stream - [click here to pay with credit card](#)

No refunds will be considered for live streaming and recording (if a recording is available)

REGISTRATION DETAILS FOR TREATMENT RESISTANT UPDATE

Title

Given name

Surname

Surgery

Name

Address

Phone

Specialty

QA No if GP

Email

Mobile



02 4913 8163



Tracy.Dobson@newcastle.edu.au



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