



HUNTER **POSTGRADUATE**
MEDICAL INSTITUTE

Hunter Postgraduate Medical Institute

Sponsorship Prospectus **2026 Perimenopause** **and Menopause Update**

An invitation to sponsor

On behalf of the Hunter Postgraduate Medical Institute (HPMI), we warmly invite you to become a sponsor for our upcoming Perimenopause and Menopause Update. This event brings together health professionals from across the Hunter, New England, Mid / North Coast and Central Coast regions of New South Wales.

The program is available on our website at www.hpmi.org

For further details, please reach out to Tracy Dobson at Tracy.Dobson@newcastle.edu.au or 02 4913 8163.



Date

Saturday 14 November 2026



Venue

HMRI Building, Kookaburra Circuit
John Hunter Hospital Campus
New Lambton Heights NSW 2305



Audience

General Practitioners and other
Health Professionals across
the Hunter & regional NSW

Conference Program

8.30 AM	Registrations and Trade Displays
	Convenor – Dr Pene Thomas , Obstetrician and Gynaecologist, Hunter Women’s Health Centre, Charlestown
8.55 AM	Welcome & Introduction – Dr Ehsan Mozafari , Chairperson
9.00 AM	Osteoporosis: Diagnosis, BMD Assessment, Treatment Indications and Management Options Dr Chris Sankoorikal , Endocrinologist, Kotara Specialist Suites, Kotara
9.40 AM	Menopause and MHT: Indications, Benefits, Risks and Special Considerations Dr Frida Carswell , Obstetrician, Gynaecologist and Urogynaecologist, Brightwell Health Dr Phoebe Walsh , GP Specialist, Brightwell Health, Newcastle West
10.20 AM	Premature Ovarian Insufficiency: Diagnosis, Management, Health Risks and Fertility Options Dr Kate Burston , Gynaecologist, Newcastle Fertility Specialists, The Junction
11.00 AM	Morning Tea and Trade Displays
11.30 AM	Nutrition and Menopause: Strength, Bone Health, Cardiovascular Wellbeing and Symptom Management Laura Otton , Accredited Practising Dietitian, Flora Health Services, Lambton
12.10 PM	Physiotherapy and Menopause: Strength, Bone Health, Mobility and Pelvic Floor Function Jessica Dingle , Physiotherapist, Advanced Physiotherapy, Warners Bay
12.50 PM	Mental Health and Menopause: Recognition, Support and Strategies for Wellbeing Nina Booyesen , Accredited Mental Health Social Worker, The Hummingbird Centre
1.30 PM	Lunch and Trade Displays
2.10 PM	Cancer Risk and Screening Around Menopause: Postmenopausal Bleeding, Endometrial Cancer and Cervical Screening Dr Marilyn Boo , Gynecological Oncology Fellow, John Hunter Hospital, New Lambton Heights
2.50 PM	Beyond Hot Flushes: Low Libido and Other Challenging Menopause Symptoms Dr Geoff Otton , Gynaecological Oncologist, Lambton Women’s Health
3.30 PM	Close

Sponsorship opportunities

Sponsorship Package

\$1,100 includes GST

Brand Visibility:

Name and logo on all promotions, including:

- Registration Program and Delegate Program on the day
- PowerPoint thank you slide during the conference opening
- Events Page on the HPMI website, with a link to the company's website

Direct Engagement with Audience:

2-3 minute verbal presentation to live streamers during a break

Networking and Contact Access:

- List of trade contact details provided to live streamers
- Access to the participant list

Physical Presence and Exposure at the Meeting:

- **Prime Trade Display position** at the event
- **Catering for two staff** at the meeting

Trade Display

\$770 includes GST

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- List of trade contact details provided to live streamers
- Access to the participant list

Physical Presence and Exposure at the Meeting:

- **Trade Display** at the event
- **Catering for two staff** at the meeting

Expression of Interest

Contact Name

Organisation

Email

Phone

Sponsorship Package – \$1,100

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Trade Display Package – \$770

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Contact Tracy Dobson · 02 4913 8163 · Tracy.Dobson@newcastle.edu.au · HPMI Event Coordinator
Hunter Postgraduate Medical Institute (HPMI) · University of Newcastle, Callaghan
Dr Milton Sales – Chair, HPMI Program Committee